

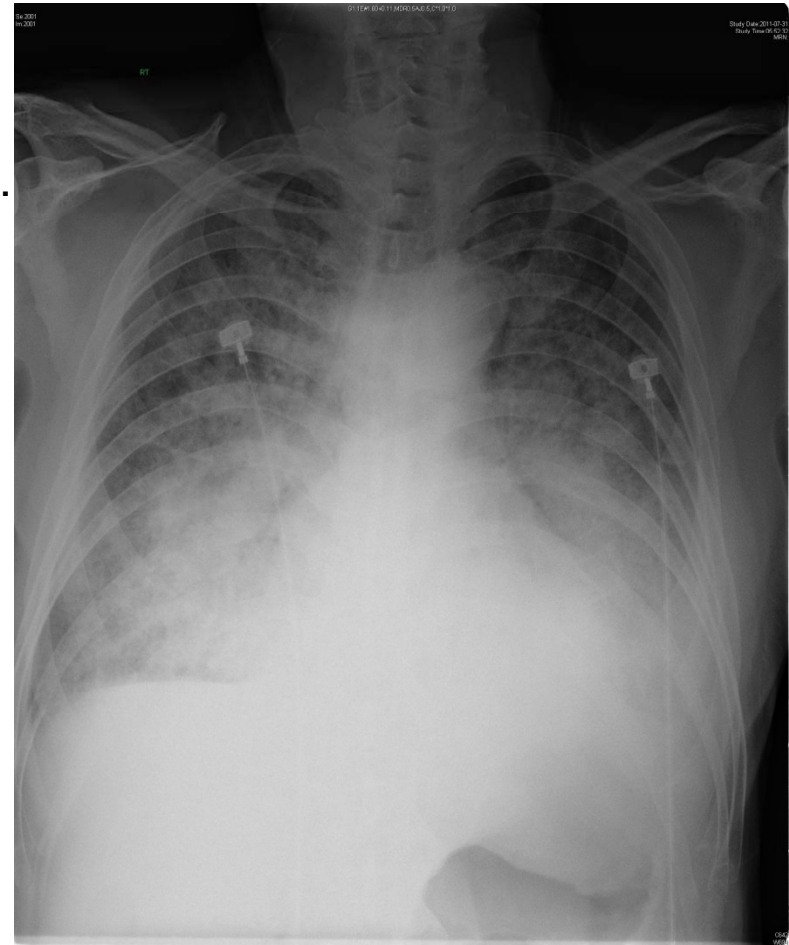


Diagnosis and Treatment of Heart Failure

성균관대의대 삼성서울병원
순환기내과 전 은 석

Case Summary

- 63세 남자
- 1 개월 전 계단 오르면 숨이 차다.
- 4 시간 전 가슴이 답답하고 심하게 숨이 차다.
→ 지방의료원 NTG response (+)
- Transferred to SMC ER
 - BP 159/82 HR 110/min RR 37/min
 - Chest PA at ER : O2 sat 83%
 -
 - POCT
 - cTnI 0.05 ng/ml (0-0.78)
 - CK-MB 2.50 ng/ml (0-4.3)
 - Myoglobin 315 ng/ml (0-107)
 - BNP 456 pg/ml (5-100)
 - NT-proBNP 1116 pg/ml (0-194)





Contents

1. 심부전의 진단

- Role of Natriuretic peptides

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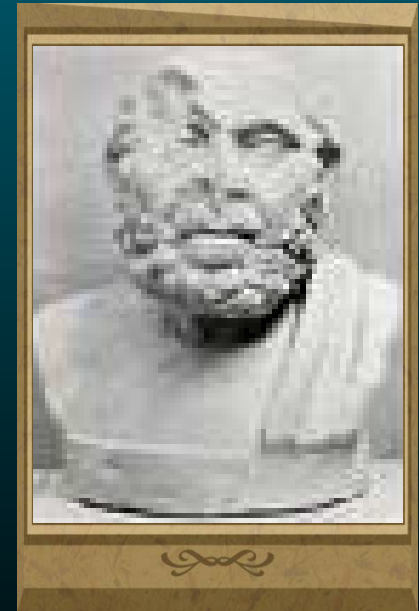
- Type of Acute HF
- Volume status and Diuretics
- Blood pressure and Inotropics
- Beta blocker issues in acute HF
- Guideline for chronic HF

Hippocrates

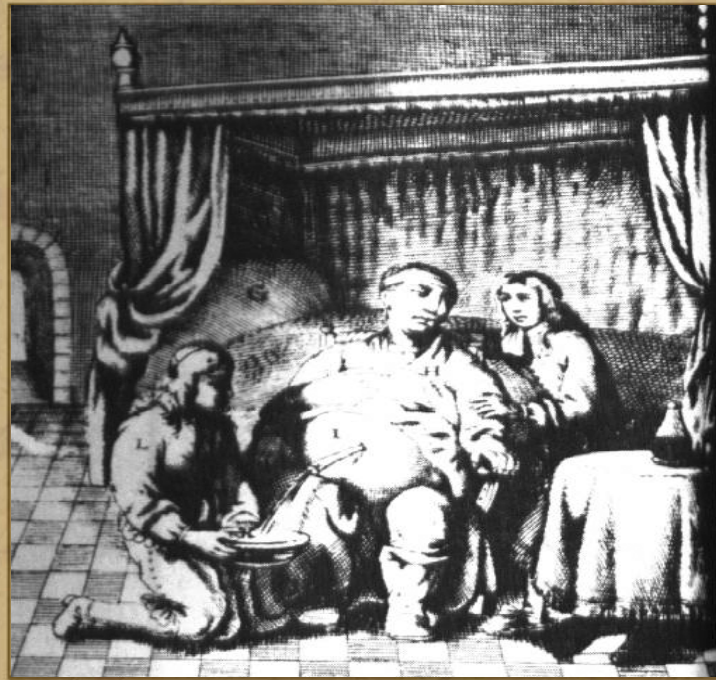
(460-370 BC)

“Dropsy is usually produced when the patient remains for a long time with impurities of the body following a long illness. **The flesh is consumed and becomes water... the abdomen fills with water,** the feet and legs swell, the shoulders, clavicles, chest and thighs melts away.”

{Affections XXII}



Hydropsy or “Dropsy”



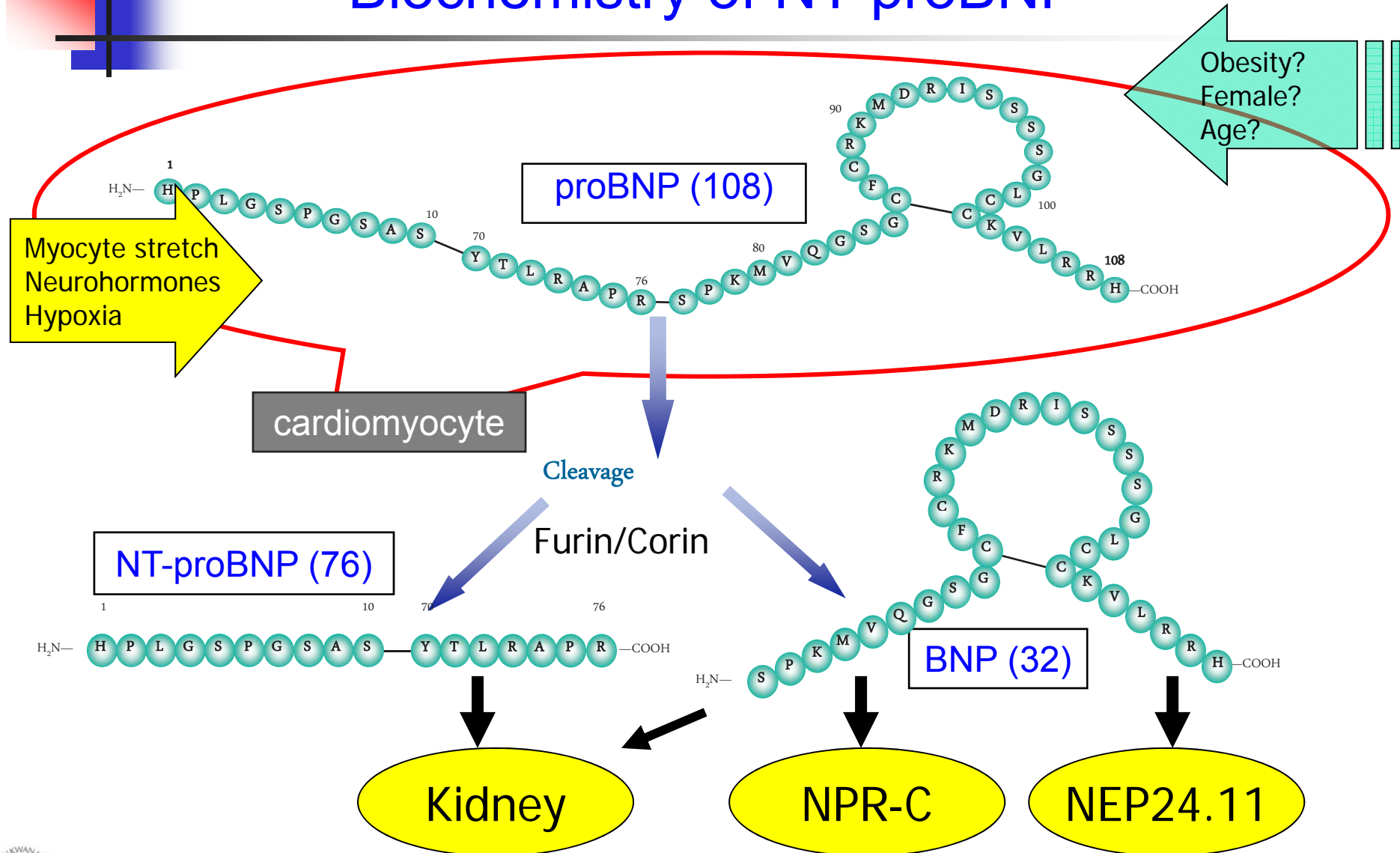
Generalized swelling due to accumulation of excess water

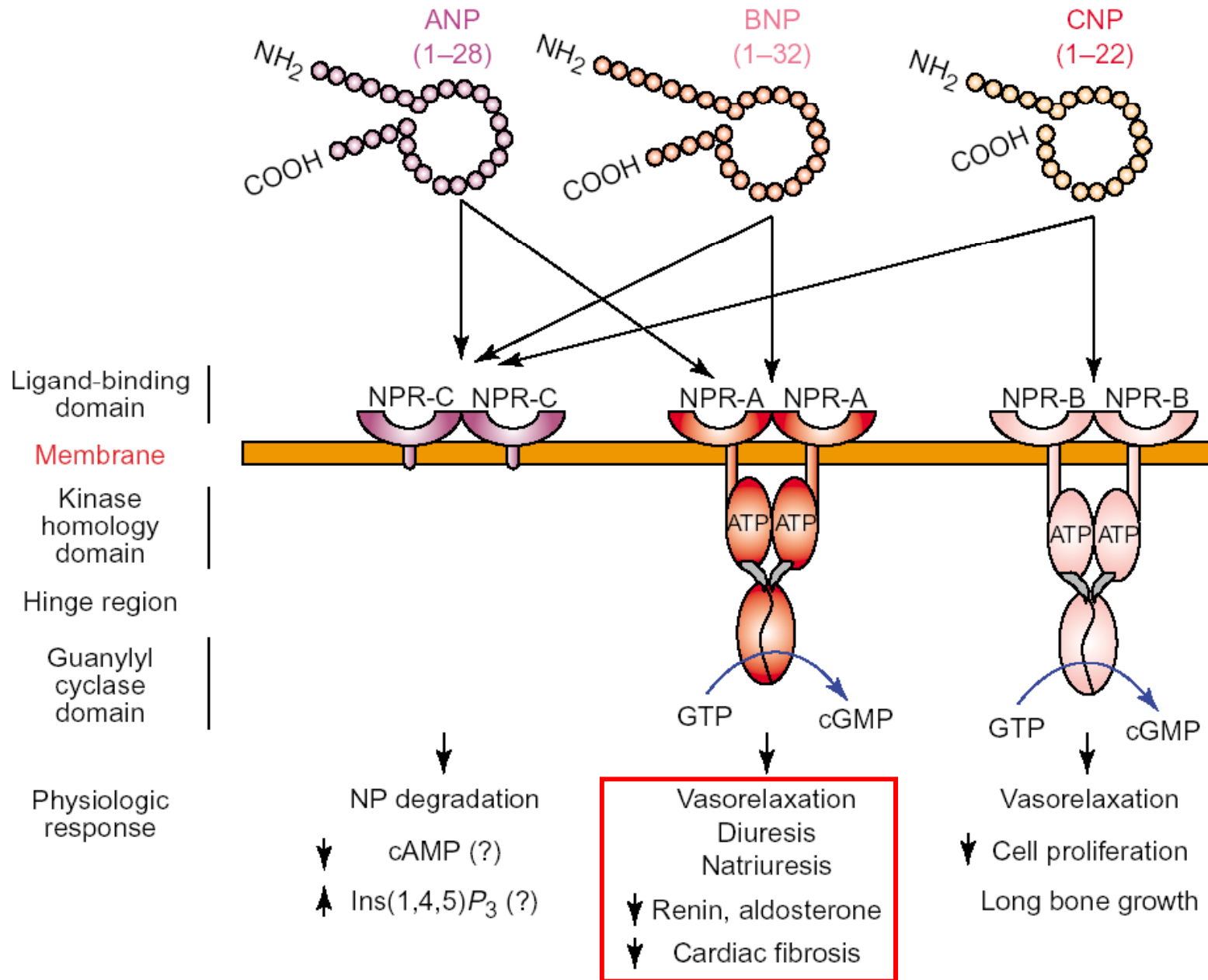


Biomarkers in Heart Failure

Mechanism	Biomarkers
Inflammation	C-reactive protein, Tumor necrosis factor α , Fas (APO-1) Interleukins 1, 6, and 18
Oxidative stress	Oxidized low-density lipoproteins, Myeloperoxidase Urinary biopyrrins, Urinary and plasma isoprostanes Plasma malondialdehyde
EC matrix remodelling	Matrix metalloproteinases(MMP), tissue inhibitors of metalloproteinases(TIMPs) Collagen propeptides: Propeptide procollagen type I & procollagen type III
Neurohormones	Norepinephrine, Renin, Angiotensin II, Aldosterone Arginine vasopressin, Endothelin
Myocardial injury	Cardiac-specific troponins I and T, Myosin light-chain kinase I Heart-type fatty-acid protein, Creatine kinase MB fraction
Myocyte stress	Brain natriuretic peptide , N-terminal pro-brain natriuretic peptide Midregional fragment of proadrenomedullin, ST2
New Biomarkers	Chromogranin, Galectin 3, Osteoprotegerin, Adiponectin Growth differentiation factor 15

Natriuretic peptides: Biochemistry of NT-proBNP





The New England Journal of Medicine

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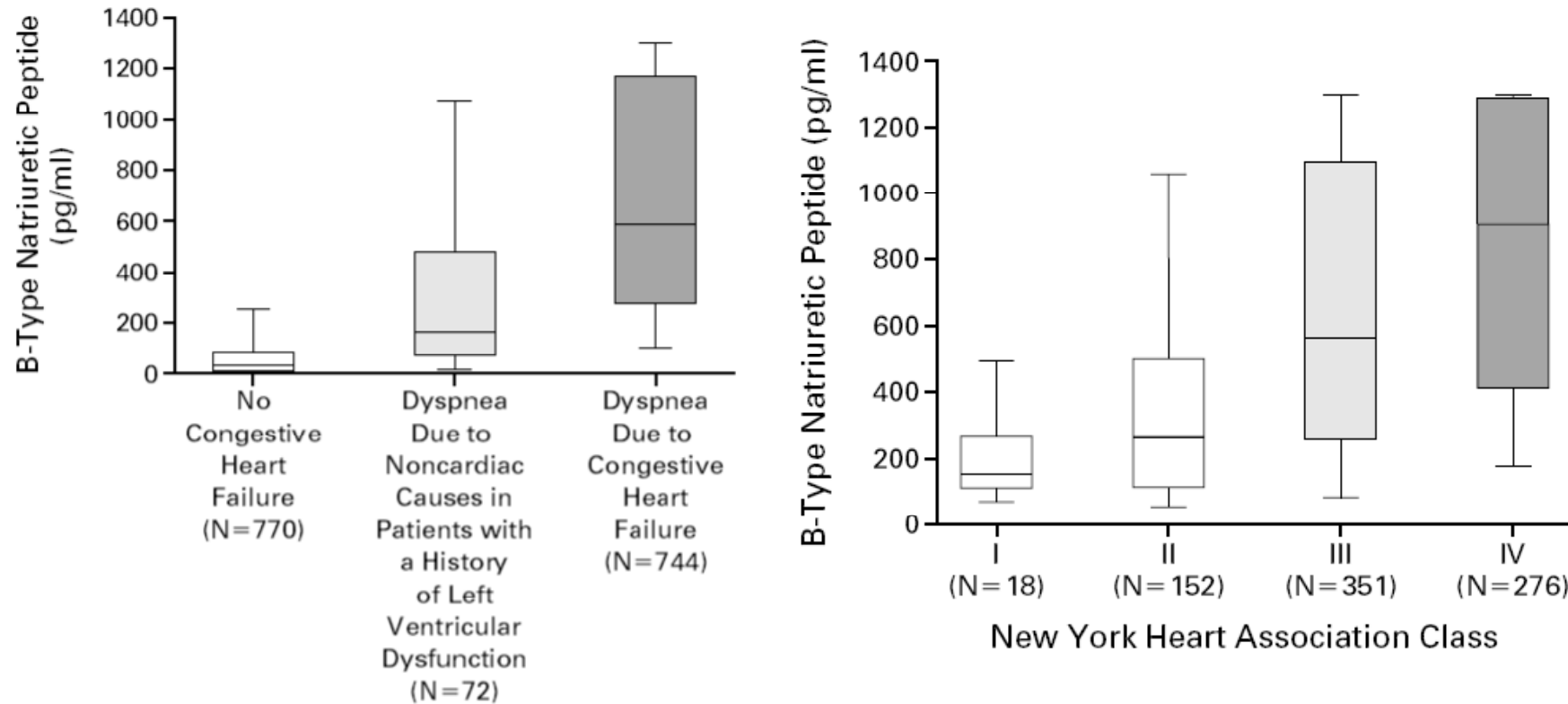
VOLUME 347

JULY 18, 2002

NUMBER 3



RAPID MEASUREMENT OF B-TYPE NATRIURETIC PEPTIDE IN THE EMERGENCY DIAGNOSIS OF HEART FAILURE



The N-Terminal Pro-BNP Investigation of Dyspnea in the Emergency Department (PRIDE) Study

