

# Stem cell treatment

*Stem cell therapy for AMI will emerge  
as the standard care?*

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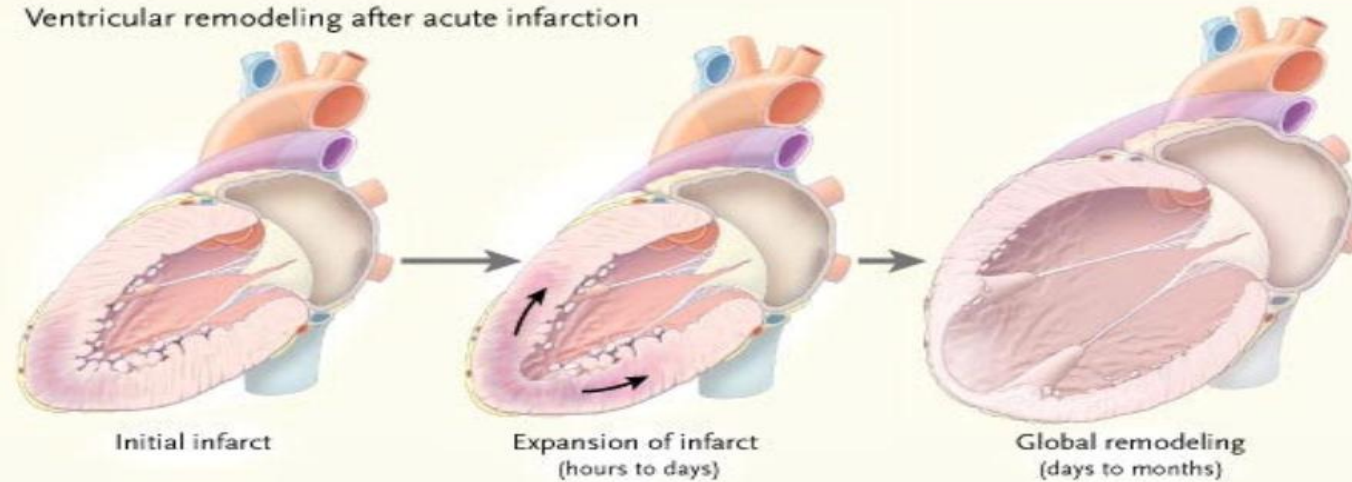
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Yonsei University College of Medicine**

# Key questions?

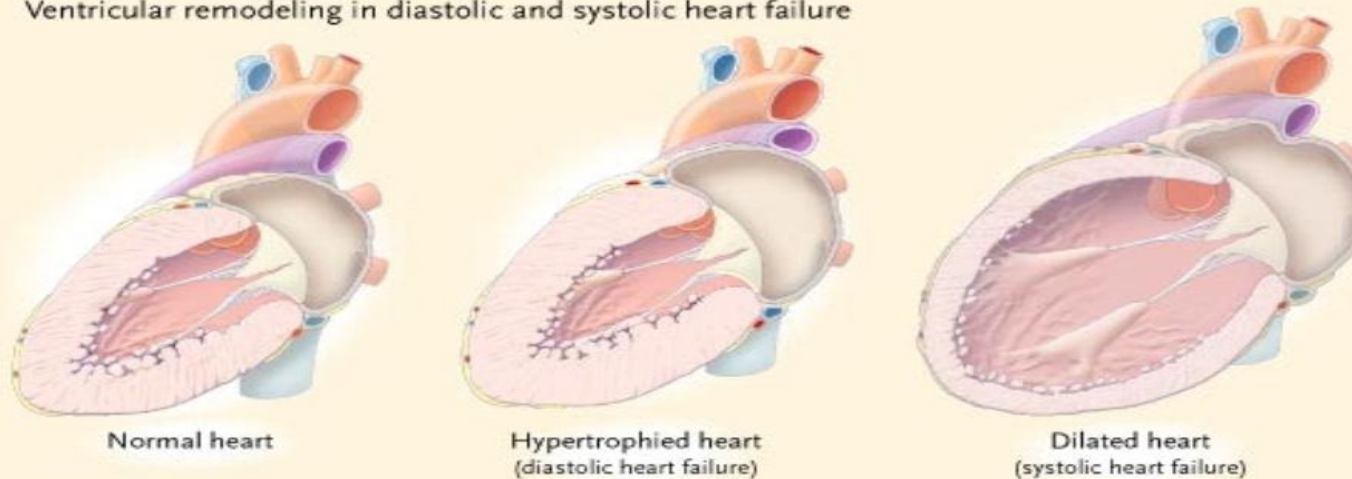
- Does BMC therapy work in the patient population at risk post-AMI ?
- Do potential beneficial effects persist over time ?
- Do beneficial effects translate into improved clinical outcome ?

# Left Ventricular Remodelling

## A Ventricular remodeling after acute infarction



## B Ventricular remodeling in diastolic and systolic heart failure



*Jessup M, et al. N Engl J Med 2003; 348:2007-2018, 2003.*

# Does BMC therapy work in the patient population at risk post-AMI ?

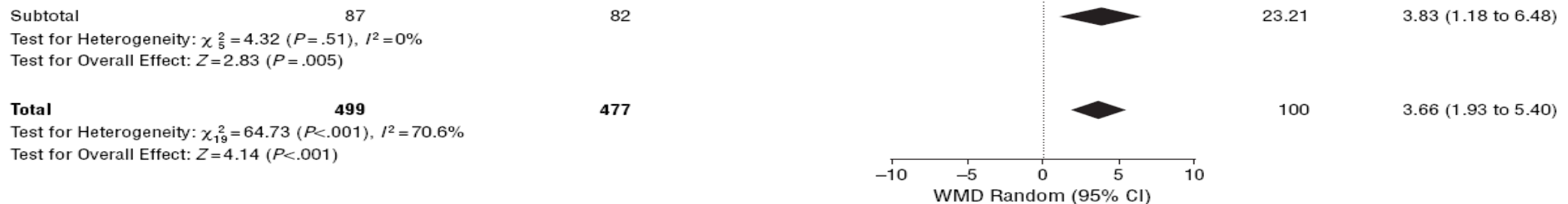
# Meta-analysis of randomized and cohort studies of progenitor cell therapy in ischemic heart disease