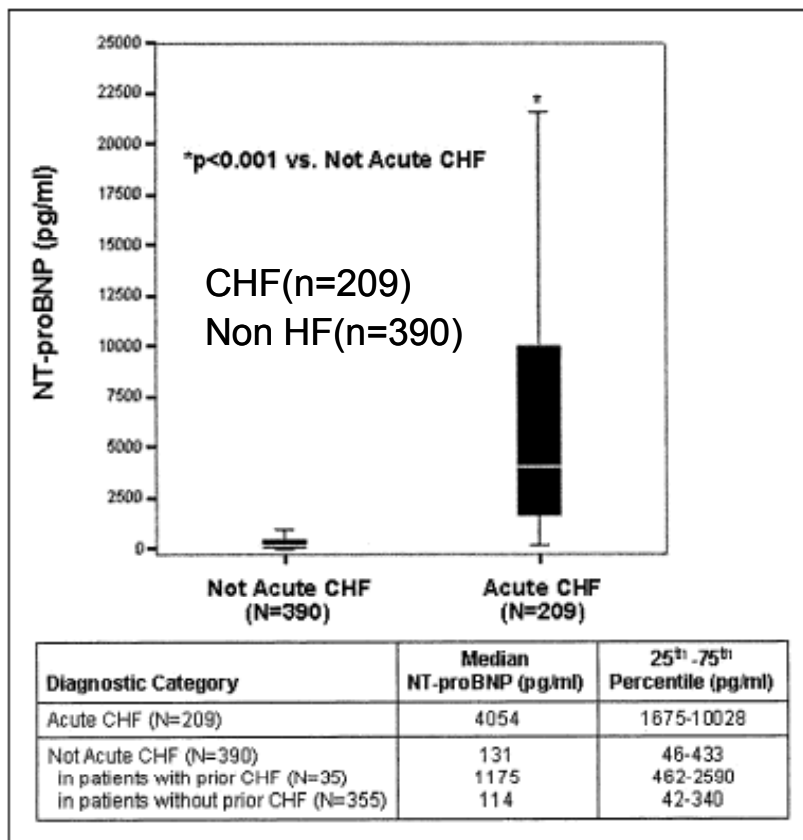
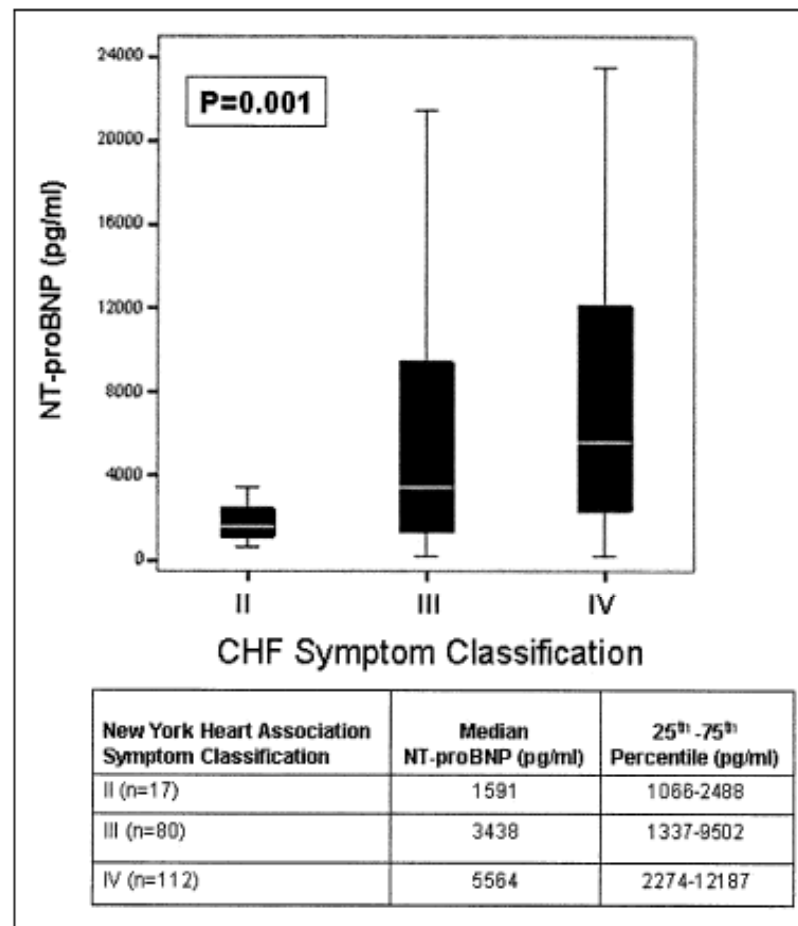
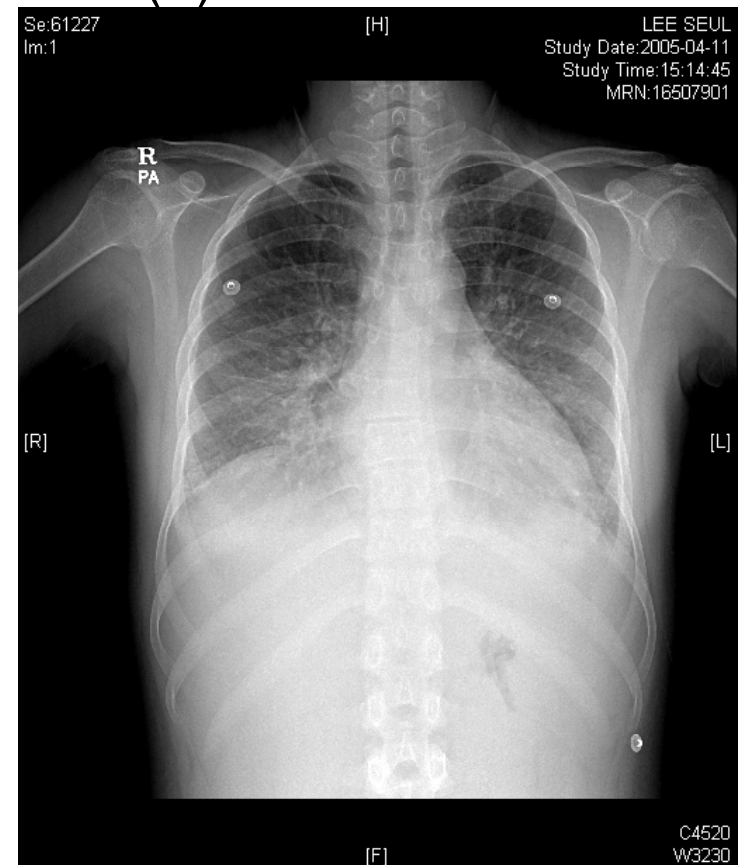


FIGURE 2. Median NT-proBNP levels among patients who had acute CHF (n = 209) and those who did not (n = 390; $p < 0.001$ for difference). Boxes: interquartile ranges; whiskers

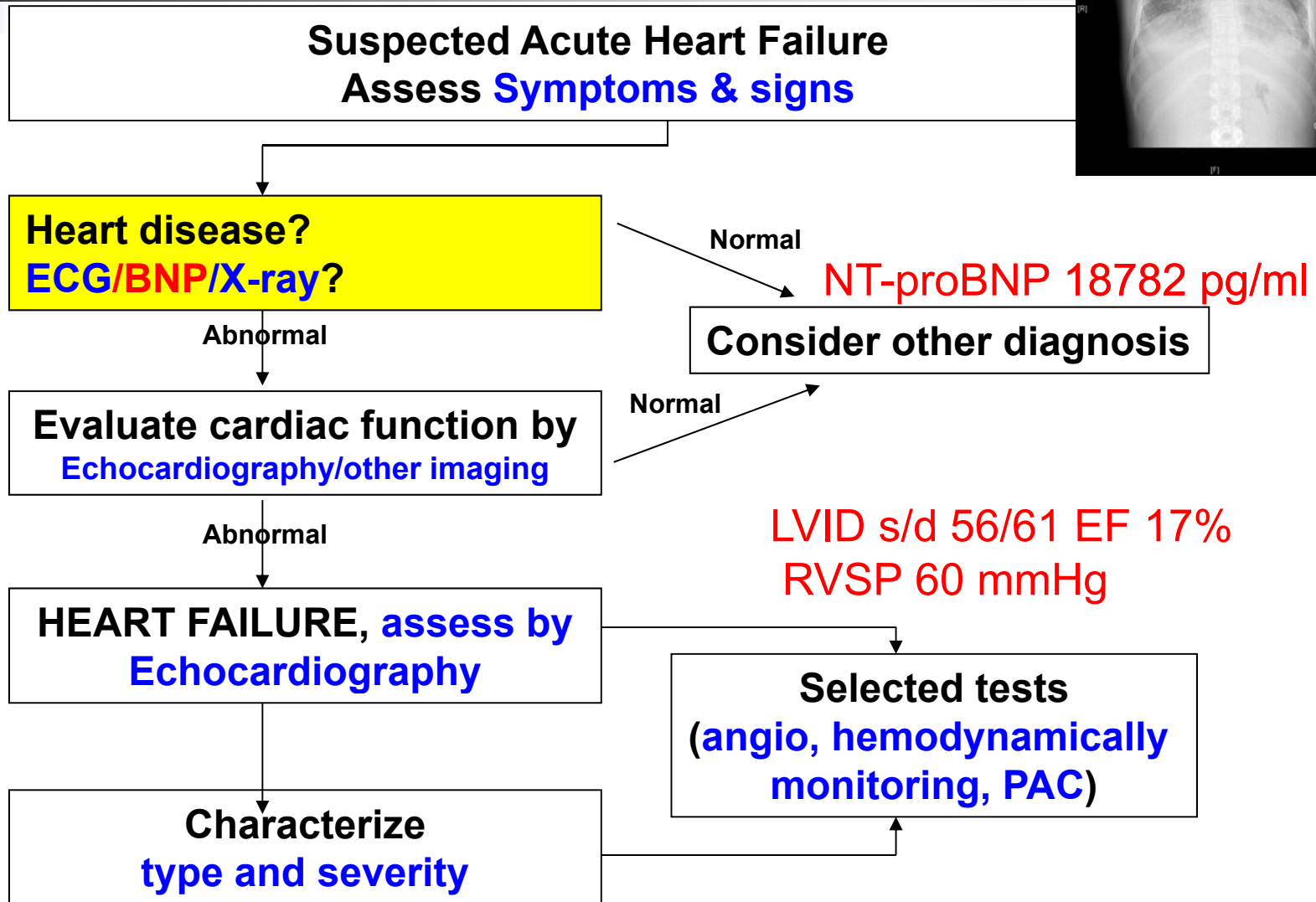
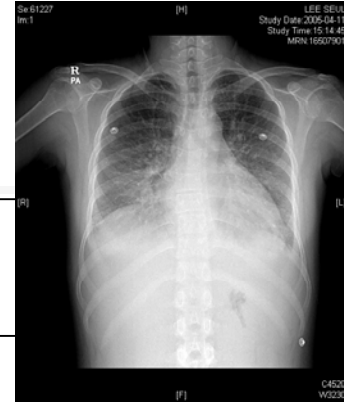


Case Summary – initial presentation

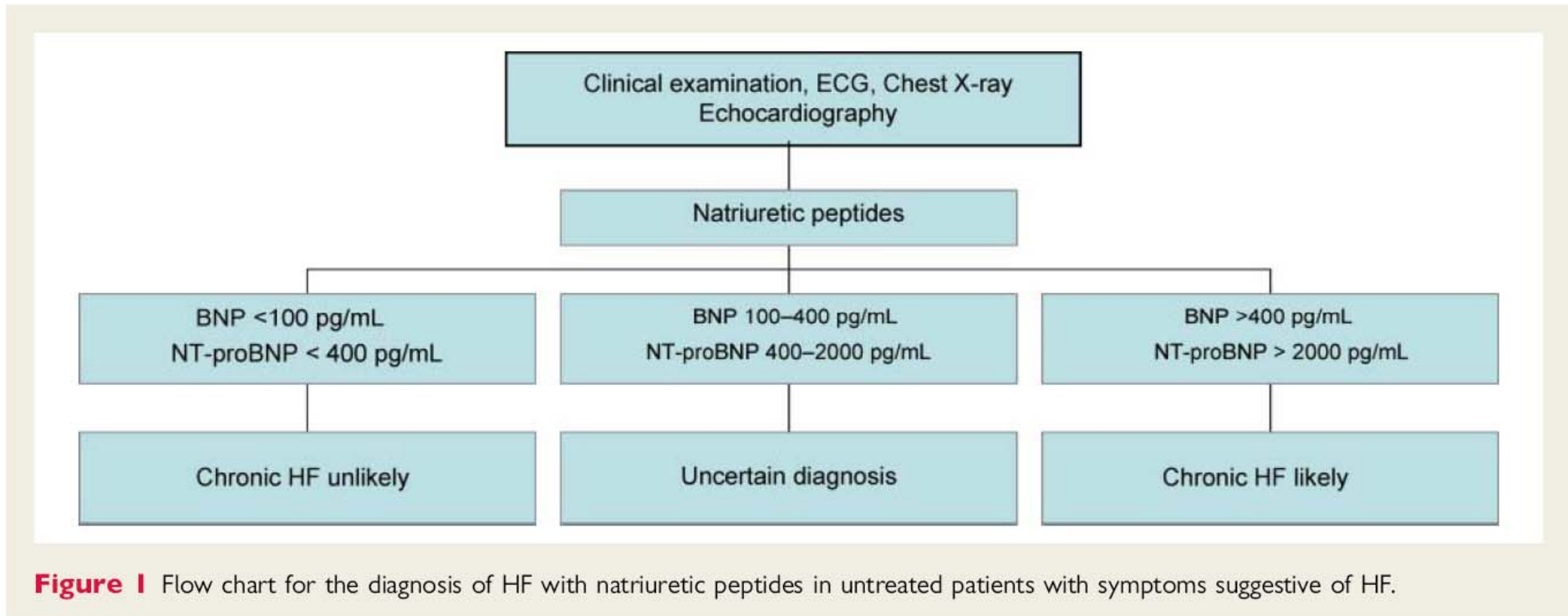
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- 2주전, cough and sputum (+) / 일주일 전 DOE (+)
- 타병원 심초음파상:
 - diffuse hypokinesia, EF 23%
- 본원 응급실로 transferred
 - BP 169/103 mmHg
 - CK-MB/cTnI 4.02/0.28
 - **NT-proBNP 18782 pg/ml**



Diagnosis of Acute HF



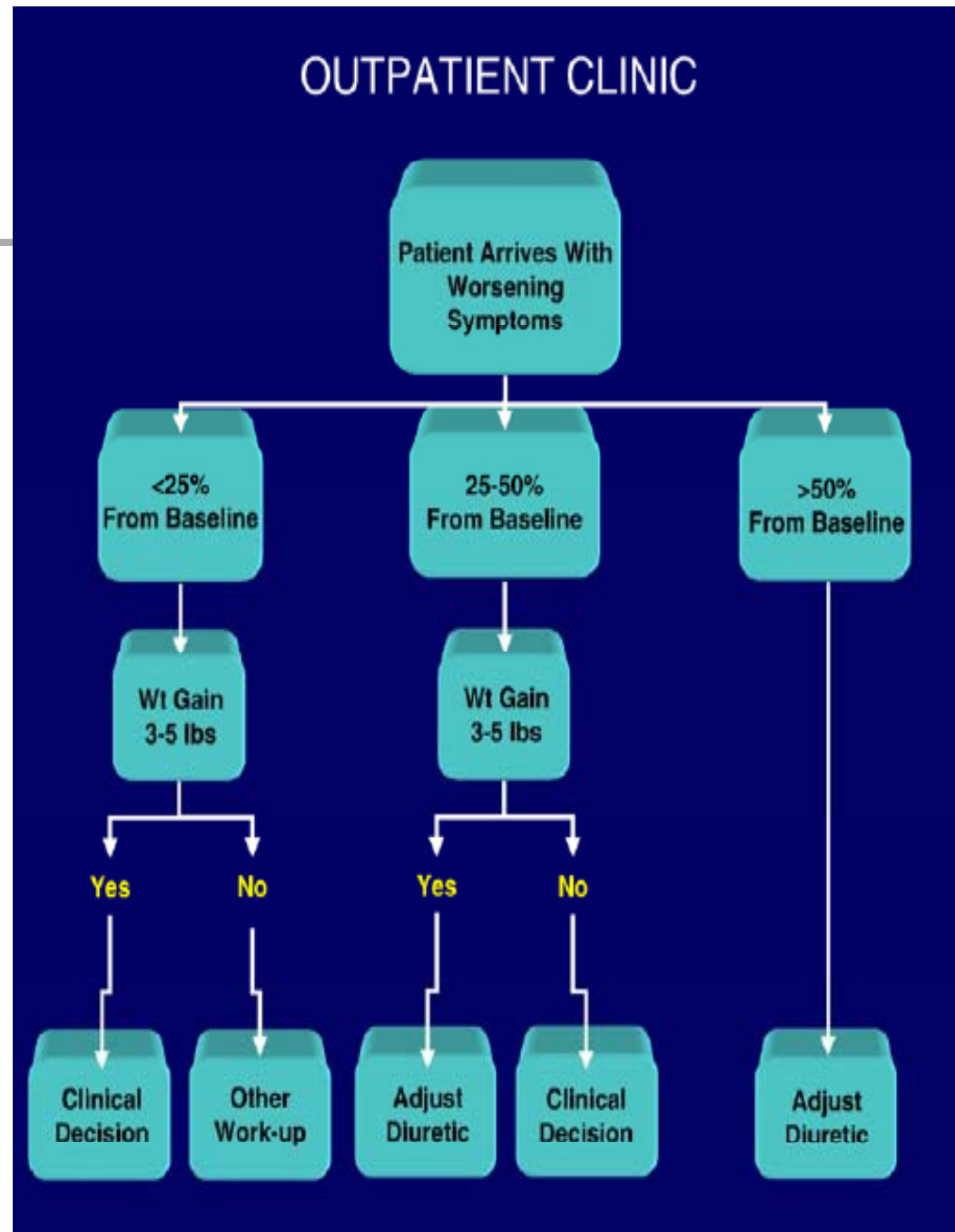
Diagnosis of HF by natriuretic peptides



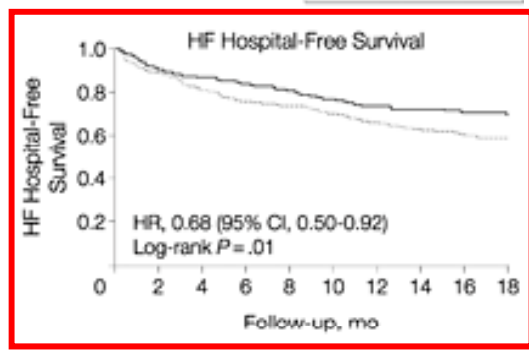
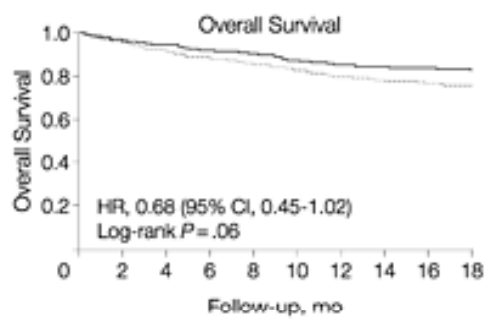
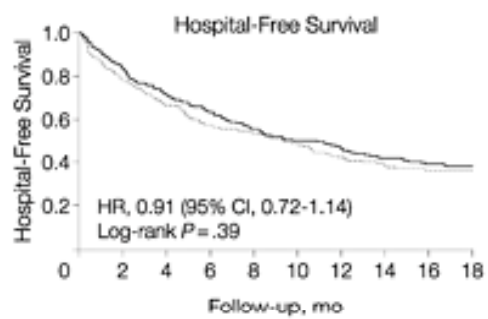
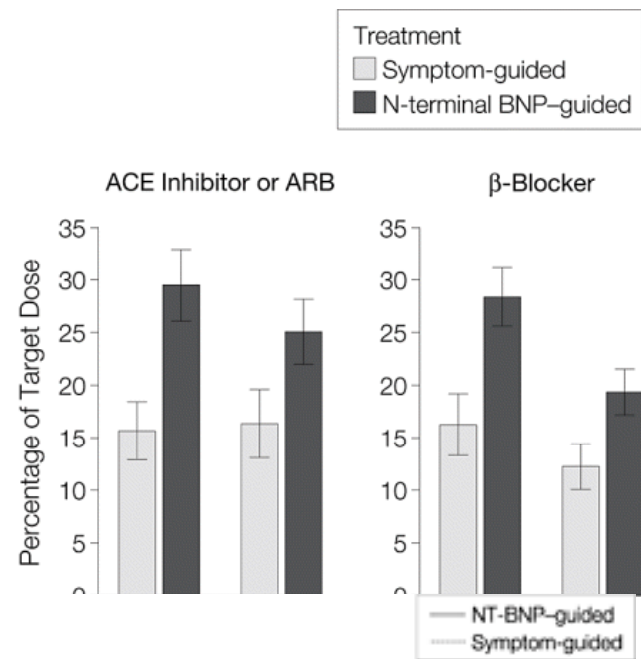
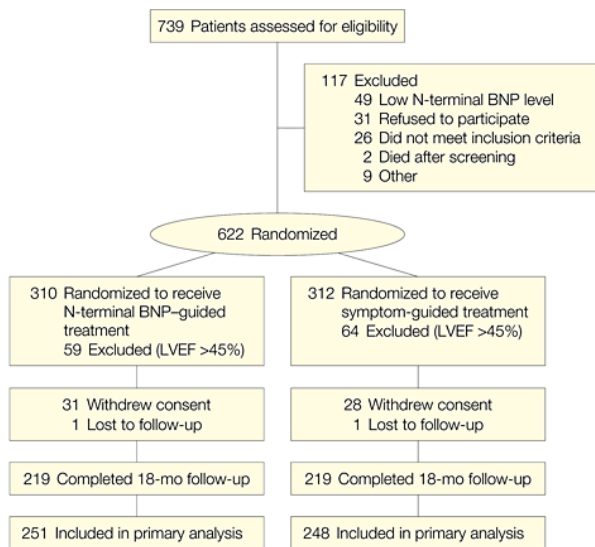
Roles of NP's in other heart disease

Disease	Roles of NP
Obesity	<ul style="list-style-type: none"> • Decreased in higher BMIs, related to reduced synthesis and secretion • NT-proBNP cut-off point (>1000pg/ml) is equal to all BMIs
In general population	<ul style="list-style-type: none"> • Noncardiac source of NP: age, gender, obesity, renal function • Screening for LV structural abnormality: LVH or dysfunction • Risk stratification for CV death/events with CRP
Acute Coronary Syndrome	<ul style="list-style-type: none"> • Increase in ACS but not useful for diagnosis of ACS • Independent predictor of death and HF • NT-proBNP > 1000 ng/ml need intervention
Valvular Heart Disease	<ul style="list-style-type: none"> • Elevated in all VHD and related to severity and NYHA FC • Reversed after valve replacement • Prognostic factors in AS and AR
Pulmonary Thromboembolism	<ul style="list-style-type: none"> • Elevated both LV dysfunction and in isolated or chronic RV volume overload • Related to severity of RV dysfunction • Predict clinical course in acute PTE (NT proBNP >600 pg/ml) / PAH (>1400)
Congenital Heart Disease	<ul style="list-style-type: none"> • Elevated at birth, decreased in the first days of life • Elevated & correlate with disease severity in volume/pressure overload (>300) • Predict prognosis/outcome in D-CMP and

Algorithms for NP outpatient management



BNP-Guided vs Symptom-Guided Heart Failure Therapy; The Trial of Intensified vs Standard Medical Therapy in Elderly Patients With Congestive Heart Failure (TIME-CHF) Randomized Trial



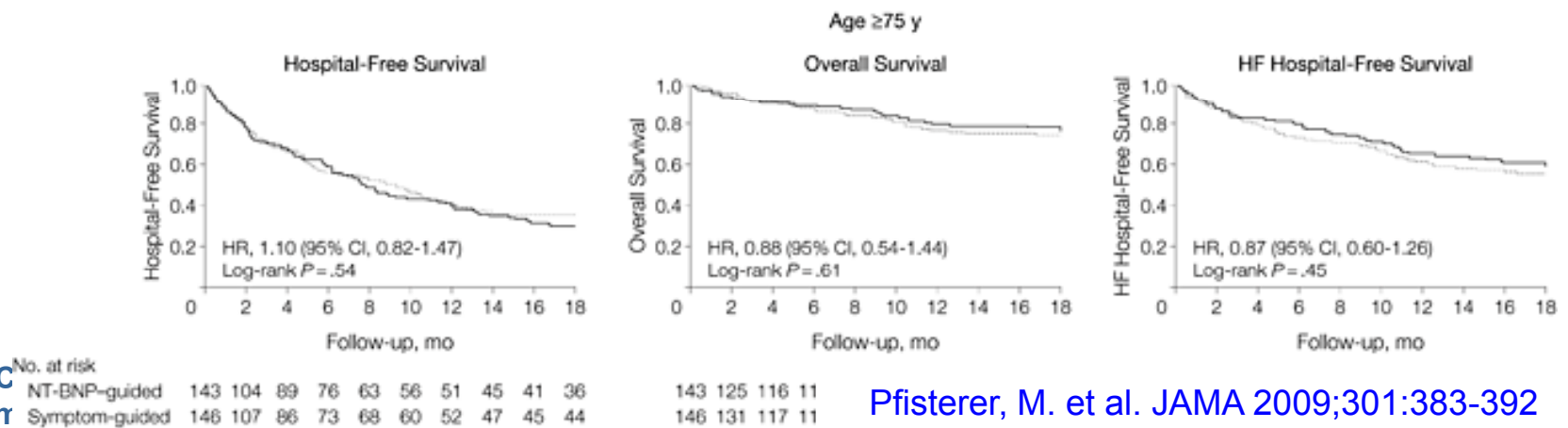
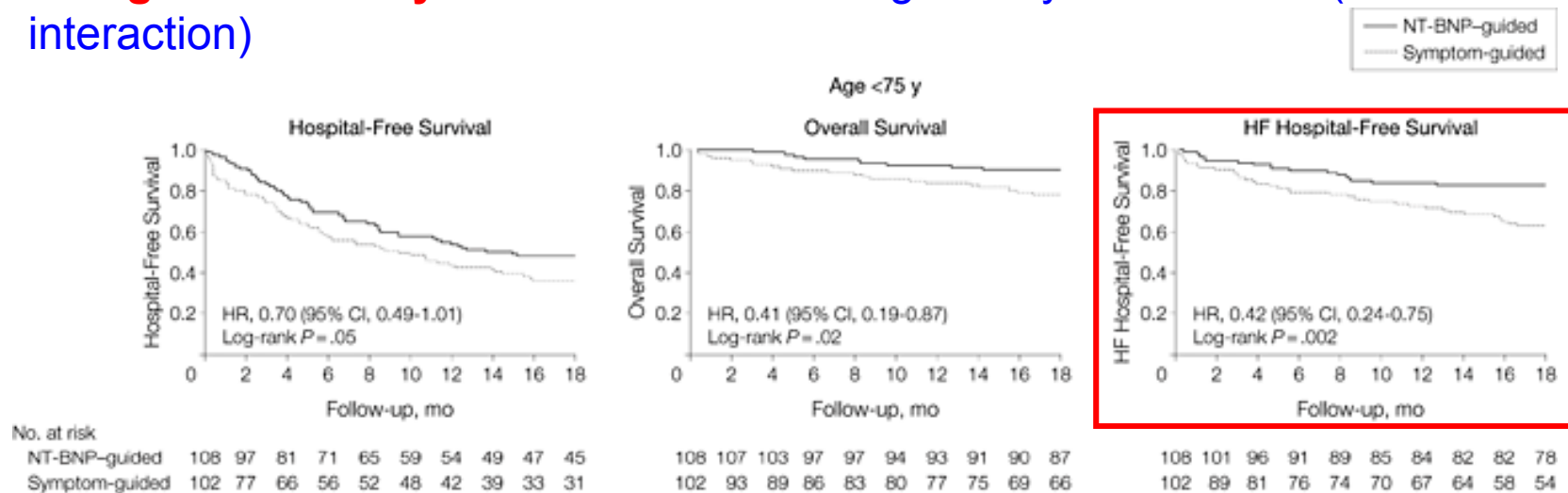
No. at risk	0	2	4	6	8	10	12	14	16	18
NT-BNP-Guided	251	201	170	147	128	115	105	94	88	81
Symptom-Guided	248	184	152	129	120	108	94	86	78	75

251	232	219	210	207	200	193	190	189	179
248	224	206	197	189	182	173	167	161	153

251	218	203	193	185	176	168	163	160	151
248	209	182	169	164	155	144	135	127	119

Treatment Effects on Main Outcomes in Younger Compared With Older Patients

Heart failure therapy guided by N-terminal BNP improved outcomes in patients **aged 60 to 75 years** but not in those aged 75 years or older ($P < .02$ for interaction)





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Types and causes of AHF

Acute de novo HF

- Myocardial infarction
- Arrhythmia
- Valve destruction
- Myocarditis
- Hypertension crisis
- Cardiac surgery

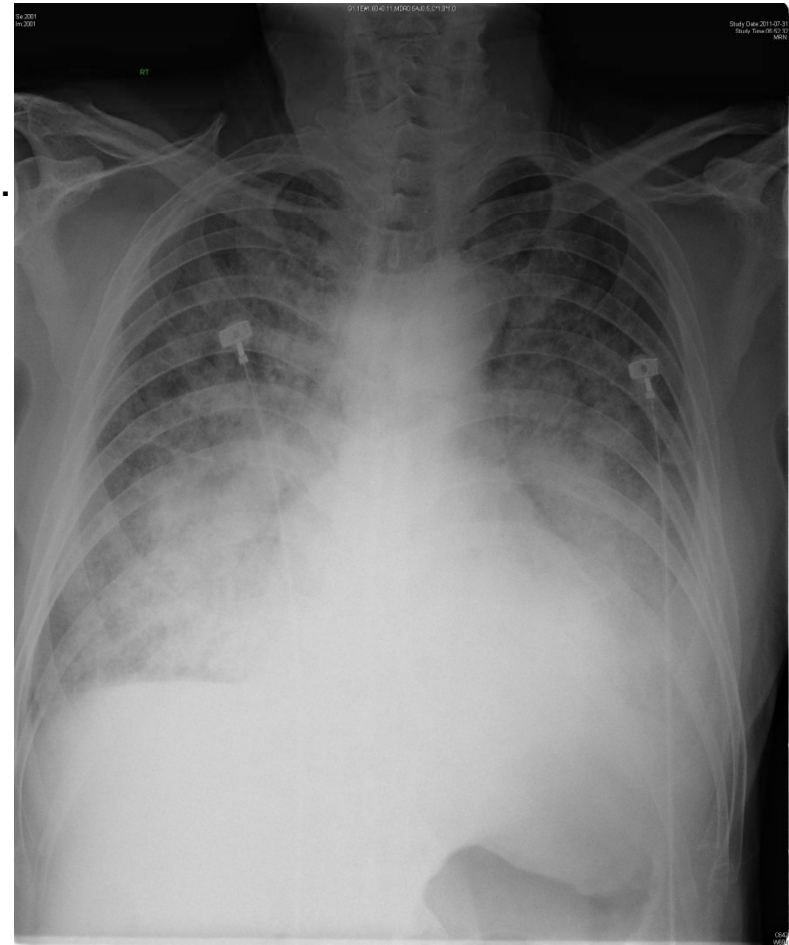
Decompensated chronic HF

- Myocardial ischemia
- Arrhythmia
- Malcompliance
- Infections
- Salt overload
- Hypertension

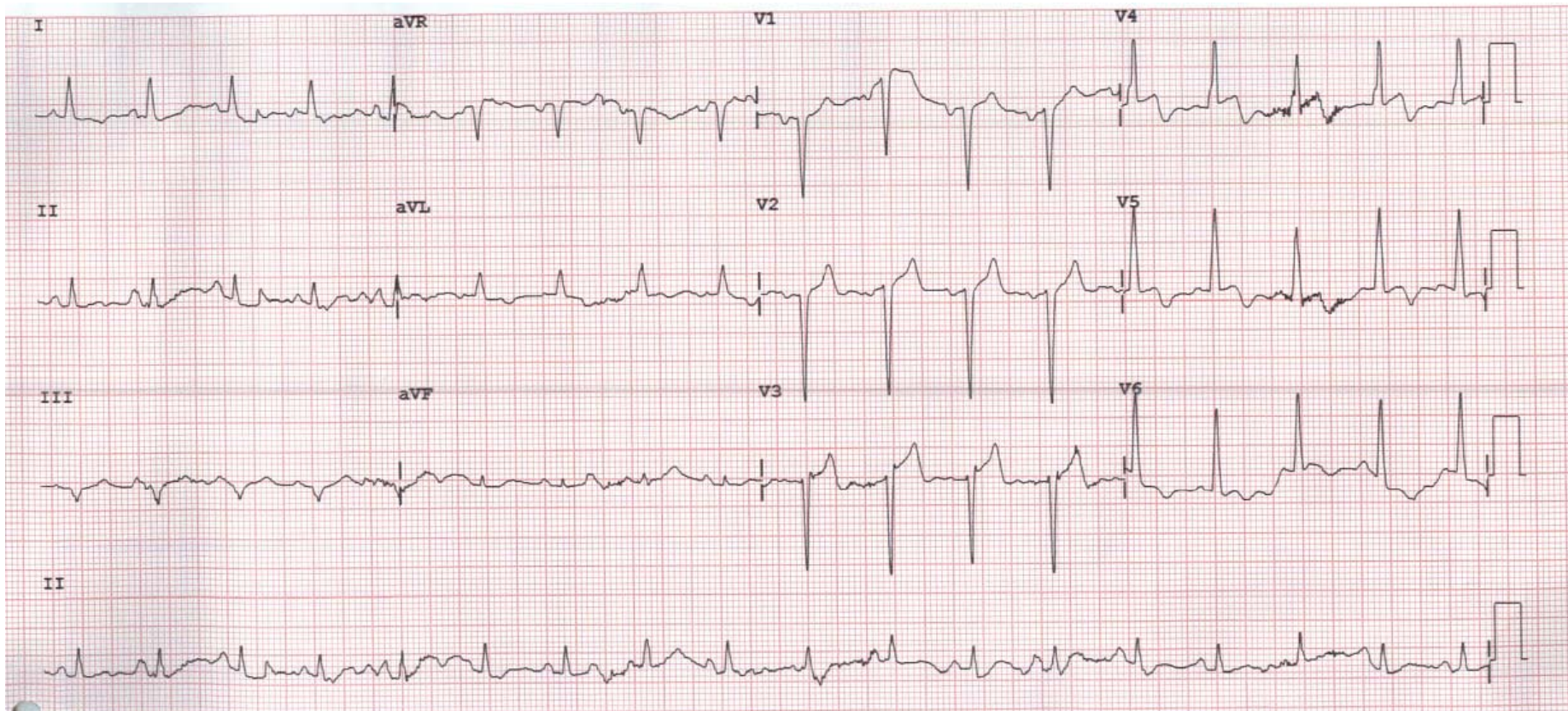
Pulmonary edema
Low CO HF
(Congestion)
Cardiogenic shock

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 - **BNP 456 pg/ml (5-100)**
 - **NT-proBNP 1116 pg/ml (0-194)**



ECG



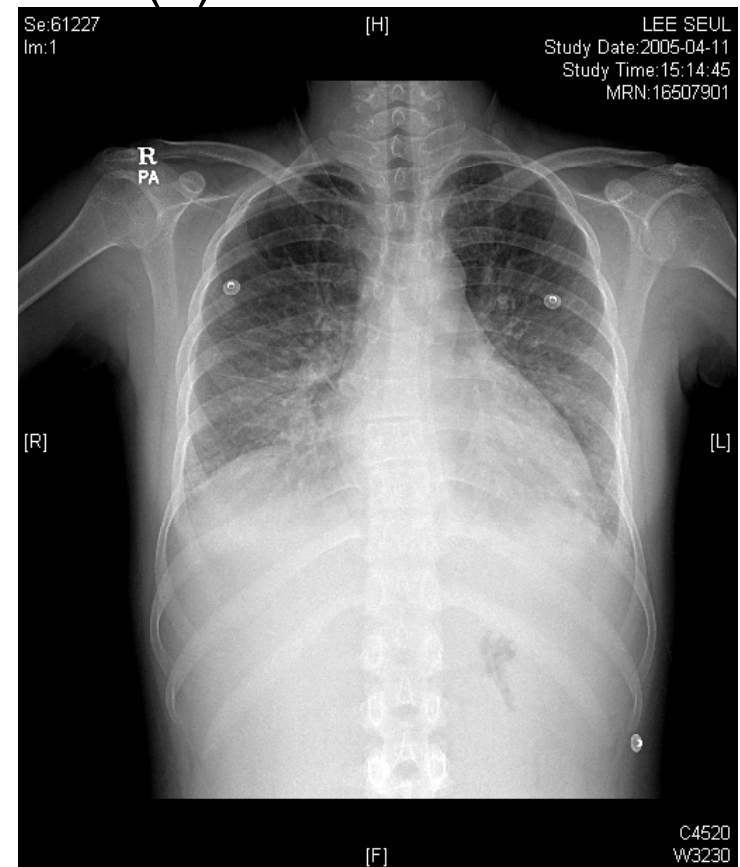
CAG



		2011	2011	2011	2011	2011	2011	2011	2011	
		07-31	07-31	07-31	07-31	07-31	07-31	08-01	2011	
×	검 사 명	단위	05:57	06:00	06:00	08:54	15:24	22:37	05:08	08-02
	cTnl (Troponin I)	ng/ml			0.100	▲ 6.430	▲ 52.190	▲ 33.982	▲ 19.419	
	CK-MB	ng/ml			2.50	▲ 29.68	▲ 98.48	▲ 69.63	▲ 36.68	▲ 5.09
	NT-proBNP(N-Terminal pr	pg/mL		▲ 1116						
	cTnl, POCT(Troponin I)	ng/mL	0.05							
	Myoglobin, POCT	ng/mL	▲ 315							
	CK-MB, POCT	ng/mL	2.9							
	BNP, POCT	pg/mL	▲ 456							

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 - **NT-proBNP 18782 pg/ml**



Approaches with symptomatic impact only

1750

Digitalis
(William Withering, 1785)

1800

1850

1900

Rice diet
(Walter Kempner, 1939)

1950

Discovery of diuretics

2000

Approaches with Prognostic impact

1987 ACE inhibitors

1995 Beta-blockers

1999 Aldosterone antagonists

2003 Angiotensin receptor(AT-1) antagonists

Blood letting

doctors' treatment of choice in
1780.



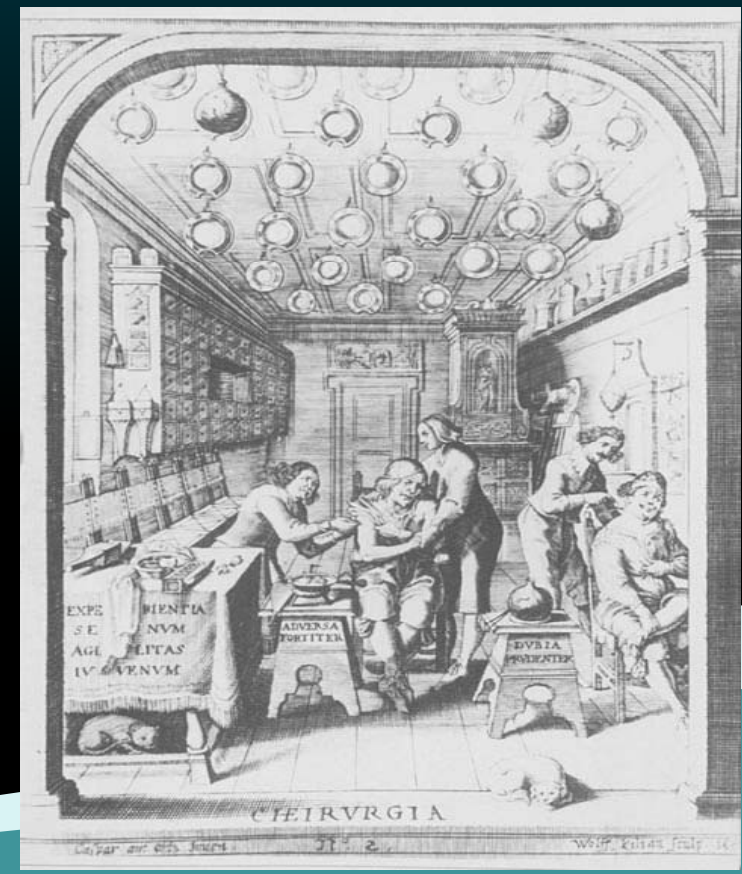
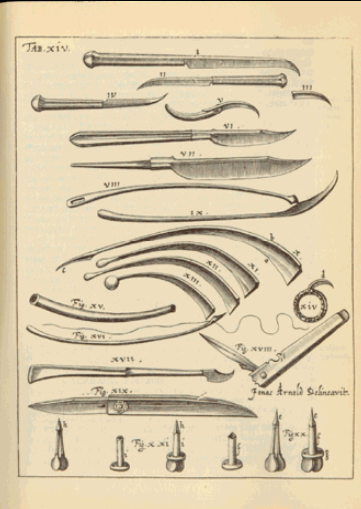
Ventura HO & Mehra MR. *J Card Fail.* 2005;11:247-52.