Study or Subcategory	N	Treatment, Mean (SD), %	N	Control Mean (SD), %	Favors Control	Favors BMC Treatment	Weight, %	WMD (Random), % (95% CI)
<b>RCTs</b>								
Assmus et al, <sup>14</sup> 2006 (BMCs)	28	2.90 (3.60)	18	-1.20 (3.00)			8.09	4.10 (2.18 to 6.02)
Assmus et al, <sup>14</sup> 2006 (CPCs)	26	-0.40 (2.20)	18	-1.20 (3.00)			8.33	0.80 (-0.82 to 2.42)
Chen et al, <sup>16</sup> 2004	34	18.00 (6.71)	35	6.00 (7.91)			6.62	12.00 (8.54 to 15.46)
Erbs et al, <sup>17</sup> 2005	11	7.20 (11.47)	11	0.00 (8.97)			2.80	7.20 (-1.40 to 15.80)
Ge et al, <sup>18</sup> 2006	10	4.80 (9.56)	10	-1.90 (5.85)			3.68	6.70 (-0.25 to 13.65)
Hendrikx et al, <sup>19</sup> 2006	10	6.10 (8.60)	10	3.60 (9.10)			3.21	2.50 (-5.26 to 10.26)
Janssens et al, <sup>20</sup> 2006	33	3.40 (6.90)	34	2.20 (7.30)			6.68	1.20 (-2.20 to 4.60)
Kang et al, <sup>21</sup> 2006 (AMI)	25	5.10 (9.32)	25	-0.10 (12.43)			4.26	5.20 (-0.89 to 11.29)
Kang et al, <sup>21</sup> 2006 (OMI)	16	0.00 (12.80)	16	0.20 (10.61)			3.01	-0.20 (-8.35 to 7.95)
Lunde et al, <sup>23</sup> 2006	50	1.20 (7.50)	50	4.30 (7.10)			7.21	-3.10 (-5.96 to -0.24)
Meyer et al, <sup>24</sup> 2006	30	5.90 (8.90)	30	3.10 (9.60)			5.43	2.80 (-1.88 to 7.48)
Ruan et al, <sup>27</sup> 2005	9	5.96 (11.10)	11	-3.21 (7.18)			2.89	9.17 (0.77 to 17.57)
Schächinger et al, <sup>28</sup> 2006	95	5.50 (7.30)	92	3.00 (6.50)			8.04	2.50 (0.52 to 4.48)