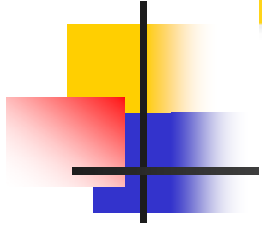
Bloodletting

“It is the least equivocal of remedies: its good effects, when properly administered, are, in most cases, so immediate and striking... In short, bloodletting is a remedy which, when judiciously employed, it is hardly possible to estimate too highly.”

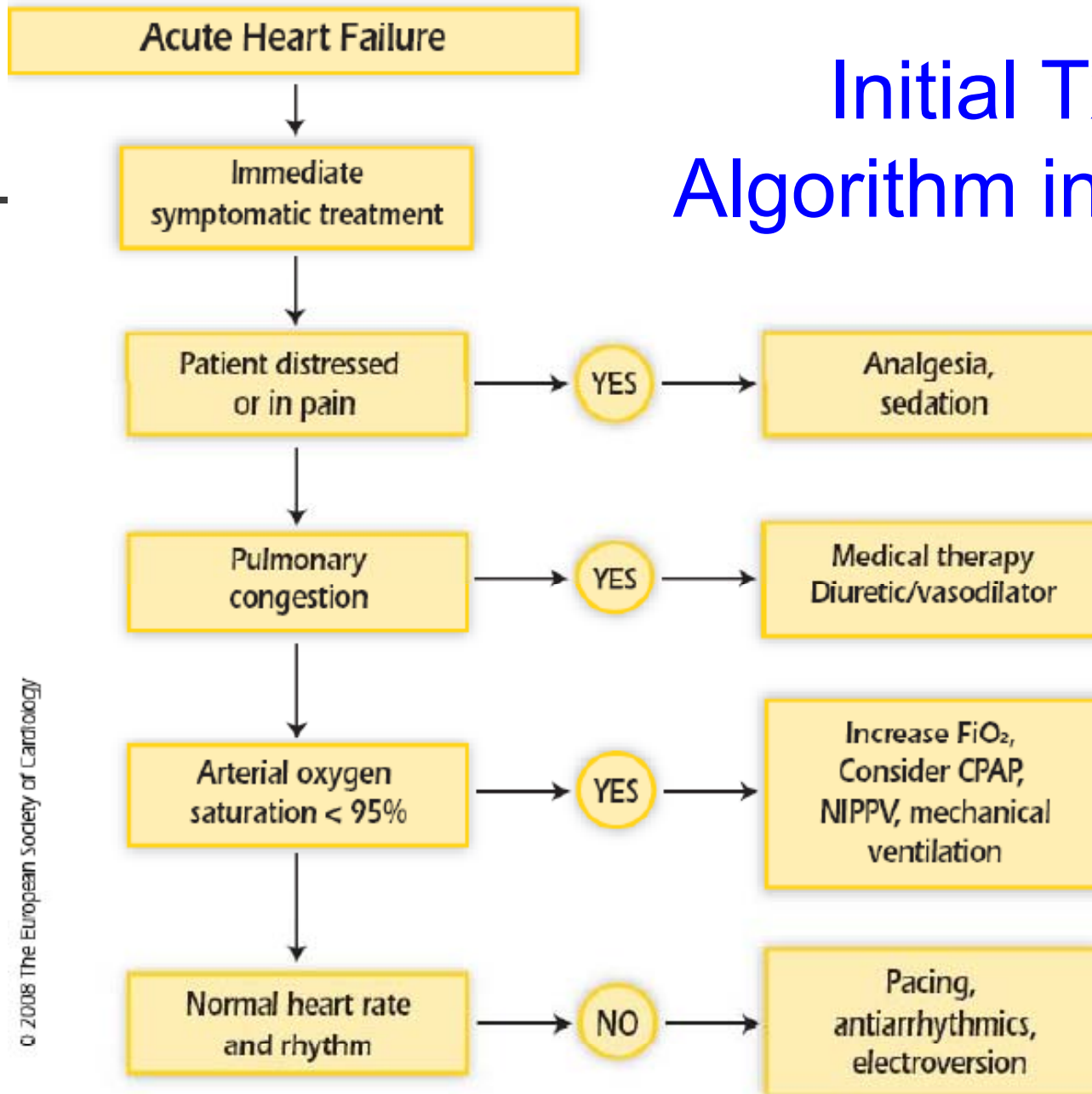


Die V. Figur zeigt eine erkrankte Person, die durch den Gebrauch des Blutegels (s. Tab. XIV. Fig. 1. v.) auf der Brust oder am Hals einen heilsamen Ausfluss zu erhalten sucht. Die V. Figur ist ein Blutegelsauger (s. Tab. XIV. Fig. 1. v.) bestehend aus dem Kopf, dem Rücken und dem Bauch. Die V. Figur ist ein Blutegelsauger (s. Tab. XIV. Fig. 1. v.) bestehend aus dem Kopf, dem Rücken und dem Bauch. Die V. Figur ist ein Blutegelsauger (s. Tab. XIV. Fig. 1. v.) bestehend aus dem Kopf, dem Rücken und dem Bauch.





Initial Tx Algorithm in AHF



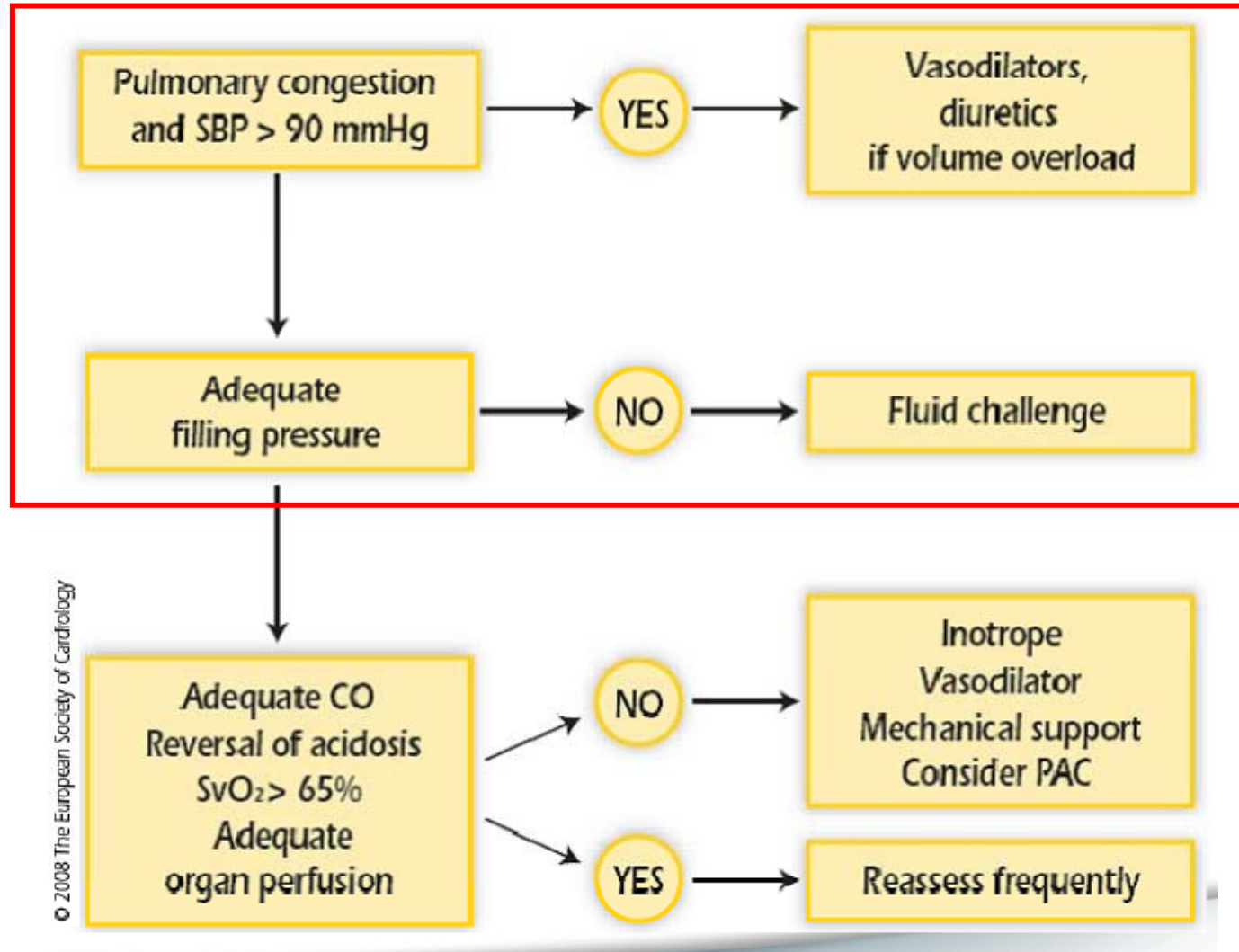
© 2008 The European Society of Cardiology



Treatment goals in management of HF

- ◆ To reduce mortality
 - ◆ All cause mortality
 - ◆ Cardiovascular mortality
- ◆ To reduce morbidity
 - ◆ Rehospitalization
 - ◆ Hospitalization due to HF
- ◆ To improve Quality of life

Treatment strategy in AHF (LV filling pressure)



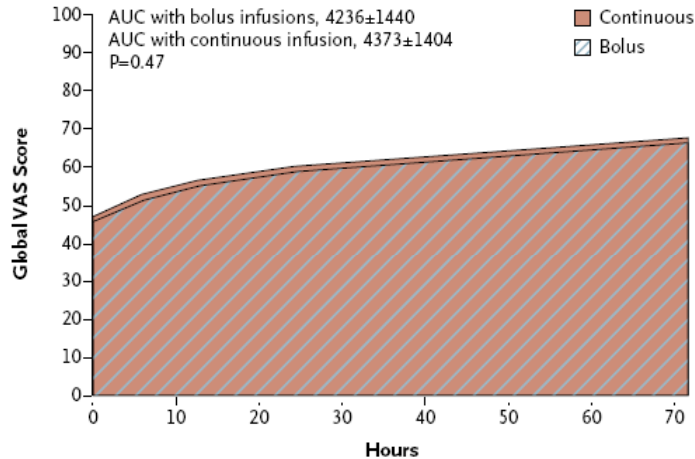


Diuretics in AHF

- Patients admitted with HF and with evidence of significant fluid overload should be treated with **intravenous loop diuretics**.
- Therapy should begin in the emergency department or outpatient clinic without delay, as early intervention may be associated with better outcomes for patients hospitalized with decompensated HF. (*Level of Evidence: B*)
- *If patients are already receiving loop diuretic therapy, the initial intravenous dose should equal or exceed their chronic oral daily dose.* Urine output and signs and symptoms of congestion should be serially assessed, and diuretic dose should be titrated accordingly to relieve symptoms and to reduce extracellular fluid volume excess. (*Level of Evidence: C*)
- **When diuresis is inadequate** to relieve congestion, as evidenced by clinical evaluation, the diuretic regimen should be intensified using either:
 - a. higher doses of loop diuretics;
 - b. addition of a second diuretic (such as metolazone, spironolactone or intravenous chlorothiazide); or
 - c. continuous infusion of a loop diuretic. (*Level of Evidence: C*)

Diuretic Strategies in Patients with Acute Decompensated Heart Failure

A Bolus vs. Continuous Infusion



B Low-Dose vs. High-Dose Strategy

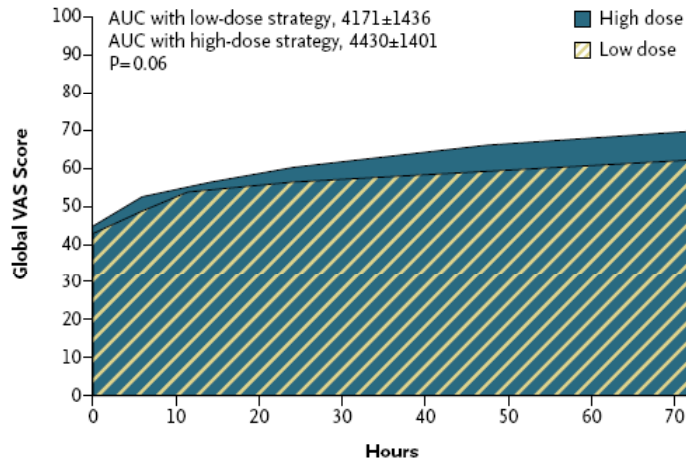


Fig. 1. Patients' Global Assessment of Symptoms during the 72-Hour Study-Treatment Period.

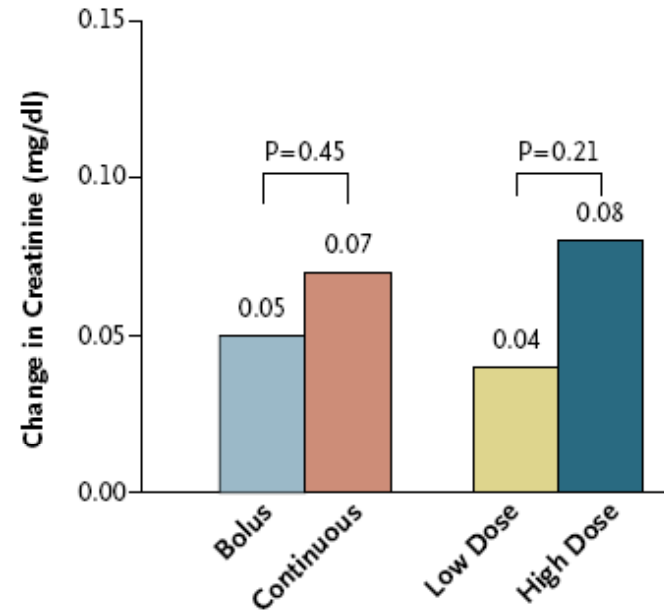


Fig. 2. Mean Change in Serum Creatinine Level.

Among patients with acute decompensated heart failure, there were no significant differences in patients' global assessment of symptoms or in the change in renal function when diuretic therapy was administered by bolus as compared with continuous infusion or at a high dose as compared with a low dose.





Contents

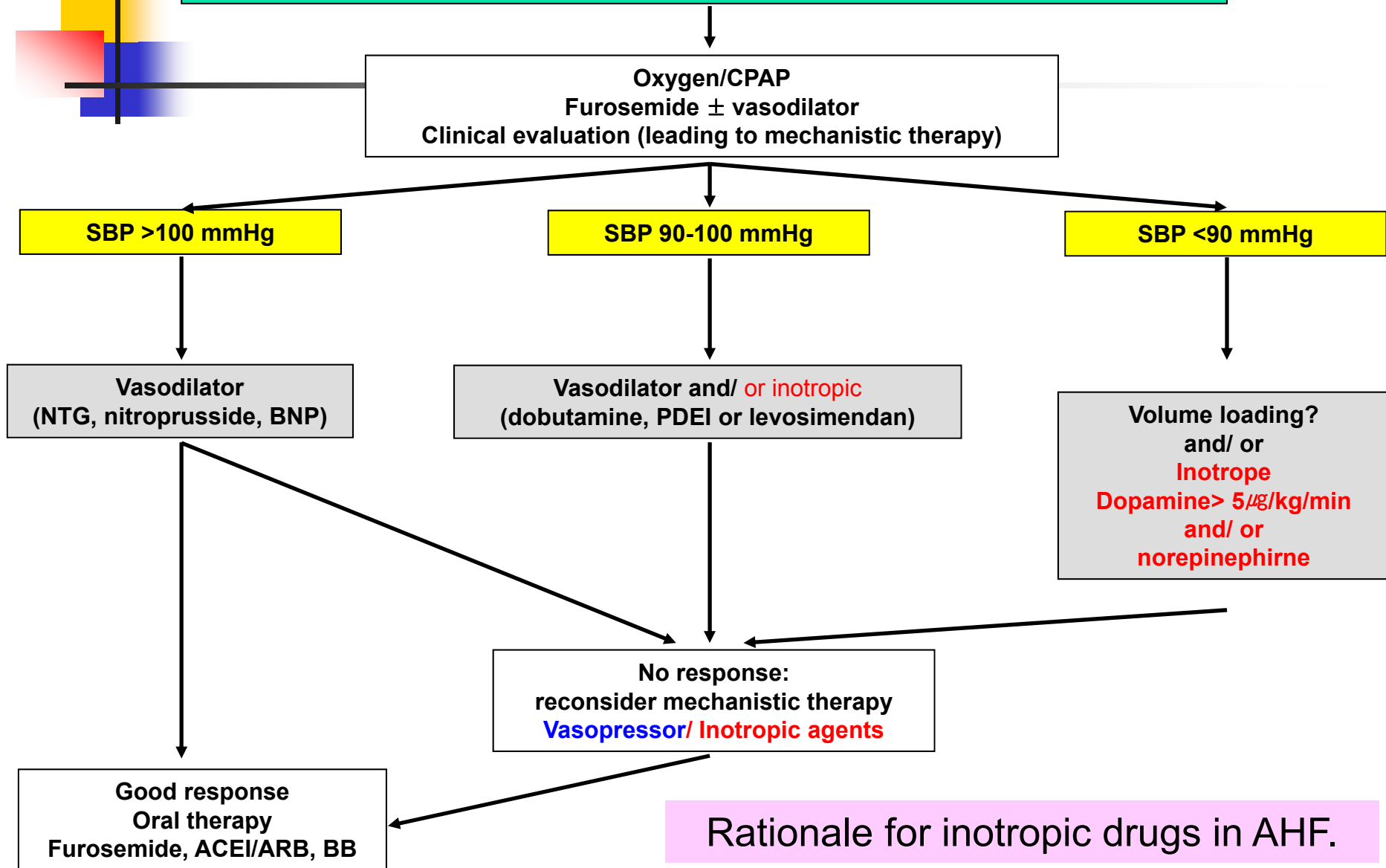
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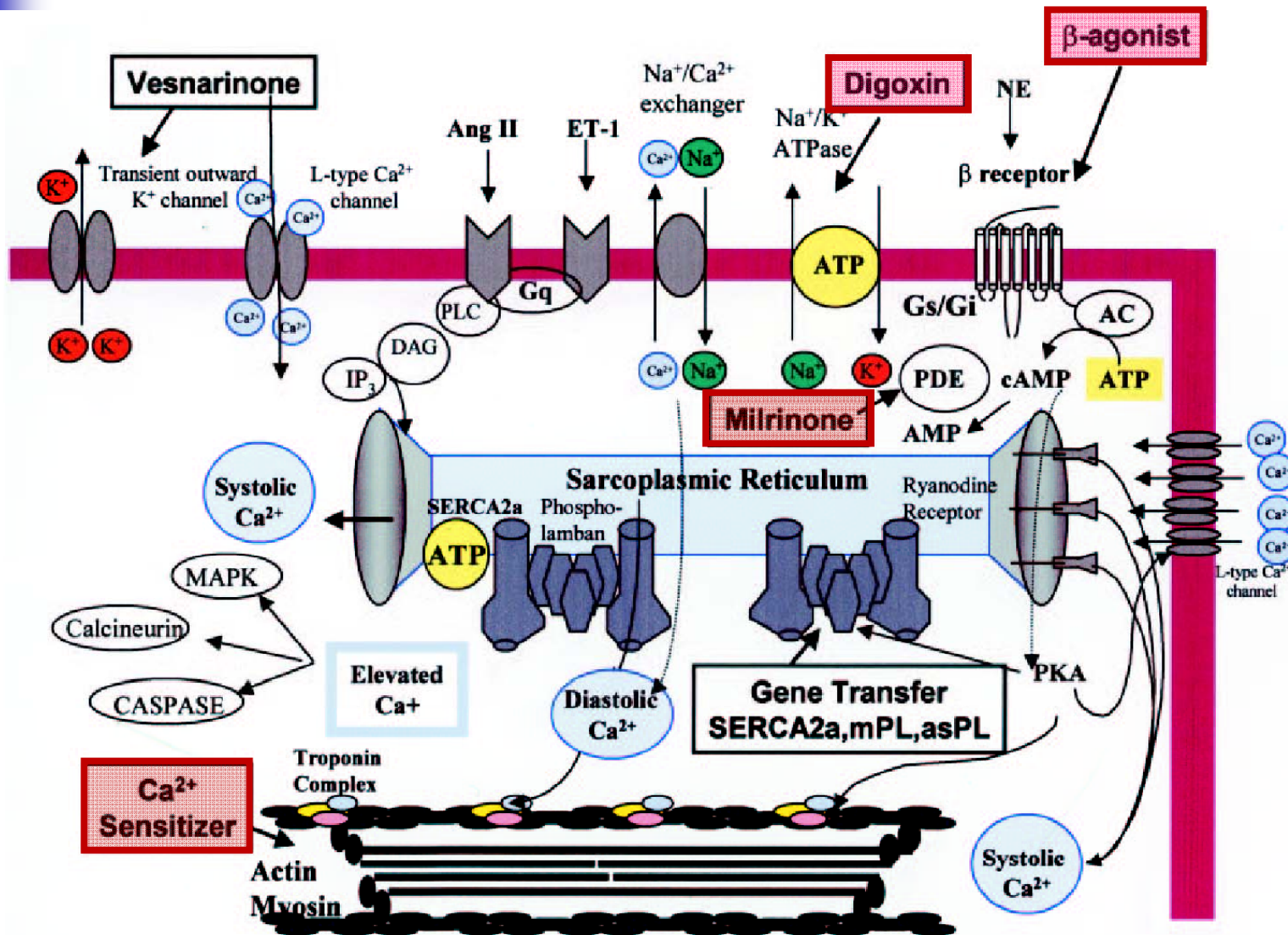
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Acute heart failure with systolic dysfunction



Rationale for inotropic drugs in AHF.