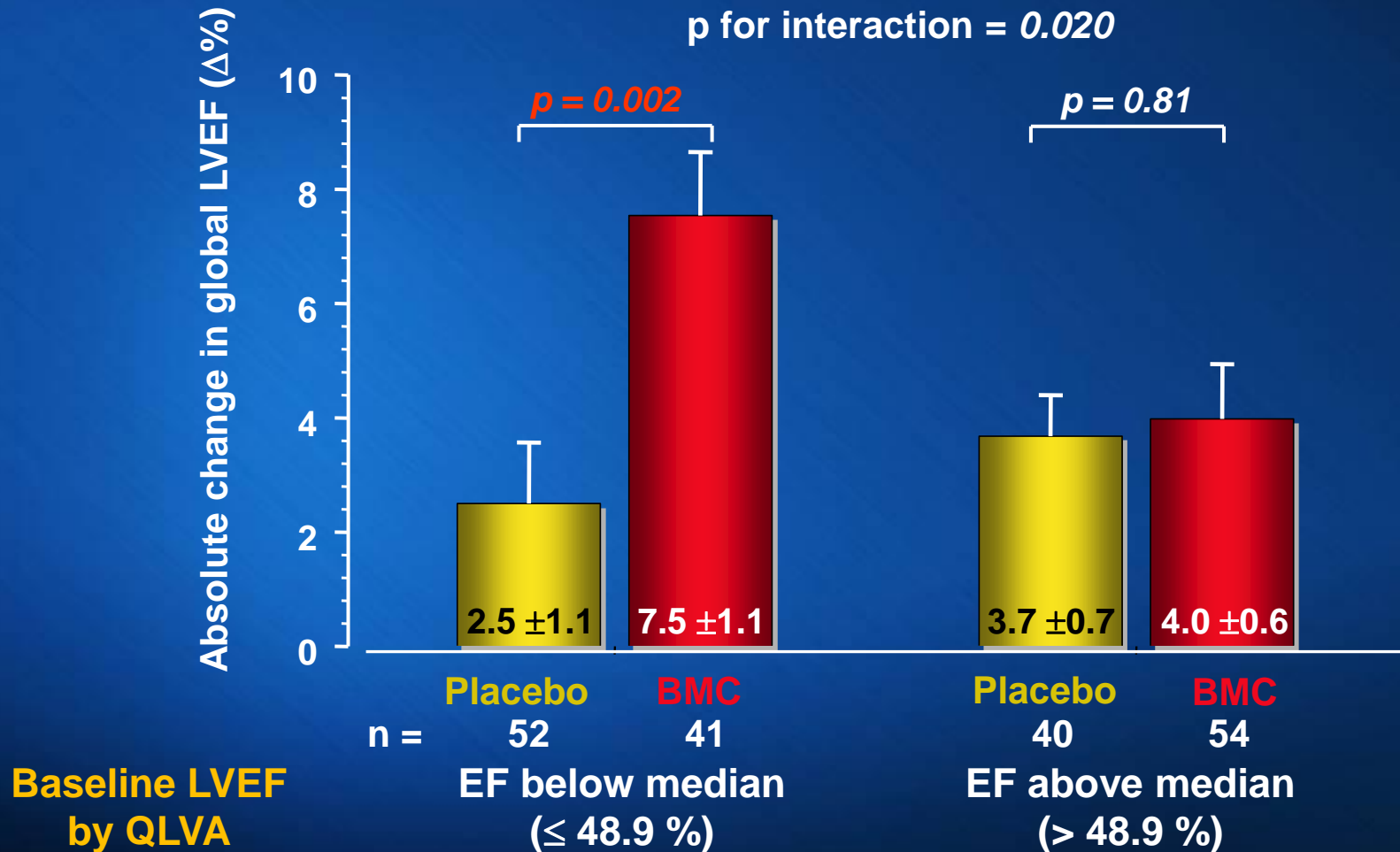
**N = 976**

**overall treatment effect: + 3.7 percentage points increase in EF**

**p < 0.001**



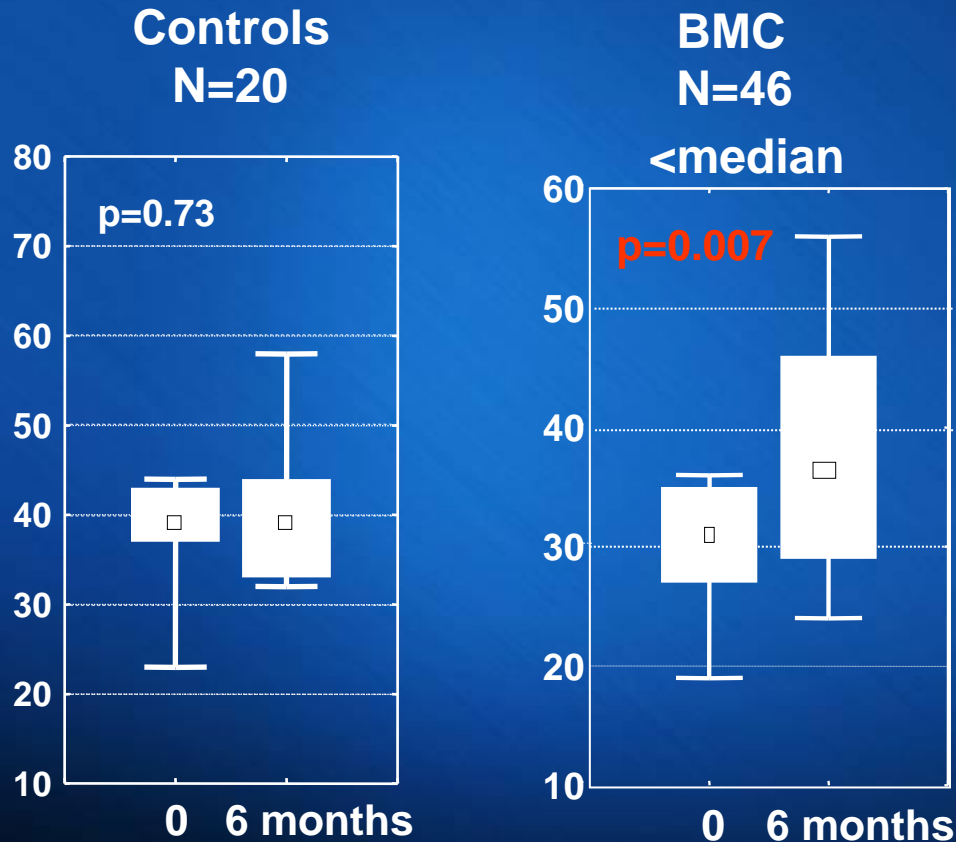
# Enhanced contractile recovery by BMC is confined to patients with failed initial recovery