Effects of inotropic therapy on intracellular calcium handling in cardiac myocytes





Inotropic Agents

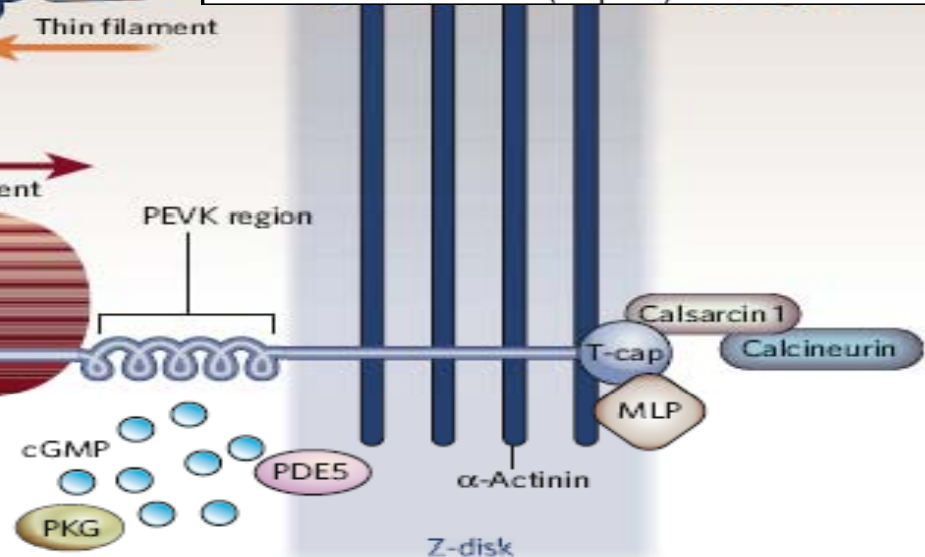
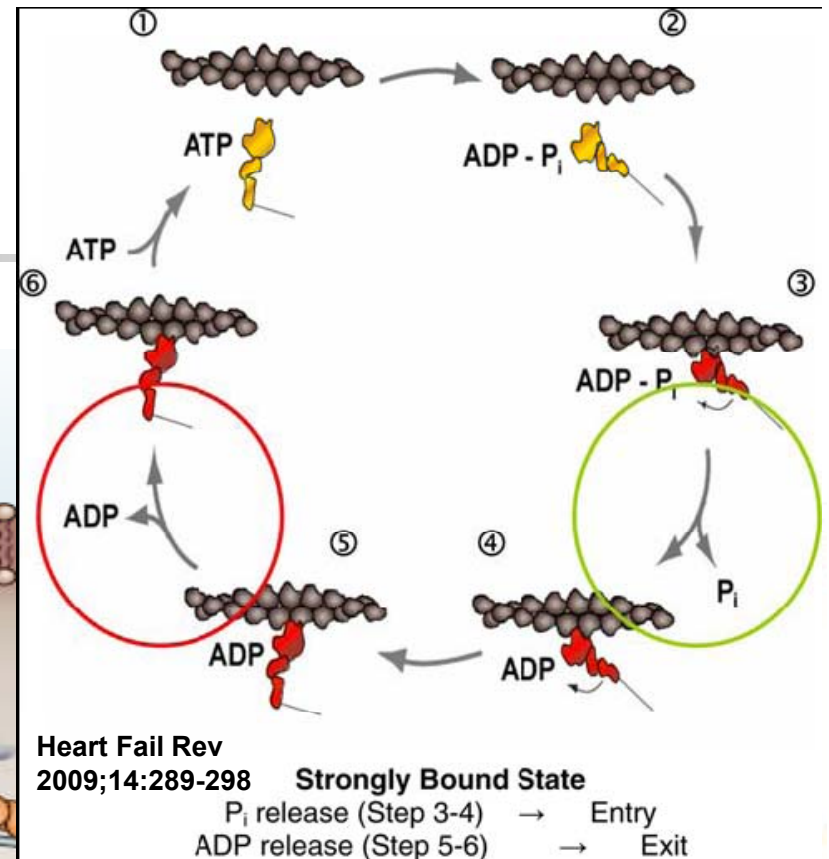
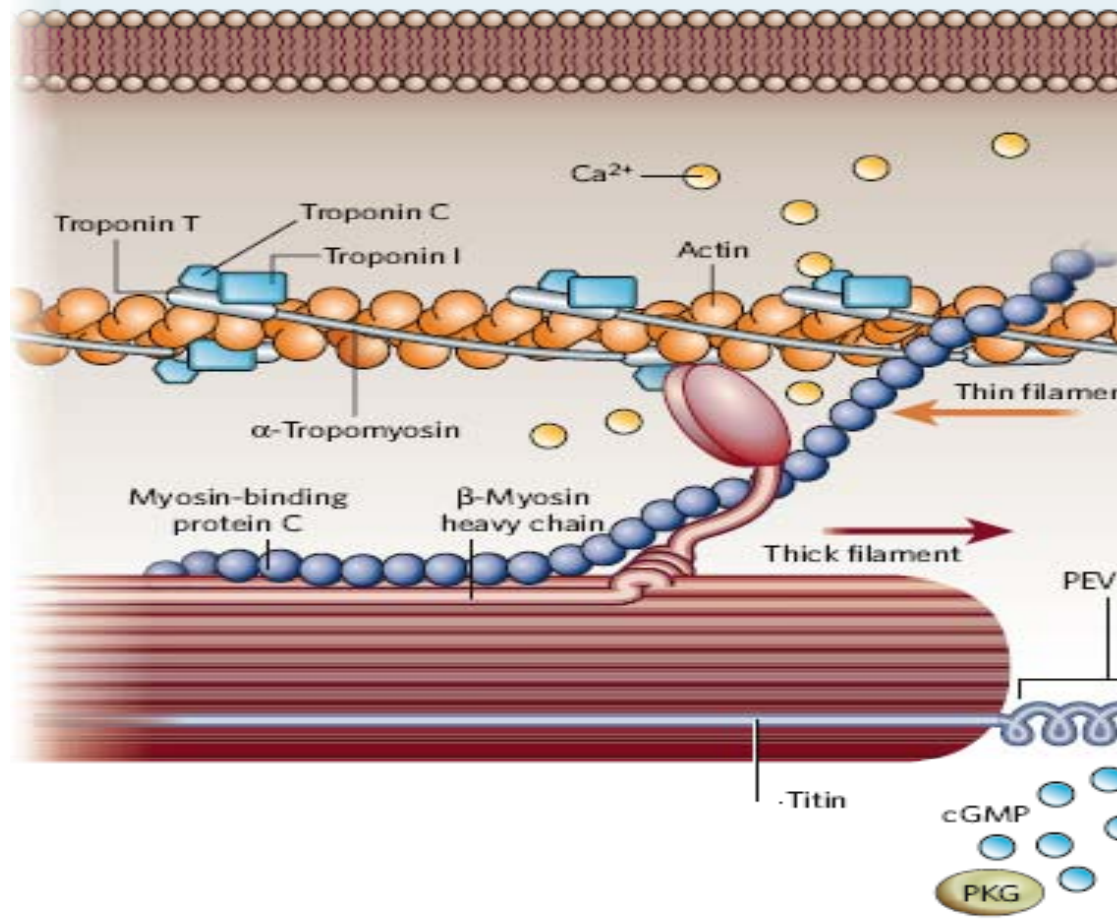
- Indication:
 - In the presence of peripheral hypoperfusion (hypotension, decreased renal function)
 - With or without congestion or pulm edema refractory to diuretics or vasodilator
 - Class IIa, level C
- Potentially harmful
 - ↑O₂ demand, ↑calcium loading, arrhythmia
- ? Risk-benefit ratio

Inotropic Agents

	Bolus	Infusion rate
Dobutamine	No	2 to 20 $\mu\text{g}/\text{kg}/\text{min}$ ($\beta+$)
Dopamine	No	< 3 $\mu\text{g}/\text{kg}/\text{min}$: renal effect ($\delta+$) 3 - 5 $\mu\text{g}/\text{kg}/\text{min}$: inotropic ($\beta+$) > 5 $\mu\text{g}/\text{kg}/\text{min}$: ($\beta+$), vasopressor ($\alpha+$)
Milrinone	25 - 75 $\mu\text{g}/\text{kg}$ over 10 - 20 min	0.375 - 0.75 $\mu\text{g}/\text{kg}/\text{min}$
Enoximone	0.25 - 0.75 mg/kg	1.25 - 7.5 $\mu\text{g}/\text{kg}/\text{min}$
Levosimendan*	12 $\mu\text{g}/\text{kg}$ over 10 min (optional)**	0.1 $\mu\text{g}/\text{kg}/\text{min}$ which can be decreased to 0.05 or increased to 0.2 $\mu\text{g}/\text{kg}/\text{min}$
Norepinephrine	No	0,2 - 1,0 $\mu\text{g}/\text{kg}/\text{min}$
Epinephrine	Bolus: 1 mg can be given i.v. during resuscitation, repeated every 3 - 5 min	0.05 - 0.5 $\mu\text{g}/\text{kg}/\text{min}$

Myosin Activator

a new class of cardiac enhancers that stimulate cardiac contractility without causing intracellular calcium overload or increasing myocardial oxygen demand.





Omecamtiv mecarbil (CK-1827452)

- resulting in **improvement of cardiac contractility without alterations of intracellular calcium concentration.**
- In anesthetized rats, CK-452 (0.25-2.5 mg/kg/h) significantly **increases fractional shortening without significant changes in HR and BP**
- In a dog model of heart failure induced by MI combined with rapid ventricular pacing, CK-1827452 (0.5 mg/kg bolus, then 0.5 mg/kg/min for 6-8 h)
 - significantly increases LV systolic function by **lengthening LV systolic ejection time** without affecting the velocity of cardiac contraction, myocardial oxygen consumption, arterial blood pressure, coronary blood flow or diastolic function



Ongoing studies of Omecamtiv

- Absence of phase III clinical trials and the lack of long-term safety data, at the present time,
- Three ongoing phase II randomized, double blind, placebo controlled trials analyze the pharmacokinetics, efficacy and safety
 - of intravenous and oral CK-1827452 in patients with ischemic cardiomyopathy (NCT00682565),
 - of intravenous CK-1827452 in patients with stable heart failure (NCT00624442 and NCT00748579).



Inadequate consensus in AHF

- Which vasodilator is most efficacious?
- Which inotrope is most efficacious?
- The role of NIV in AHF?
- Management of beta-blocker in Acute decompensation?

* NIV: non-invasive ventilation without E-tube





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First β -blocker trial in heart failure

British Heart Journal, **1975** 37,1022-1036

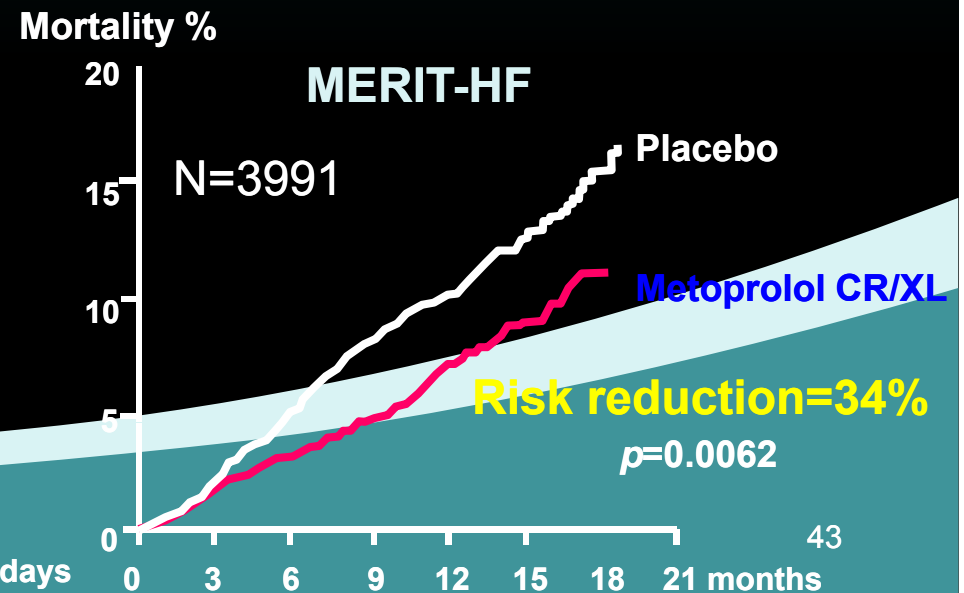
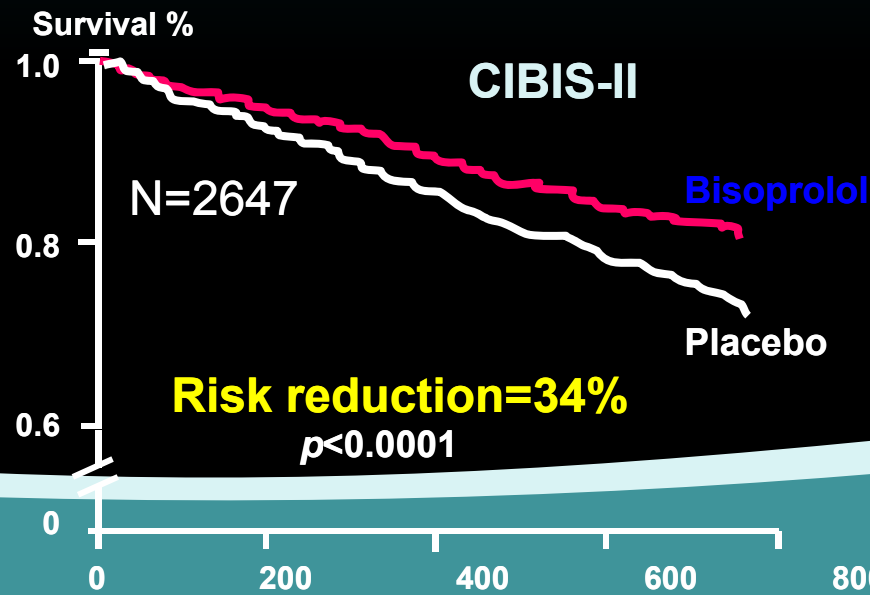
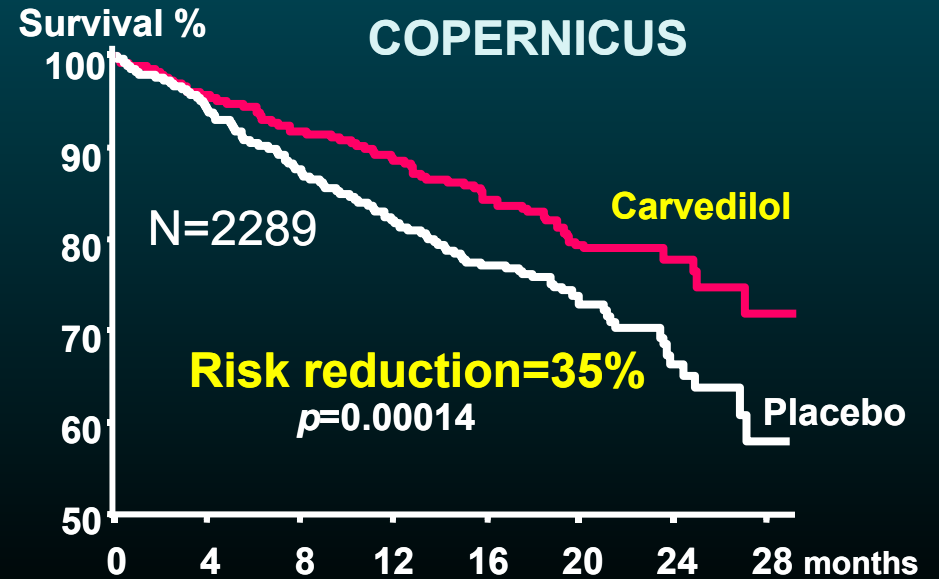
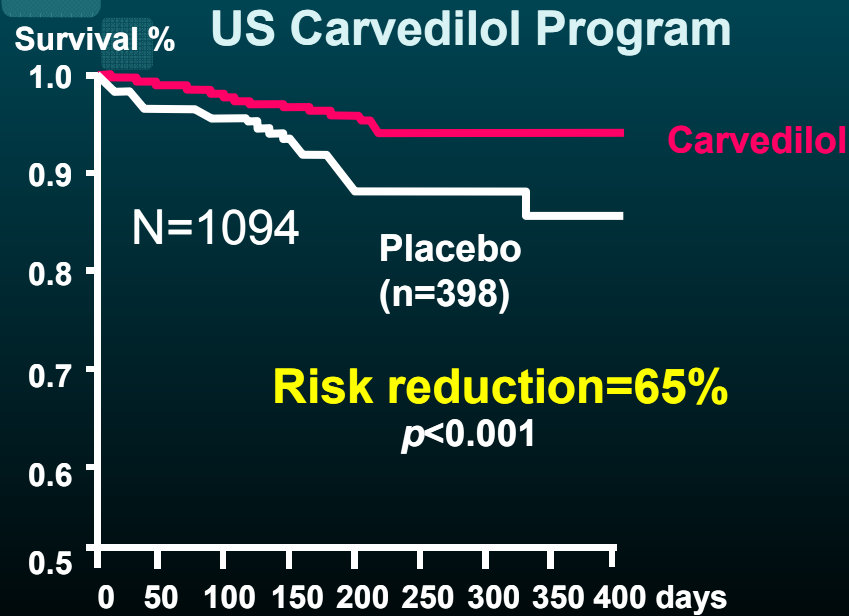
Effect of chronic beta-adrenergic receptor blockade in congestive cardiomyopathy