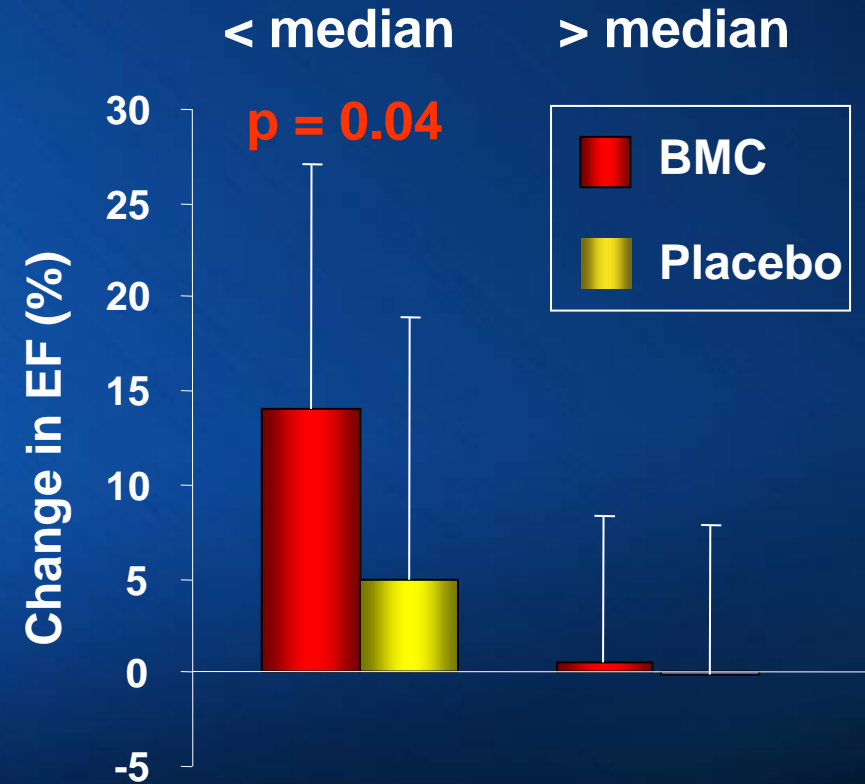
Schächinger et al. N Engl J Med 2006

# Enhanced contractile recovery by BMC in patients with failed initial recovery – results of recent controlled trials

## REGENT trial



## FINNCELL trial



Courtesy of M Tendera, European Heart Journal, 2009

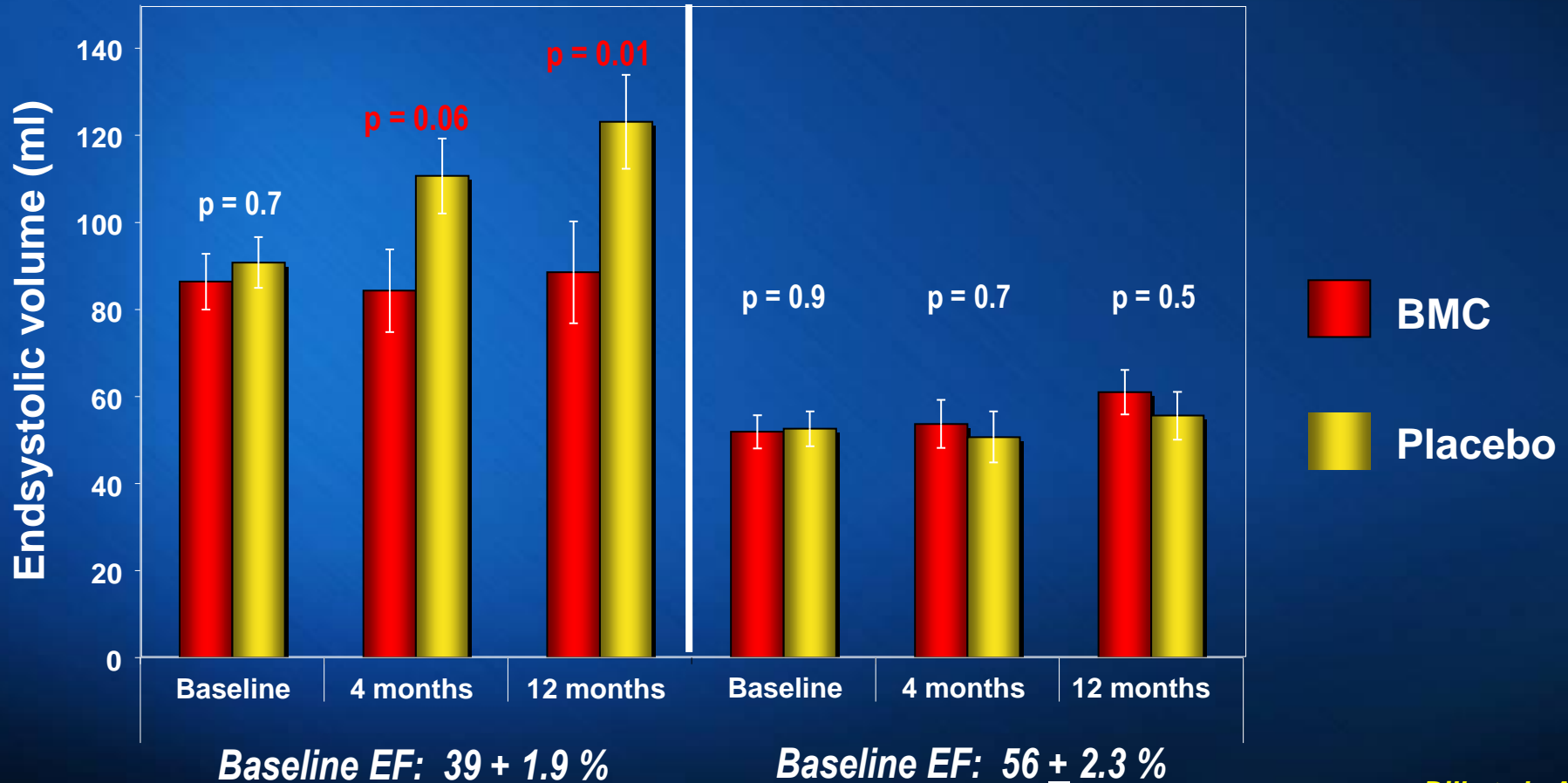
Courtesy of H. Huikuri, European Heart Journal, 2008

# Adverse remodeling is confined to patients with failed initial recovery of EF and abrogated by BMC therapy

EF < median

EF > median

Change of endsystolic volumes over time (MRI)



Dill et al., AHJ 2009



# Isolated CABG Combined with Bone Marrow Mononuclear Cells Delivered Through a Graft Vessel for Pts with Previous MI and Chronic Heart Failure

Single-center, placebo-controlled, randomized trial.

6-Month Follow-up	Stem Cell Group (n = 31)	Placebo Group (n = 29)	P Value
Change in LVEF	10.62%	5.69%	0.029
6-Min Walking Test, m	500	470	0.009

There were no deaths or MIs in either group during follow-up, and no arrhythmias occurred in the postoperative period.

**Conclusion:** Patients with a previous MI and chronic heart failure could potentially benefit from isolated CABG combined with bone marrow stem cells delivered through a graft vessel.

Hu S, et al. *J Am Coll Cardiol.* 2011;57:2409-2415.

**Do potential effects persist ?**



CLINICAL RESEARCH  
Coronary heart disease

# Long-term myocardial functional improvement after autologous bone marrow mononuclear cells transplantation in patients with ST-segment elevation myocardial infarction: 4 years follow-up<sup>†</sup>

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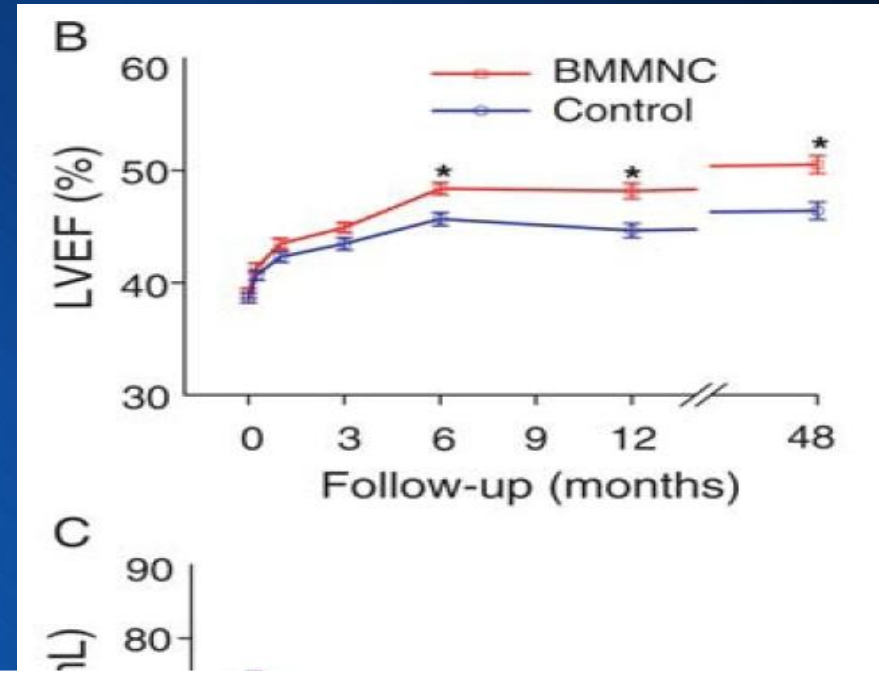
Received 2 November 2008; revised 15 April 2009; accepted 4 May 2009; online publication ahead of print 9 June 2009

**Aims**

To evaluate the safety profile and efficacy of bone marrow mononuclear cells (BMMNC) transplantation for ST-segment elevation myocardial infarction (STEMI) by assessing patients and their left ventricular function at up to 4 years follow-up.

**Methods and results**

Eighty-six patients with STEMI who had successfully undergone percutaneous coronary intervention (PCI) were randomized to receive intracoronary injection of BMMNC (n = 41) or saline (n = 45). Left ventricular ejection fraction, as evaluated by UCG, was markedly improved at 6 months (0.484 ± 0.5 vs. 0.457 ± 0.6, P = 0.001), 1 year (0.482 ± 0.7 vs. 0.446 ± 0.6, P < 0.001), and 4 years (0.505 ± 0.6 vs. 0.468 ± 0.6, P = 0.001).



## Conclusion:

- Intracoronary delivery of autologous BMMNC is safe and feasible for STEMI patients who have undergone PCI
- It can lead to long-term improvement in myocardial function.

<sup>†</sup>This work was performed in Xijing Hospital, Fourth Military Medical University, Xi'an, Shaanxi, 710032, China. Published on behalf of the European Society of Cardiology. All rights reserved. © The Author 2009. For permissions please email: journals.permissions@oxfordjournals.org. The online version of this article has been published under an open access model. Users are entitled to use, reproduce, disseminate, or display the open access version of this article for non-commercial purposes provided that the original authorship is properly and fully attributed to the journal, Learned Society and Oxford University Press are attributed as the original place of publication with correct citation details given; if an article is subsequently reproduced or disseminated not in its entirety but only in part or as a derivative work this must be clearly indicated. For commercial re-use, please contact journals.permissions@oxfordjournals.org



## The acute and long-term effects of intracoronary Stem cell Transplantation in 191 patients with chronic heart failure: the STAR-heart study

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See page 642 for the editorial comment on this article (doi:10.1093/euhj/ehq105)

### Aims

Despite accumulated evidence that intracoronary bone marrow cell (BMC) therapy may be beneficial in acute myocardial infarction, there are only limited data available on the effectiveness of BMCs in chronic heart failure. The aim of this study was to quantitatively investigate ventricular haemodynamics, geometry, and contractility as well as the long-term clinical outcome of BMC treated patients with reduced left ventricular ejection fraction (LVEF) due to chronic ischaemic cardiomyopathy.

### Methods and results

Patients with chronic heart failure ( $n = 391$  LVEF  $\leq 35\%$ ) due to ischaemic cardiomyopathy were enrolled in the present study. Of these, 191 patients (mean NYHA class 3.22) underwent intracoronary BMC therapy. The control group (mean NYHA class 3.06) consisted of 200 patients with comparable LVEF. Assessments of haemodynamics at rest and exercise, quantitative ventriculography, spirometry, 24 h Holter ECG, late activation of the sympathetic nervous system, and heart rate variability were analysed. Over 3 months in the control group, there was a significant decrease in LVEF, NYHA class, and heart rate variability. In the BMC group, there was a significant increase in LVEF, NYHA class, and heart rate variability. There were no side effects observed.

## STAR-heart Study:

391 patients with chronic HF (EF  $\leq 35\%$ ) due to ischemic cardiomyopathy.

Stem cell group: 191 patients  
Control group: 200 patients



## Conclusion:

- Intracoronary BMC therapy improves ventricular performance, QOL and survival in patients with heart failure.
- These effects were present when BMC were administered in addition to standard therapeutic regimes.
- No side effects were observed.