F.Waagstein, A. Hjalmarson, E. Varnauskas, and I. Wallentin

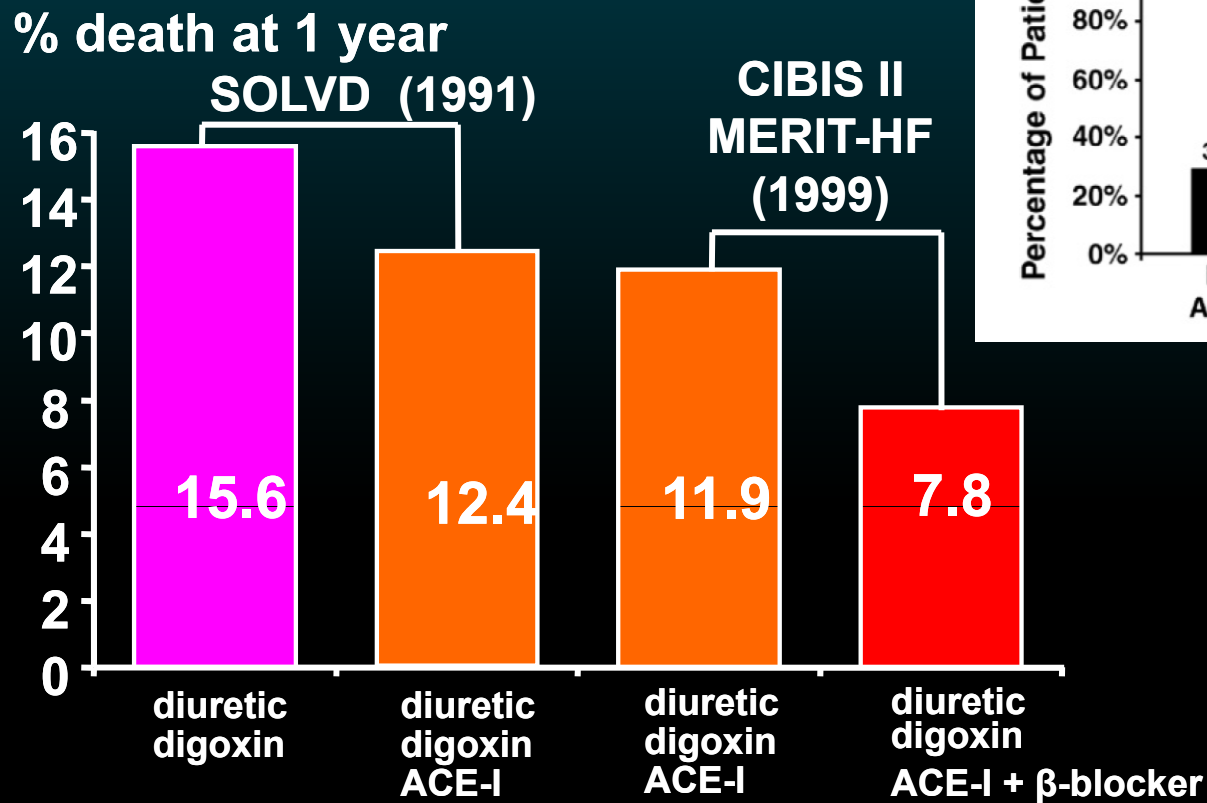
From the Department of Medicine I, Division of Cardiology and Department of Clinical Physiology, Sahlgren's Hospital, University of Goteborg, Sweden

Adrenergic beta-blocking agents were given to 7 patients with advanced congestive cardiomyopathy who had tachycardia at rest (98 ± 13 beats/min). The patients were on beta-adrenergic receptor blockads for 2 to 12 months (average 5.4 months). One patient was given alprenolol 50mg twice daily and the other patients were given practolol 50 to 400 mg twice daily. Virus infection had occurred in 6 of the patients before the onset of symptoms of cardiac disease. All patients were in a steady state or were progressively deteriorating at the start of beta-adrenergic receptor blockade. Conventional treatment with digitalis and diuretics was unaltered or reduced during treatment with beta-blocking agents. An improvement was seen in their clinical condition shortly after administration of the drugs. Continued treatment resulted in an increase in physical working capacity and a reduction of heart size. Noninvasive investigations including phonocardiogram, carotid pulse curve, apex cardiogram, and echo-cardiogram showed improved ventricular function in all cases. The present study indicates that adrenergic beta-blocking agents can improve heart function in at least some patients with congestive cardiomyopathy. Furthermore, it is suggested that increased catecholamine activity may be an important factor for the development of this disease, as has been shown in animal experiments.

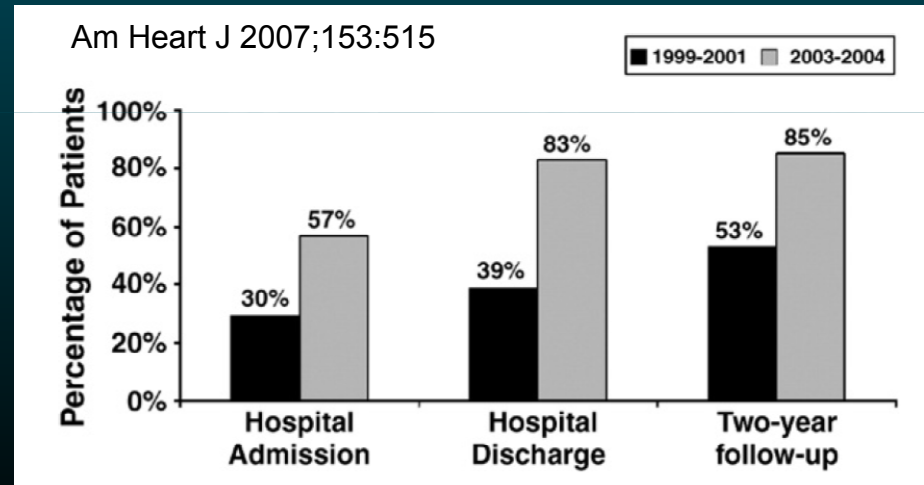
Betablockers in HF: all-cause mortality



Mortality Benefit of Beta-blockers and ACE-inhibitors in HF trials



McMurray Heart 1999



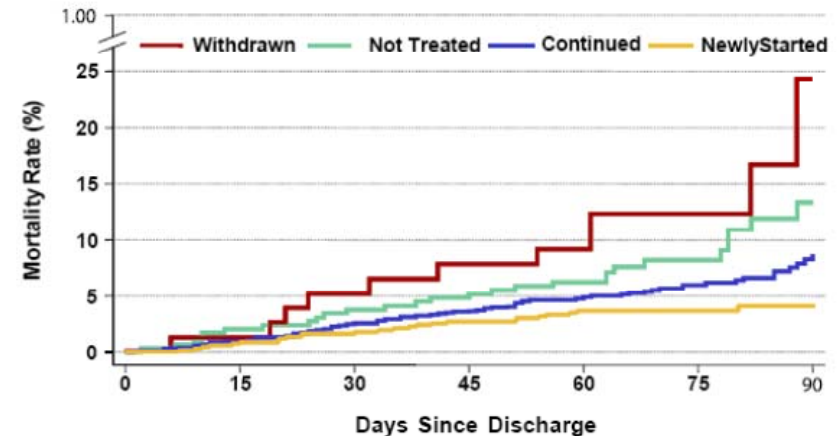


β -blockers in AHF

- Initiate BB Tx in acute de novo HF
 - Who is eligible for BB therapy ?
 - When should be initiated?
 - Which BB is better?
- BB Tx in acute decompensated HF
 - Should we discontinue/reduce BB dose?
 - When can we re-institute?

Influence of Beta-Blocker Continuation or Withdrawal on Outcomes in Patients Hospitalized With Heart Failure

Findings From the OPTIMIZE-HF Program



Patients at risk:	0	15	30	45	60	75	90
Withdrawn	79	77	73	68	66	26	10
Not Treated	303	275	269	262	242	114	51
Continued	1350	1303	1268	1236	1123	536	224
Newly Started	632	609	591	575	531	274	110

Among 2,373 patients eligible for beta-blockers at discharge, there were 1,350 (56.9%) who were receiving beta-blockers before admission and continued on therapy, 632 (26.6%) newly started, 79 (3.3%) in which therapy was withdrawn, and 303 (12.8%) eligible but not treated. Continuation of beta-blockers was associated with a significantly lower risk and propensity adjusted post-discharge death (hazard ratio [HR]: 0.60; 95% confidence interval [CI]: 0.37 to 0.99, $p = 0.044$) and death/rehospitalization (odds ratio: 0.69; 95% CI: 0.52 to 0.92, $p = 0.012$) compared with no beta-blocker. In contrast, withdrawal of beta-blocker was associated with a substantially higher adjusted risk for mortality compared with those continued on beta-blockers (HR: 2.3; 95% CI: 1.2 to 4.6, $p = 0.013$), but with similar risk as HF patients eligible but not treated with beta-blockers.

The continuation of beta-blocker therapy in patients hospitalized with decompensated HF is associated with lower post-discharge mortality risk and improved treatment rates. In contrast, withdrawal of beta-blocker therapy is associated with worse risk and propensity-adjusted mortality. (Organized Program To Initiate Lifesaving Treatment In Hospitalized Patients With Heart Failure [OPTIMIZE-HF]; NCT00344513) (J Am Coll Cardiol 2008; 52:190-9) © 2008 by the American College of Cardiology Foundation



B-CONVINCED:

Beta-blocker CONTinuation Vs. INTerruption in patients with Congestive heart failure hospitalized for a decompensation episode

In a randomized, controlled, open labelled, non-inferiority trial, we compared beta-blockade continuation vs. discontinuation during ADHF in patients with LVEF below 40% previously receiving stable beta-blocker therapy.

169 patients were included, among which 147 were evaluable. Mean age was 72+12 years, 65% were males.

After 3 days, 92.8% of patients pursuing beta-blockade improved for both dyspnoea and general well-being according to a physician blinded for therapy vs. 92.3% of patients stopping beta-blocker.

Similar findings were obtained at 8 days and when evaluation was made by the patient.

Plasma BNP at Day 3, length of hospital stay, re-hospitalization rate, and death rate after 3 months were also similar.

Beta-blocker therapy at 3 months was given to 90% of patients vs. 76% (P , 0.05)

In conclusion, during ADHF, continuation of beta-blocker therapy is not associated with delayed or lesser improvement, but with a higher rate of chronic prescription of beta-blocker therapy after 3 months, the benefit of which is well established.





BETA -BLOCKERS in ADHF

- In patients admitted due to worsening HF, a reduction in β -blocker is necessary.
- In severe situations, temporary discontinuation can be considered.
- Low-dose therapy should be re-instituted and up-titrated as soon as the patients clinical situation permits, preferably prior to discharge.



Contents

1. 심부전의 진단

- Role of Natriuretic peptides

2. 급성 심부전 환자의 치료

- Type of Acute HF
- Volume status and Diuretics
- Blood pressure and Inotropics
- Beta blocker issues in acute HF
- **Guideline for chronic HF**

CLINICAL PRACTICE

Systolic Heart Failure

John J.V. McMurray, M.D.

This Journal feature begins with a case vignette highlighting a common clinical problem. Evidence supporting various strategies is then presented, followed by a review of formal guidelines, when they exist. The article ends with the author's clinical recommendations.

A 74-year-old man with a history of hypertension and myocardial infarction that occurred 5 years previously presents with breathlessness on exertion. His current medications include a statin and aspirin. On examination, his pulse is 76 beats per minute and regular, and his blood pressure is 121/74 mm Hg. There is jugular venous distention, lateral displacement of the apex beat, and edema in his lower limbs. The lung examination is normal. An echocardiogram shows left ventricular dilatation, globally reduced contractility, and an ejection fraction of 33%. How should his case be managed?



심부전의 단계적 치료 원칙

ACC/AHA Guideline of HF 2009

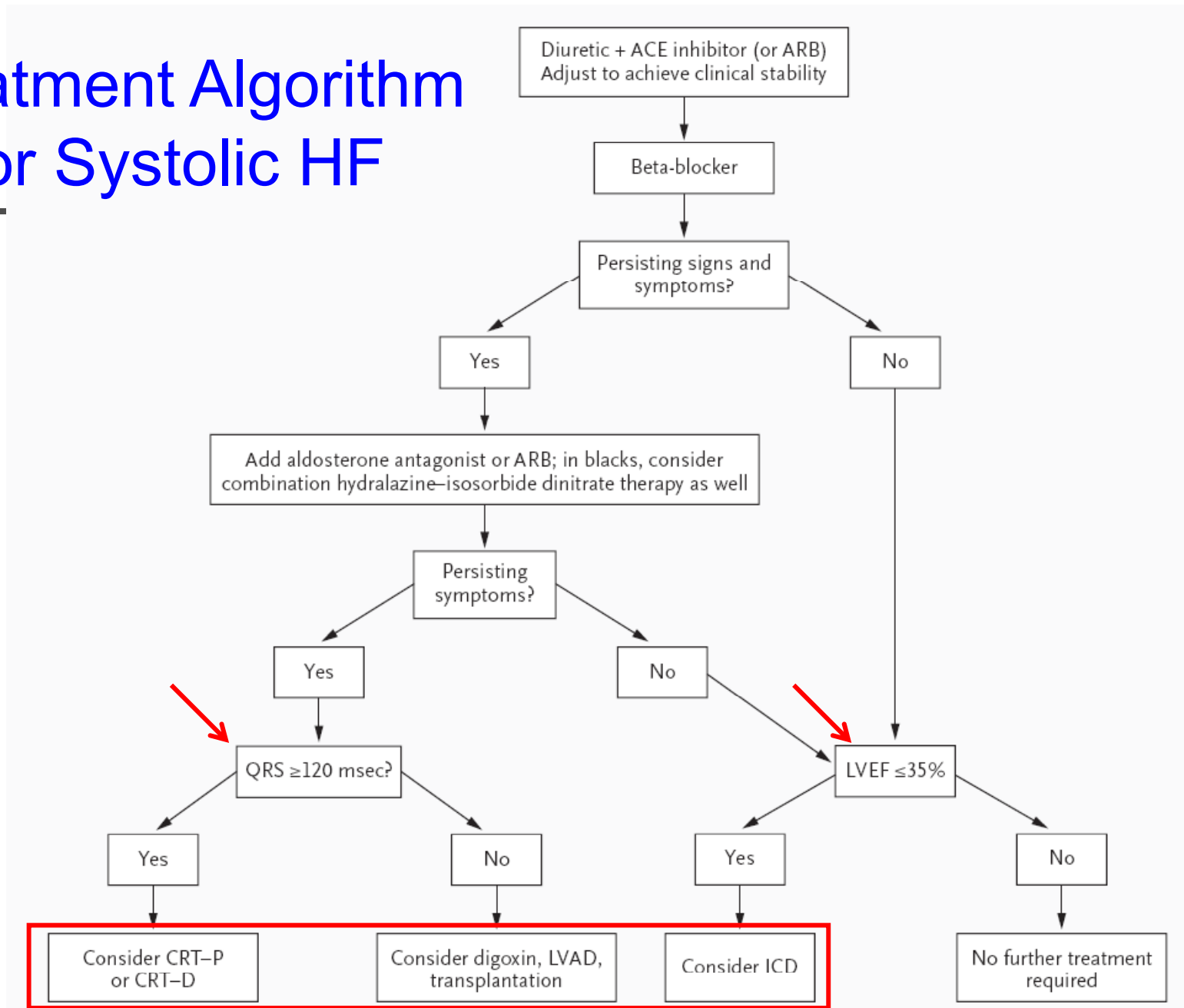
Stage A	Stage B	Stage C	Stage D
At high risk for HF w/o structural HD or Sx. of HF	Structural HD w/o Sx. of HF	Structural HD with prior or current Sx. of HF	Refractory HF Requiring specialized interventions
<ul style="list-style-type: none"> - HT, Atherosclerosis - obesity, DM, metabolic - Using cardiotoxins - FHx of CM 	<ul style="list-style-type: none"> - previous MI - LV systolic dysfn - asymptomatic VHD 	<ul style="list-style-type: none"> - known structural HD - SOB, fatigue - exercise intolerance 	<p>marked Sx. despite maximal medical Tx. 입원 및 특수 치료가 필요한 경우</p>
<ul style="list-style-type: none"> - 고혈압 치료 - 금연, 운동, 금주 - 고지혈증 치료 - ACEI / ARB 	<ul style="list-style-type: none"> - As stage A - ACEI / ARB - 베타차단제 - <i>ICD in case</i> 	<ul style="list-style-type: none"> - As stage A, B - ACEI/Diuretics/BB - in case Digitalis ARB CRT / ICD Aldosterone blocker Hydralazine/nitrate - <i>ICD/CRT</i> 	<ul style="list-style-type: none"> - As stage A, B, C - <i>Mechanical AD</i> - <i>심장이식</i> - IV inotropics - Hospice care



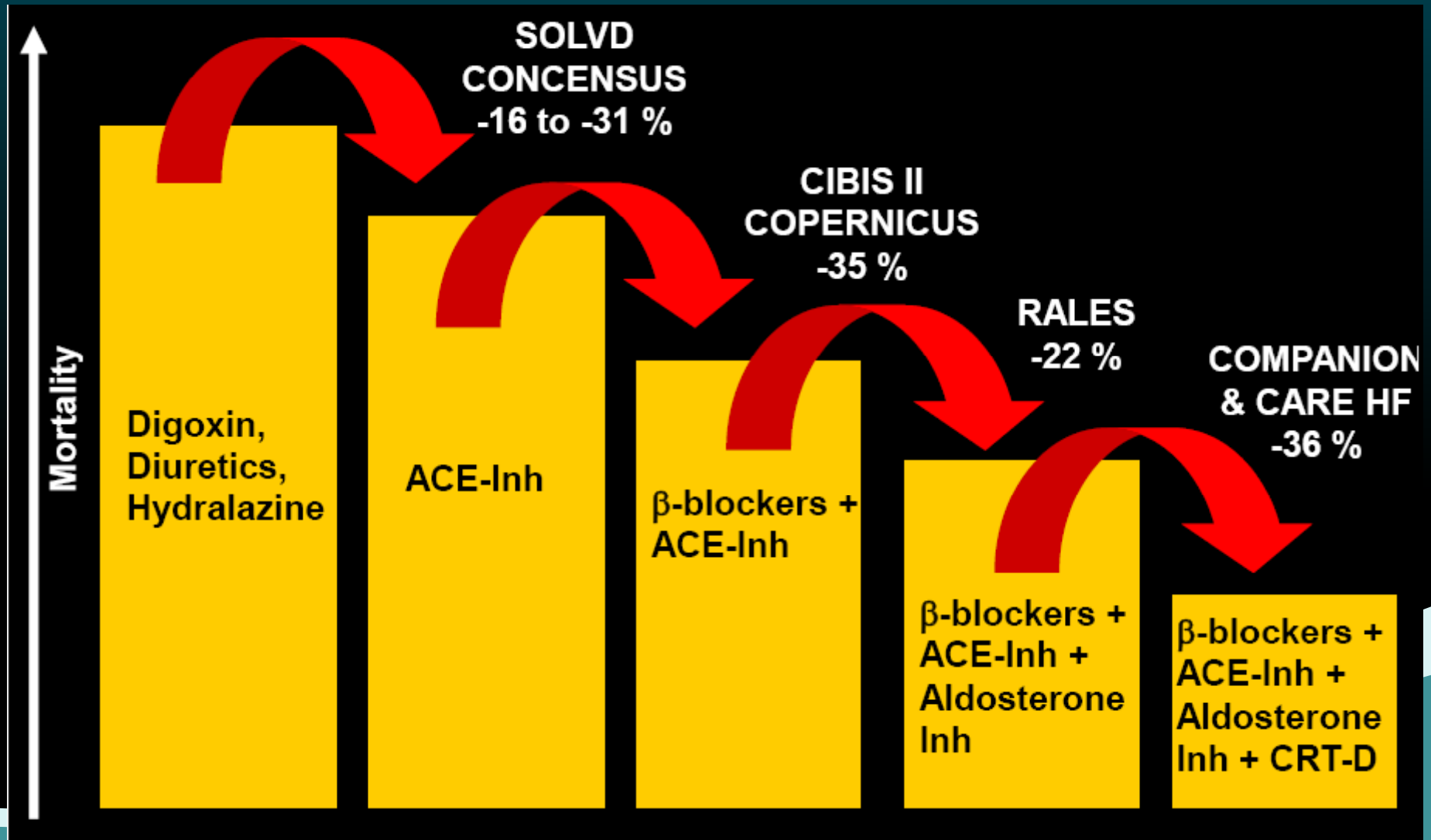
Prevention of deterioration of myocardial function