# Do beneficial effects of BMC therapy on adverse remodeling translate into clinical benefit ?

acute  
myocardial infarction

**Left Ventricular  
Remodeling**

**Cardiovascular  
Events**

**Therapies preventing  
adverse remodelling...**

**ACEI , ARB,  $\beta$ -Blocker, Aldosteron-Ant.**

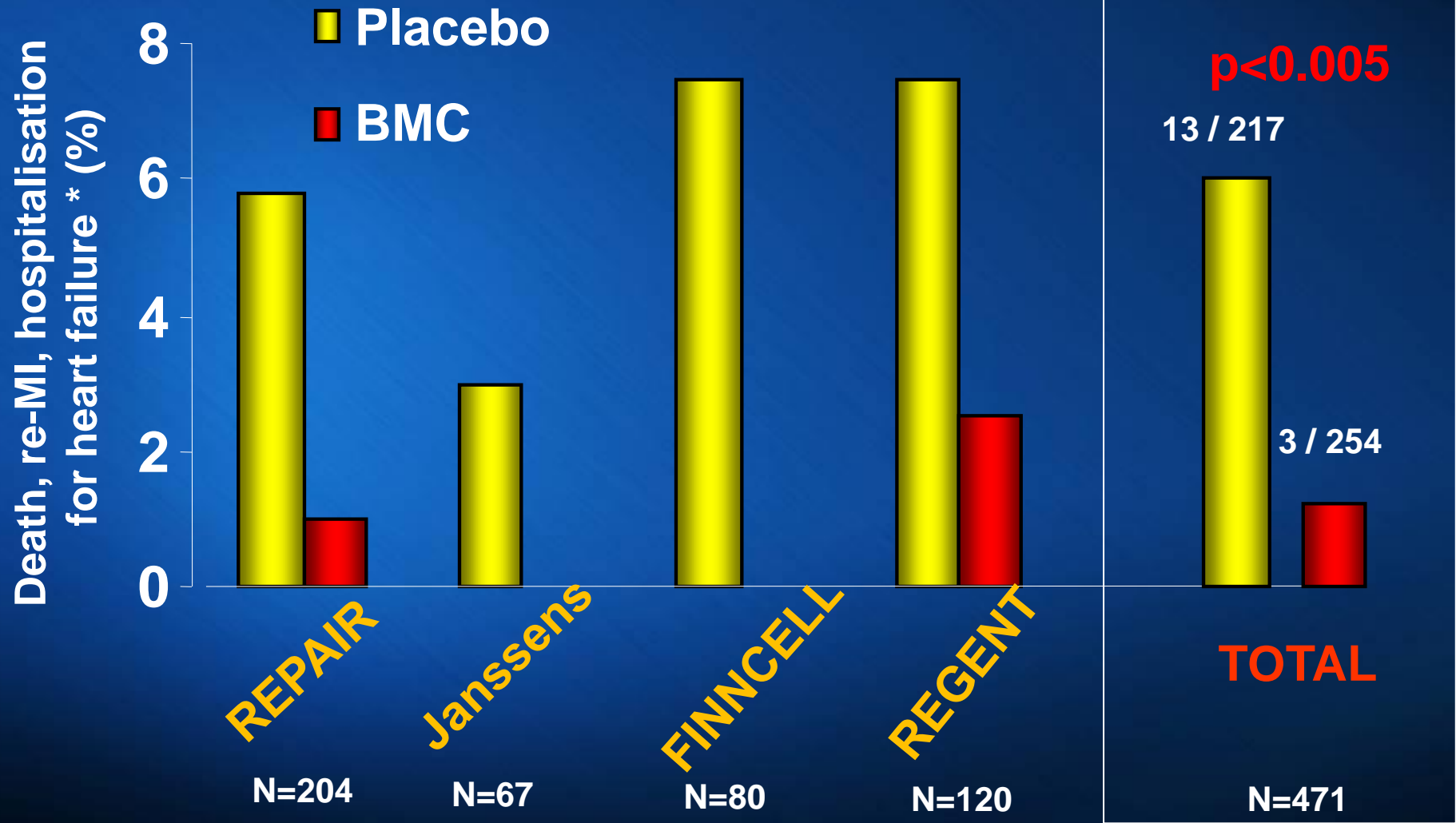


- Ejection fraction ↓
- End-systolic volume ↑

- **Mortality** ↑
- **Ischemic events** ↑
- **Rehospitalization for heart failure** ↑

**... reduce adverse cardiovascular events**

# Death, Re-MI, Heart Failure at 4-6 Months in randomized, (placebo)-controlled BMC trials



# BMC therapy is associated with improved clinical outcome at 2 years



# exposed to risk	Placebo	103	93	90	86	86
	BMC	101	99	98	97	95

*Assmus B, et al. Cir Heart Fail.2010;3:89-96.*

# Intramyocardial, Autologous CD34+ Cell Therapy for Refractory Angina

Multicenter, randomized trial of 167 pts assigned to placebo or low- or high-dose intramyocardial injections.

1-Year Follow-up	Low-Dose	Placebo	P Value
Angina Frequency, episodes per week	6.3 ± 1.2	11.0 ± 1.2	0.035
Exercise Tolerance Test Improvement, seconds	140 ± 171	58 ± 146	0.017

Differences between the high-dose and placebo groups were not significant. Safety endpoints were equivalent between all groups.

**Conclusion:** Patients with refractory angina who received intramyocardial injections of autologous CD34+ cells experienced significant improvements in angina frequency and exercise tolerance.

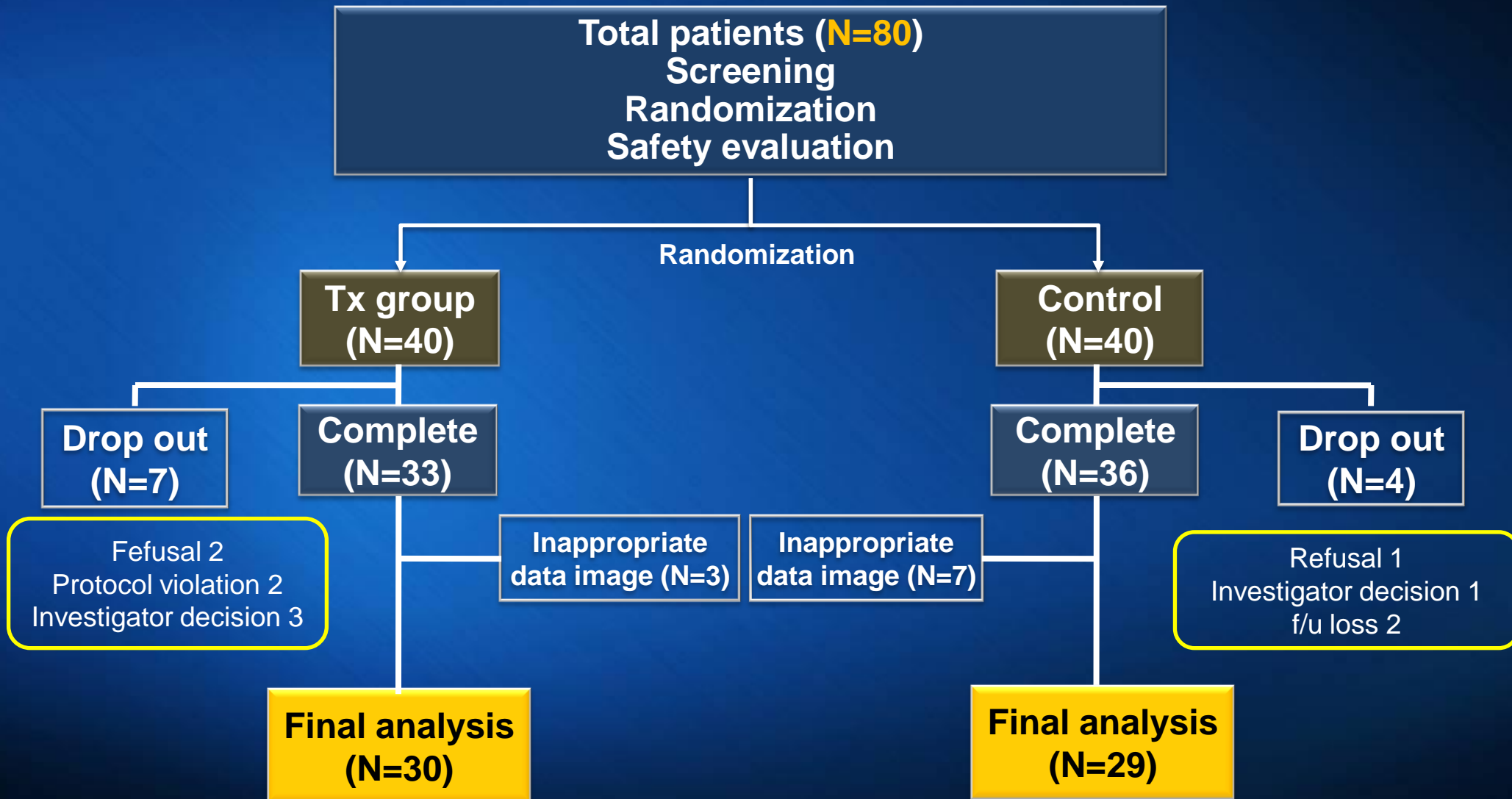
*Losordo DW, et al. Circ Res. 2011;109:428-436.*



# A Randomized, Open labeled, multicenter trial for Safety and Efficacy of intracoronary adult human mesenchymal STEM cells after AMI (ROSE-STEMMI)

- Clinical trials in korea
- Approved by KFDA and IRB submission
- Collaborate with FCB-Phamicell Co., Ltd.
- Randomized, open-labeled, multicenter trials (4 different university hospital )
- First human trial using MSC for AMI in Korea
- Started in March, 2007
- Ended in September, 2010

# Total enrolled status



# Endpoints

## Primary endpoint:

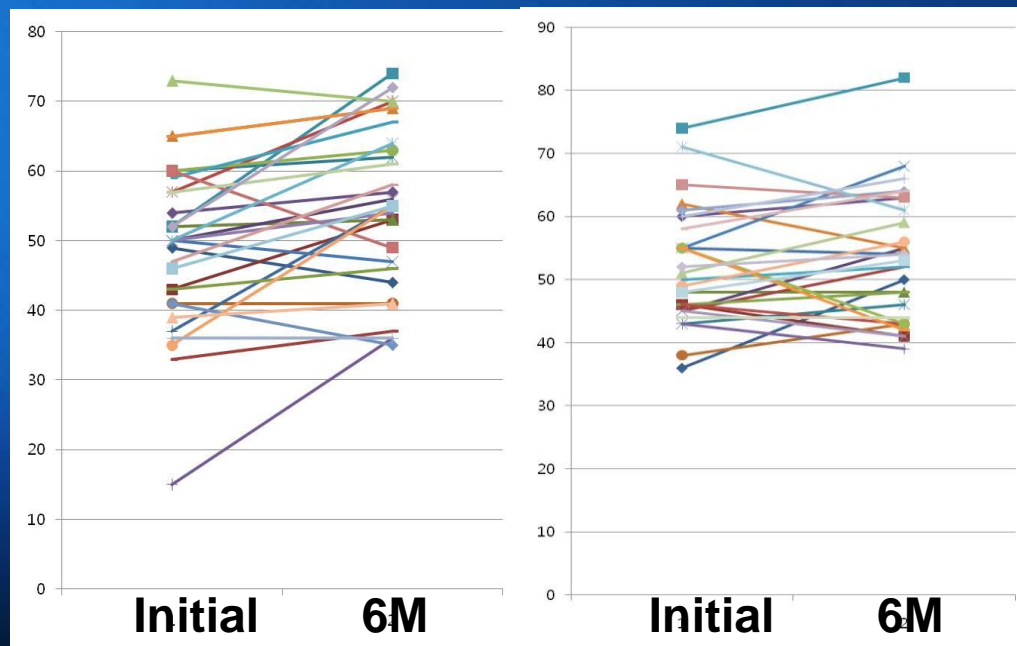
- Assess **safety** profile between therapy and the control group
- Change in global **LVEF** by cardiac SPECT at 6 mo. vs. BL between therapy groups and the control group

## Secondary endpoints:

- Change in global **LVEF** by Echo (3D, Simpson's)
- Change in global **LVEF** by cardiac MRI (sub group)
- **MACE** (death, MI, coronary revascularization, stroke)

# Primary endpoint

	Treatment N=30	Control N=29	P value
<b>EF (SPECT)</b>			
initial	49.0 ± 11.7	52.2 ± 9.1	0.256
6 M	55.0 ± 11.8	53.9 ± 10.0	0.718
<b>EF difference</b>	5.9 ± 8.5	1.8 ± 6.9	0.043



# Secondary endpoint (EF)

	Treatment N=30	Control N=29	P value
<b>EF (SPECT)</b>			
initial	49.0 ± 11.7	52.2 ± 9.1	0.256
6 M	55.0 ± 11.8	53.9 ± 10.0	0.718
<b>EF (Simpson)</b>			
initial	48.1 ± 8.0	51.0 ± 9.0	0.200
6 M	50.0 ± 8.4	50.5 ± 9.2	0.830
<b>EF (MRI)</b>	<b>N=10</b>	<b>N=7</b>	
initial	46.1 ± 15.2	54.9 ± 9.6	0.197
6 M	51.3 ± 13.6	54.6 ± 10.3	0.591
<b>EF difference</b>			
<b>SPECT</b>	5.9 ± 8.5	1.8 ± 6.8	<b>0.043</b>
<b>Simpson</b>	1.9 ± 2.7	-0.5 ± 1.8	<b>&lt;0.001</b>
<b>MRI</b>	5.2 ± 7.6	-0.3 ± 0.9	<b>0.049</b>