- 1) Angiotensin-converting enzyme inhibitor (ACEI)
- 2) Angiotensin receptor (AT1R) antagonist
- 3) Aldosterone antagonist
- 4) β -adrenoreceptor blocker
- 5) Vasodilator in African-American
- 6) HR reduction: SHIFT trial

Treatment Algorithm for Systolic HF

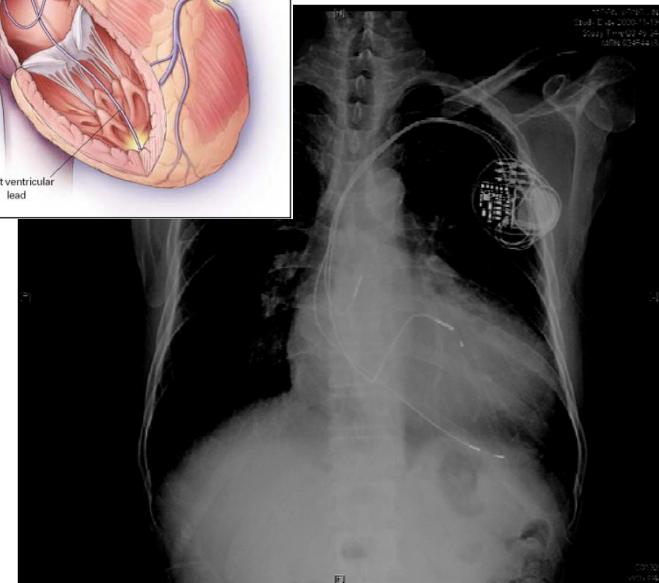
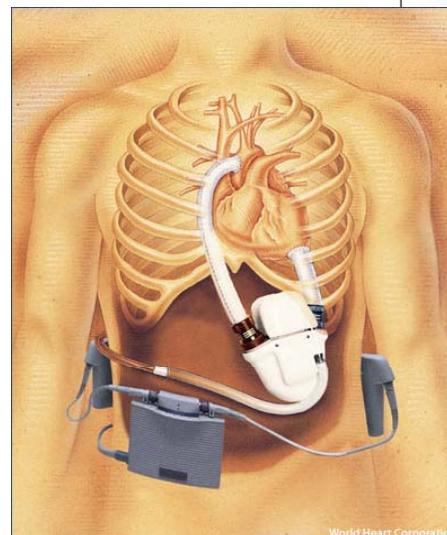
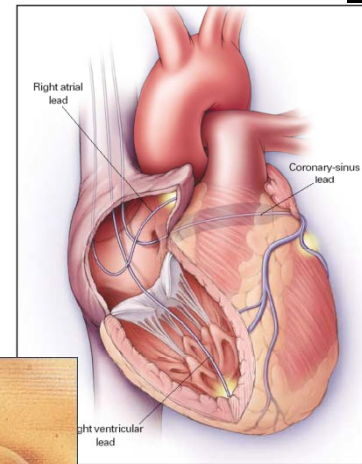
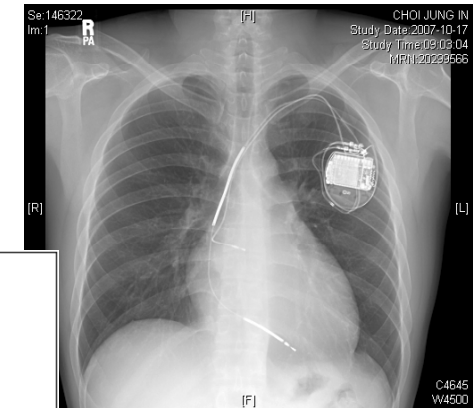


Progression of HF Mx; Add-on Tx



Device Therapy for HF

- Implantable Cardioverter-Defibrillator (ICD)
 - Prevention of SCD
- Cardiac Resynchronization Therapy (CRT)
 - Anti-remodeling therapy
- Ventricular Assist Device (LAD)
 - Reduce mortality
 - Anti-remodeling therapy
- HF monitoring
 - Reduce mortality
 - Reduce morbidity



ICD/CRT Indications: Who has benefit?

	ICD	CRT
Indications	1) primary prevention; EF<35%, NYHA FC II-III 2) 2 nd prevention; Survivals from Vf or sustained V-tac regardless LVEF	1) QRS ≥120msec with NYHA FC III-IV, EF ≤35% 2) EF ≤30%, NYHA FC I-II, QRS ≥130 msec
Undefined		1) NYHA I-II with Narrow QRS (<120msec) 2) Atrial fibrillation
Uncertainty	1) LVAD survival at 2 year after implantation 2) STICH trial : CABG with ventricular reconstruction-no benefit 3) CRT-D: no benefit in non-LBBB (MADIT-CRT)	

심부전의 단계적 치료 원칙

ACC/AHA Guideline of HF 2009

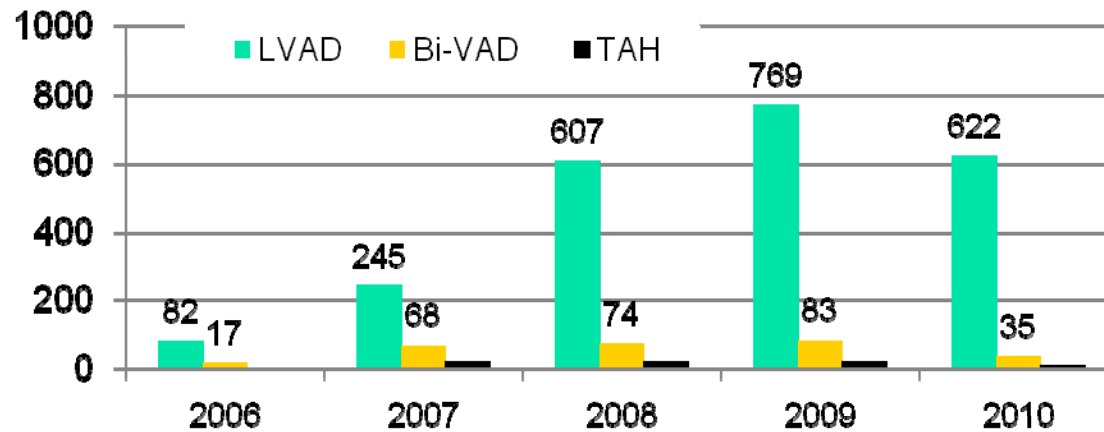
Stage A	Stage B	Stage C	Stage D
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Advance Heart Failure

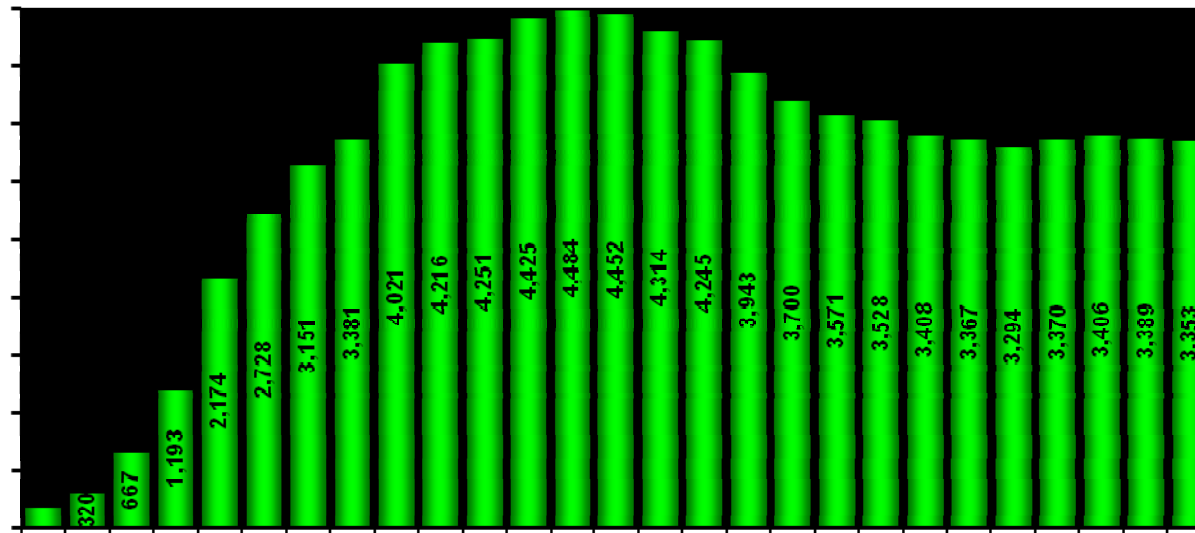
INTERMACS level	Status	Time Frame
1	Critical cardiogenic shock	Hours
2	Progressive decline	Days to week
3	Stable but inotrope dependent	Weeks
4	Recurrent advanced HF	Weeks to few months if baseline restored
5	Exertion intolerant	Weeks to months
6	Exertion limited	Months, if nutrition and activity maintained
7	Advanced NYHA class III	

MCS as destination therapy



3rd annual report of INTERMACS
J Heart Lung Transpl
2011;30:115-23

Number of Transplants

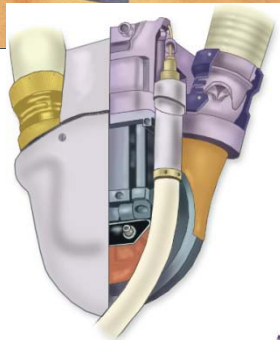
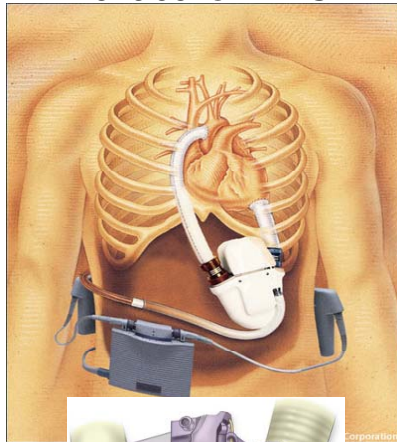


J Heart Lung Transpl
2010 ; 29: 1083-1141

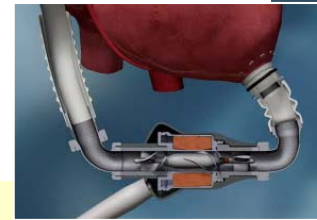
Ventricular Assist Device



Novacor® LVAS



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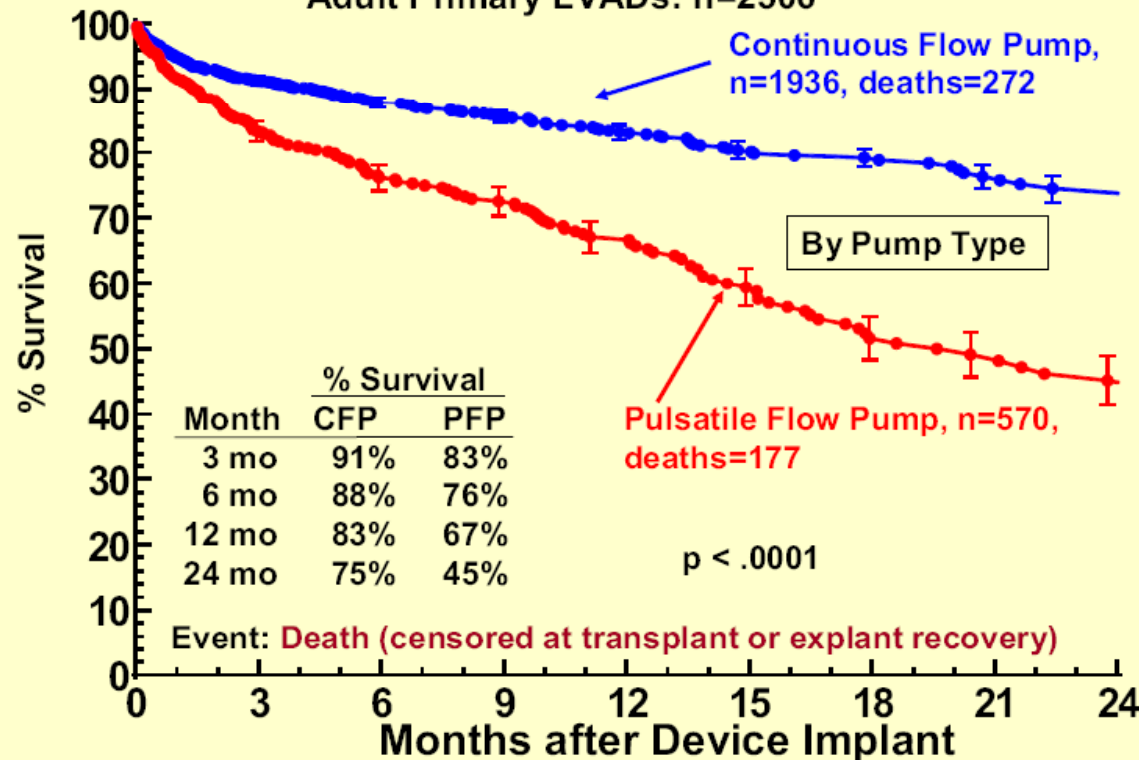


Thoratec Heartmate II

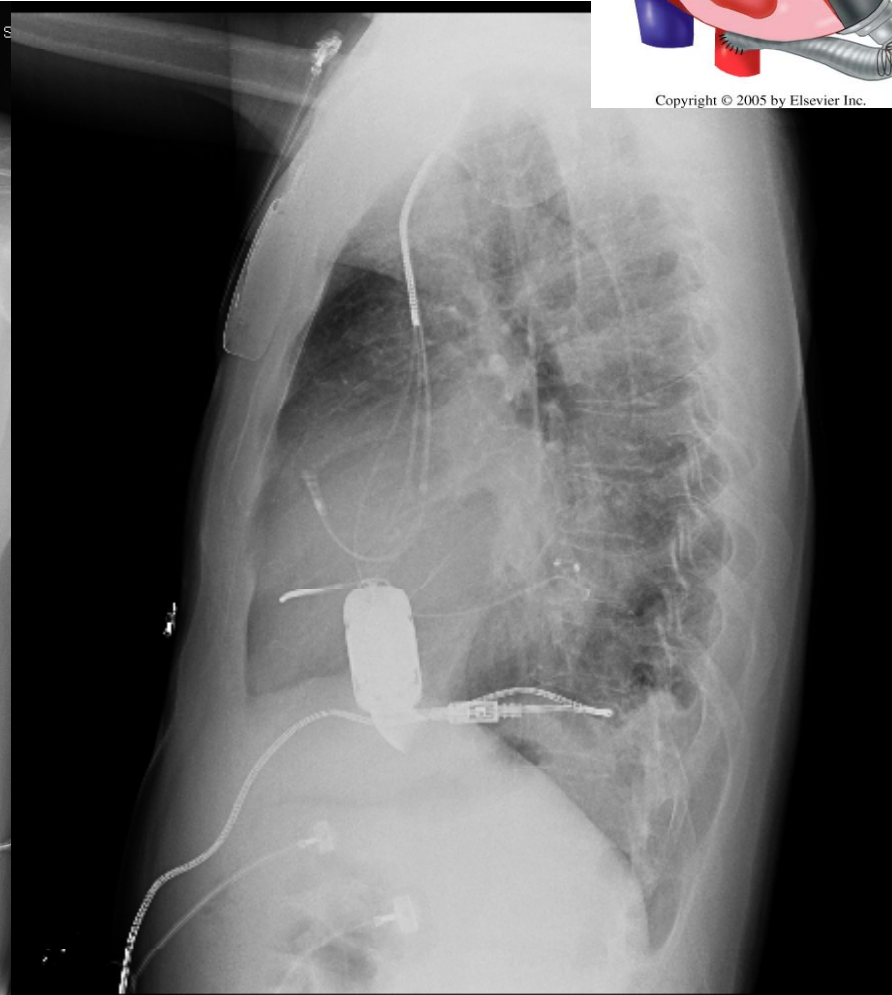
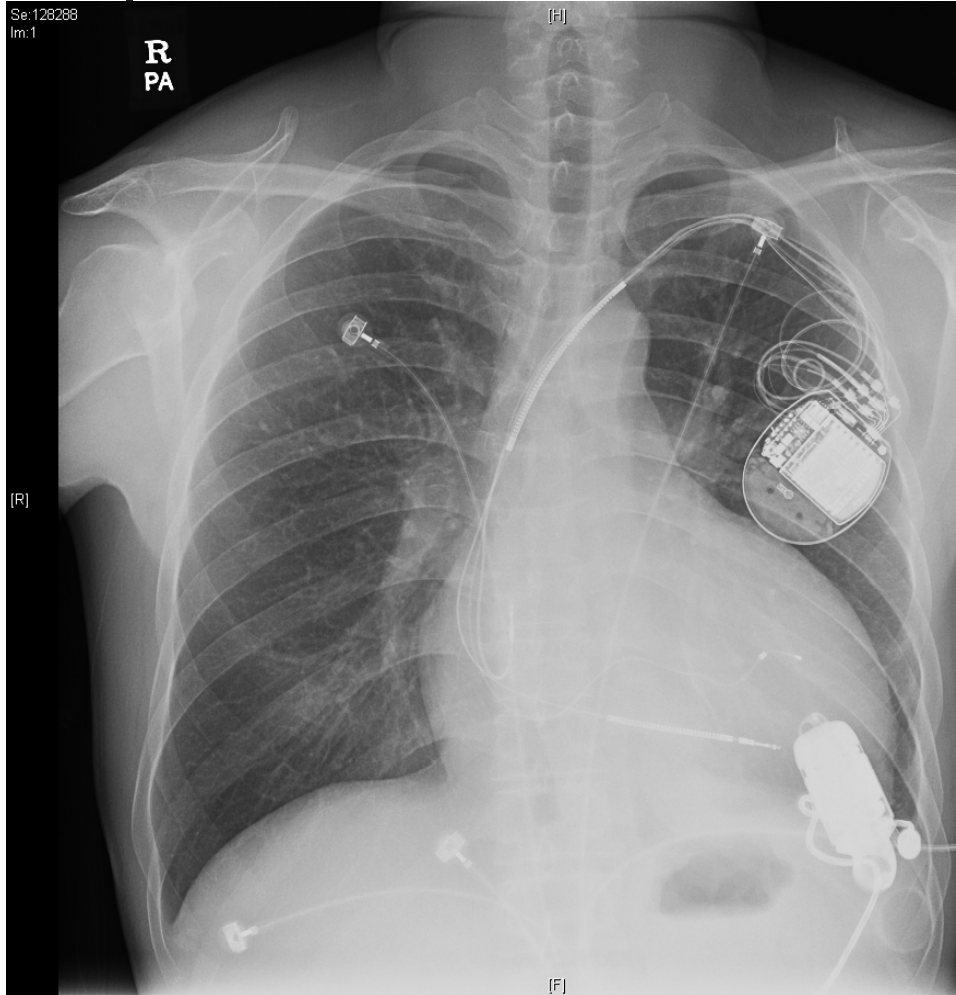
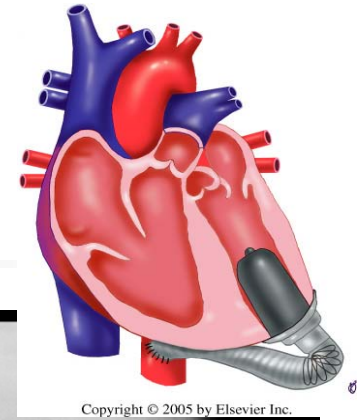
Overall Survival