# 6 months clinical follow up

<i>Per patient analysis</i>	<b>MSC</b> n = 23	<b>Control</b> n = 20
<b>Death (n)</b>	<b>0</b>	<b>0</b>
- <b>Cardiac (n)</b> (AMI, myocard. rupture, sudden death, heart failure)	<b>0</b>	<b>0</b>
- <b>Cardiovascular (n)</b> (stroke)	<b>0</b>	<b>0</b>
- <b>Non-cardiovascular (n)</b> (cancer, suicide)	<b>0</b>	<b>0</b>
<b>Myocardial reinfarction (n)</b>	<b>0</b>	<b>0</b>
<b>Rehospitalization for heart failure (n)</b>	<b>0</b>	<b>0</b>
<b>Revascularization (n)</b>	<b>0</b>	<b>0</b>
- <b>Target vessel revascularization (n)</b>	<b>0</b>	<b>0</b>
- <b>Stent thrombosis (n)</b>	<b>0</b>	<b>0</b>
- <b>Non-target revascularization (n)</b>	<b>0</b>	<b>0</b>
<b>Ventricular arrhythmia or syncope (n)</b>	<b>0</b>	<b>0</b>
<b>Stroke (n)</b>	<b>0</b>	<b>0</b>
<b>other (n) 0</b>	<b>0</b>	<b>0</b>
<b><u>Combined</u></b>		
<b>Death, MI</b>	<b>0</b>	<b>0</b>
<b>Death, MI, Rehosp. for heart failure (n)</b>	<b>0</b>	<b>0</b>
<b>Death, MI, Revascularization (n)</b>	<b>0</b>	<b>0</b>

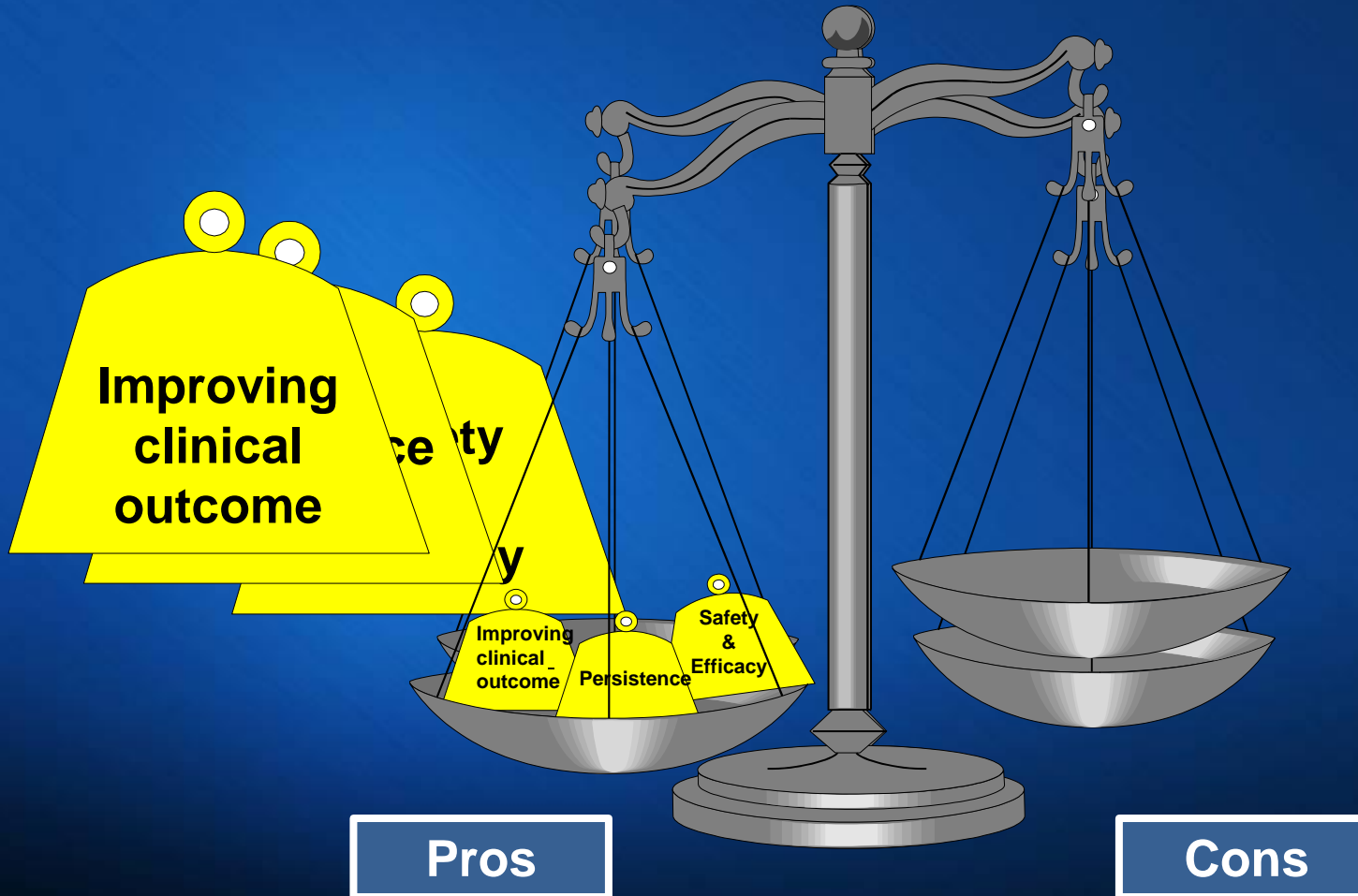
# A Randomized, Open labeled, multicenter trial for Safety and Efficacy of intracoronary adult human mesenchymal STEM cells after AMI (ROSE-STEMMI)

## Conclusion:

1. Intracoronary injection of autologous BM-derived hMSCs is safe and feasible in patients with STEMI.
2. In this trial, autologous BM-derived hMSCs provides temporal efficacy in post-infarction patients.

# Conclusion

Stem cell therapy for AMI can be considered as the standard care





**Thank you for your attention**