intermacs: June 2006 – September 2010

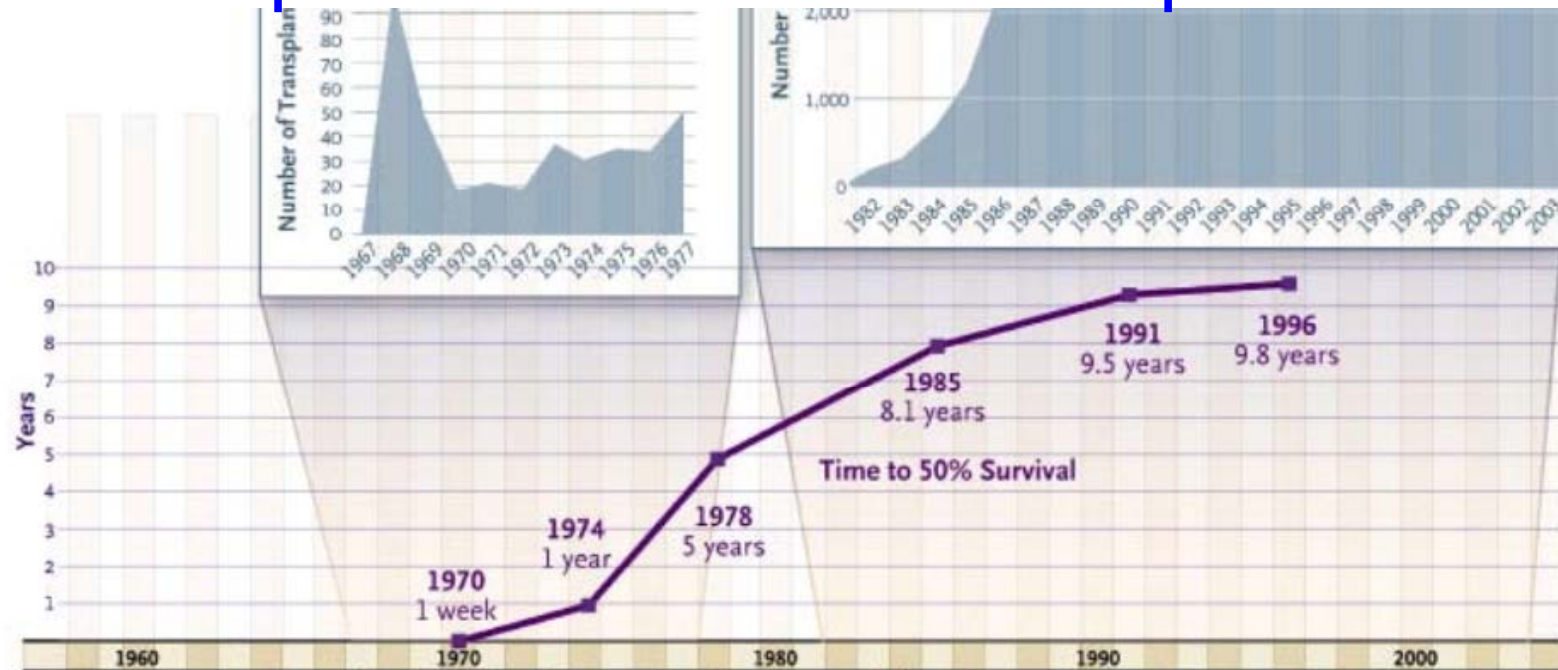
Adult Primary LVADs: n=2506



Jarvik 2000 axial flow pump



Development of Cardiac Transplantation



1967
South African surgeon Christiaan Barnard performs the first human-to-human heart transplant using the surgical technique outlined by Norman Shumway's research group in 1960. The patient dies of pneumonia 18 days later.

1973
Philip Caves develops the technique of transvenous endomyocardial biopsy. Margaret Billingham develops a system for reading the specimens in order to diagnose cardiac rejection.

1984
First successful use of a mechanical ventricular assist device.

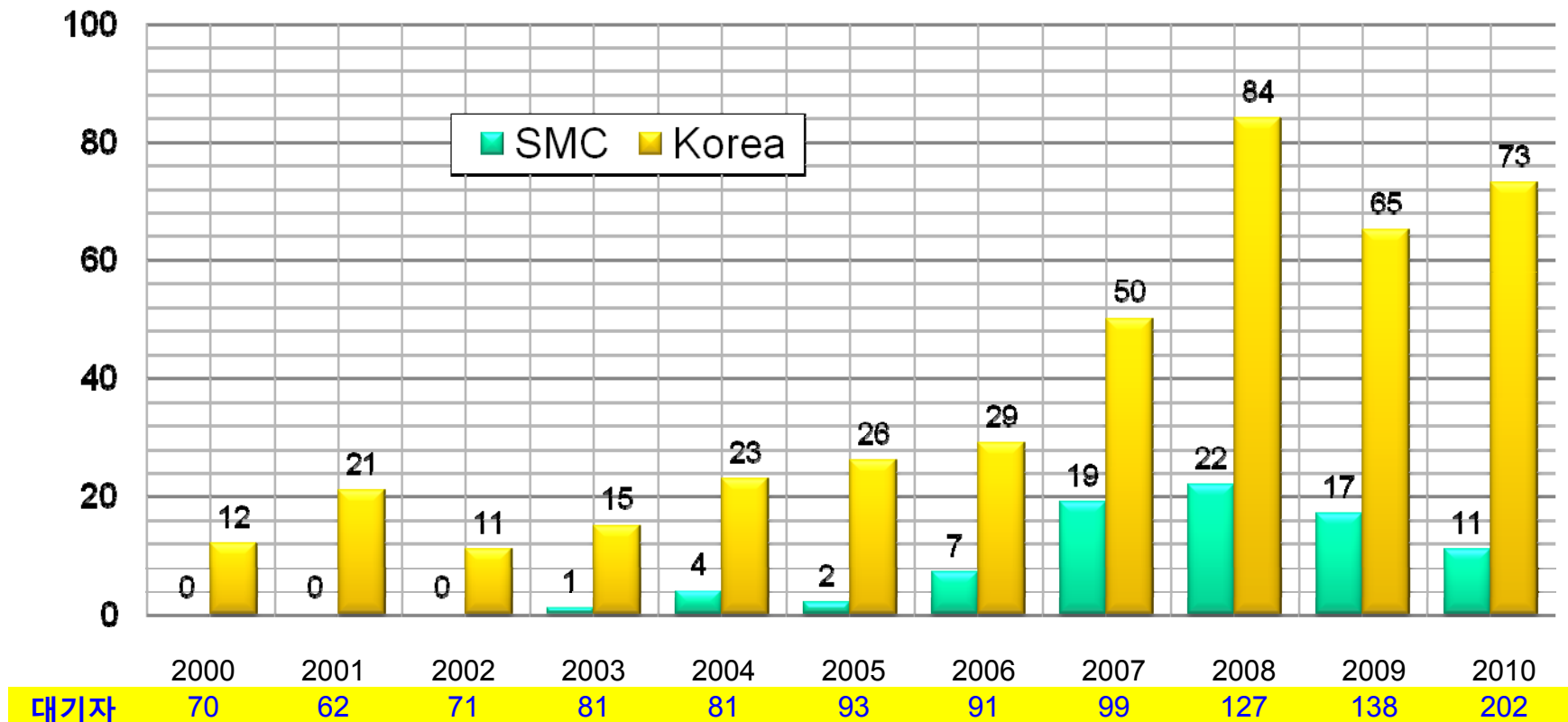
1983
Cyclosporine is approved by the FDA.

1978
Cyclosporine is first tested in humans.

1969
Denton Cooley uses a total artificial heart as a bridge to transplantation, which occurs three days later.



국내 심장 이식 현황

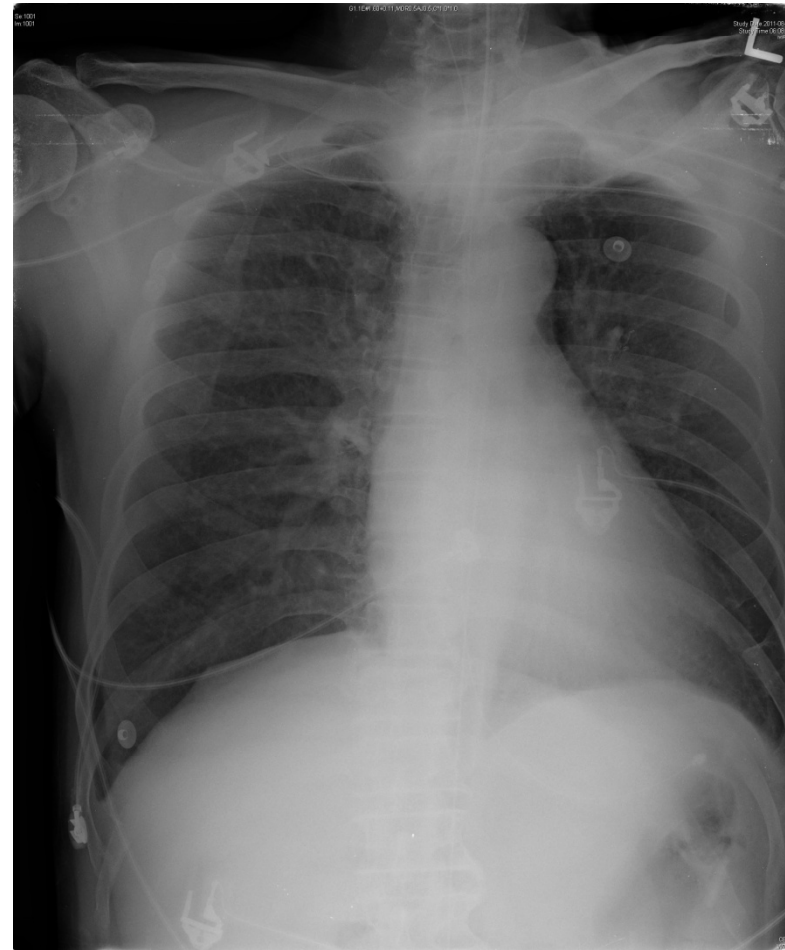
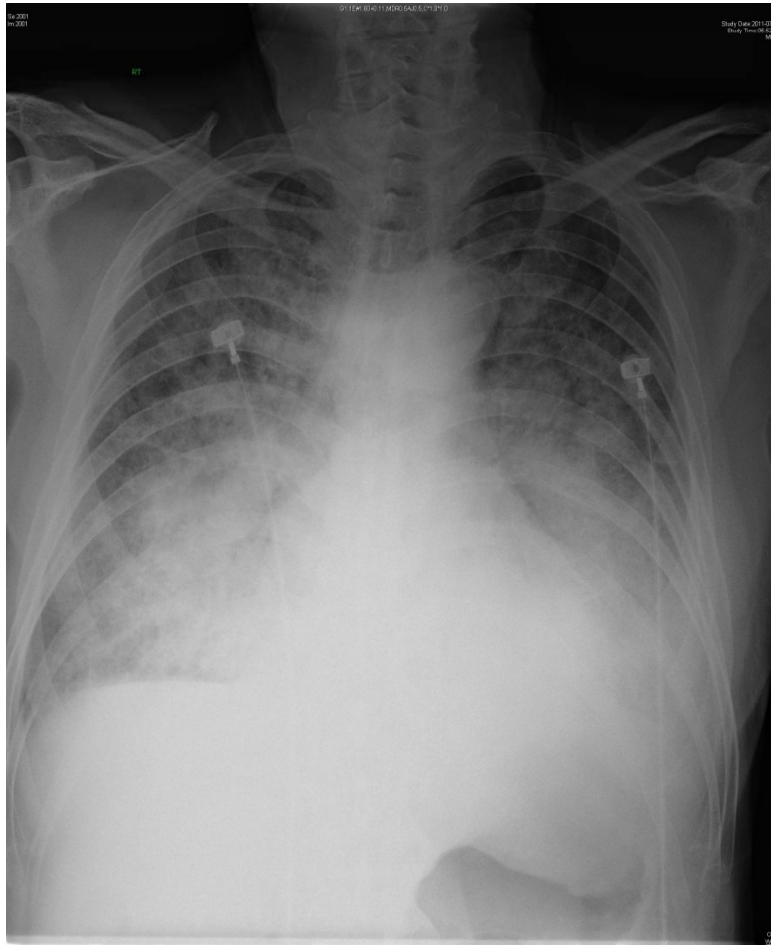




Thanks for
your attention



Case Summary (Hosp # 27392961)

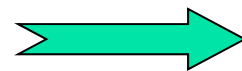




Controversies in AHF Tx

Need for objective, quantitative, reliable and reproducible measure of clinical outcome improvement.

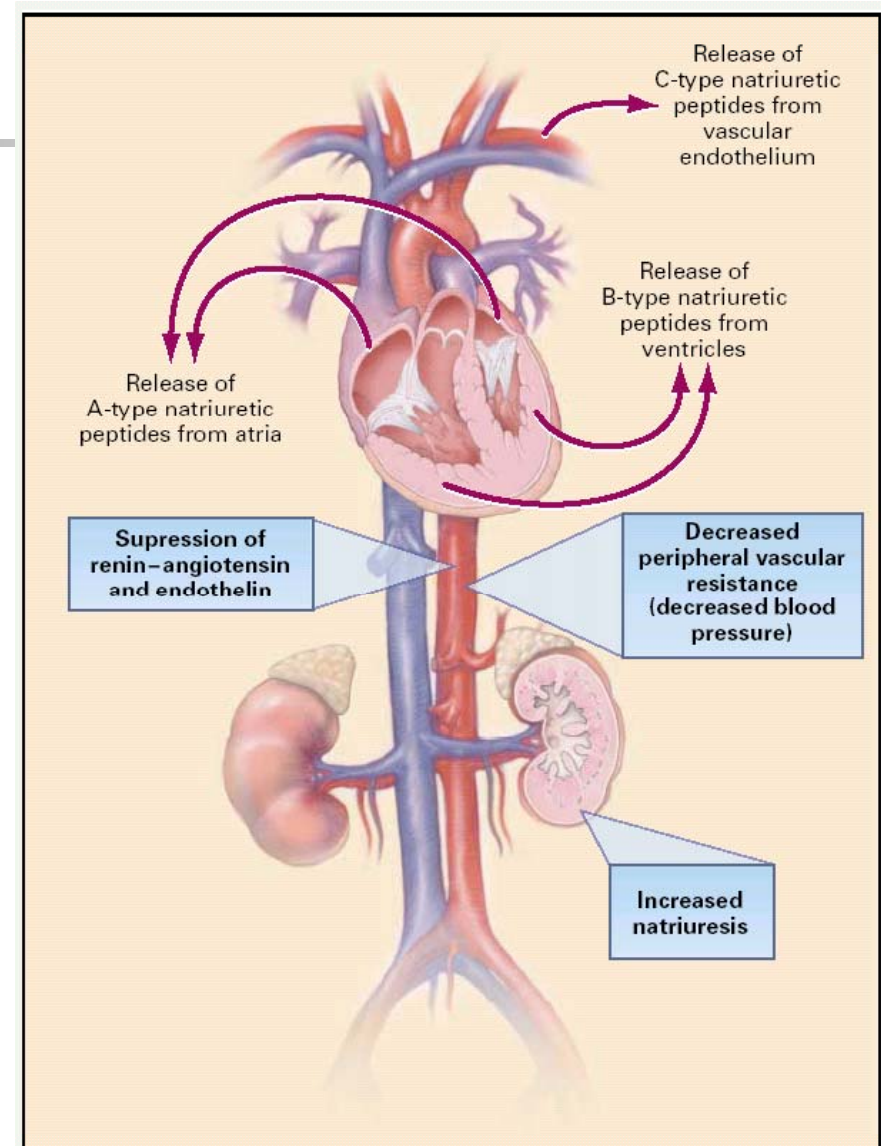
- Mortality in hospital / 30 / 60 days
- Symptoms / QOL / Dyspnea scores
- Hospitalization indexes



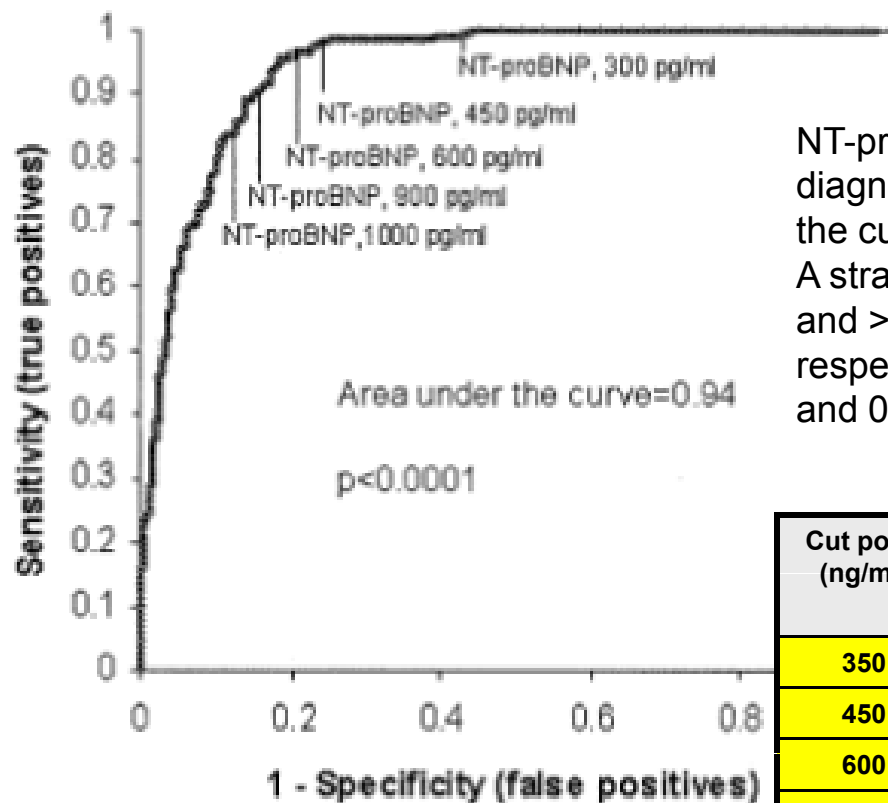
NO AGREEMENT

Physiologic Effect

- Natriuresis
- Vasodilatation
- Inhibition of RAA axis
- Inhibition of sympathetic nerve activity



The N-Terminal Pro-BNP Investigation of Dyspnea in the Emergency Department (PRIDE) Study



NT-proBNP was highly sensitive and specific for the diagnosis of acute CHF, with a highly significant area under the curve.

A strategy of partitioning patients in age categories of <50 and >50 years (with cut-points of 450 and 900 pg/ml, respectively) was optimal, with areas under the curve of 0.98 and 0.93, respectively (p < 0.0001 for the 2 categories).

Cut point (ng/ml)	Sensitivity (%)	Specificity (%)	Positive predictive value(%)	Negative predictive value(%)	Accuracy (%)
350	99	68	62	99	79
450	98	76	68	99	83
600	96	81	73	97	86
900	90	85	76	94	87
1000	87	86	78	91	87



Clinical Data of Omecamtiv mecarbil

- **A phase IIa double-blind**, randomized, placebo-controlled Study evaluated the safety and tolerability of CK-1827452
 - intravenous infusion in 28 patients
 - with LVEF <40% + ACEI or ARB + BB ± diuretics
- CK-1827452 significantly increased systolic ejection time and fractional shortening at plasma concentrations greater than 100 ng/mL,
- Increased stroke volume at concentrations greater than 200 ng/mL
- cardiac output at greater than 300 ng/mL.
- At plasma levels greater than 400 ng/mL, **increases in stroke volume and cardiac output appeared to plateau** in association with a concentration-dependent decline in heart rate.
- Statistically significant correlation concentration dependence was observed **for increases in systolic ejection time, stroke volume, fractional shortening and ejection fraction and for decreases in heart rate and LV end systolic volume.**