# Left Ventricular Assist Device Good to Great!

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October 13, 2007

### Heart Failure in US

- > 5 million patients
- 250,000 death/year
- Significant progress in medical management
- High morbidity and mortality
- Aging population

#### Severe Heart Failure

- Very poor quality of life
- Less than 50% alive at 1 year
- Heart transplant
  - ->80% survival at 1 year
  - Good quality of life
  - 2000 donor hearts/year in US

### Heart Transplant Impact

- High for individual patient
- Epidemiologically trivial
- Stimulus to development of alternative myocardial replacement therapies

### Heart Replacement Therapy

- NIH funded Total Artificial Heart(TAH) project started in 1960's
- Totally implantable electrical pump for permanent support by 70's → not realized
- Jarvik-7, pneumatic

# Jarvik-7 Artificial Heart



# **Blessing or Curse?**



# NIH TAH Project

- Jarvik-7
  - Bleeding
  - Thromboembolism
  - Infection
  - Device failure
- TAH →VAD
  - LVAD sufficient in 80% HF patients

#### Heartmate® XVE LVAS

# Ventricular Assist Device

- Externally vented devices
- Shorter term support
- Bioprosthetic valves
- Textured membrane

# Textured Membrane and Neointima Formation





### The Heartmate-IP/VE

- Bridge therapy to heart transplant
  - Performance reliable
  - Survival benefit
  - QoL acceptable in outpatient setting
- ? Destination therapy?

# REMATCH

Randomized Evaluation of Mechanical Assistance for the Treatment of Congestive Heart Failure

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#### LONG-TERM USE OF A LEFT VENTRICULAR ASSIST DEVICE FOR END-STAGE HEART FAILURE

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Rose, E A et al.; NEJM 2001; 345:20

N Engl J Med, Vol. 345, No. 20 · November 15, 2001

# **Eligibility for REMATCH**

- NYHA Class IV symptoms for ≥90 days on ACEI, digoxin, diuretics
- LVEF  $\leq 25\%$
- $CI \leq 2.2 I/min$
- $PCWP \ge 18 \text{ mm hg}$
- Peak  $VO_2 \le 14$  ml/kg/min or IV inotrope dependent
- Ineligible for cardiac transplantation

# Study Design

- Prospective randomized trial between LVAD v. OMM
- Primary end-point: survival benefit
- Secondary end-points: adverse events, hospitalization, cost, cost-effectiveness
- N=140 patients for 90% power to document hypothesized benefit

# Control: Optimal Medical Management

- Guided and monitored by medical management committee
- Digoxin, diuretics, ACEI unless contraindicated
- Beta-blockers, spironolactone at investigator discretion
- Routinized intravenous inotropic drug weaning efforts

# **Baseline Characteristics**

| <b>Baseline Characteristic</b> | OMM (N=61) | LVAD (N=68) | Р    |
|--------------------------------|------------|-------------|------|
| Age (years)                    | 68±8.2     | 66±9.1      | 0.16 |
| LVEF {%}                       | 17±4.5     | 17±5.2      | 0.92 |
| Cardiac Index {I/min/sq.m}     | 2±0.61     | 1.9±0.99    | 0.36 |
| Serum Creatinine {µmol/liter}  | 1.8±0.66   | 1.7±0.65    | 0.35 |
| IV Inotropes (%)               | 72         | 65          | 0.45 |
| MLHF (Total score)             | 75±17      | 75±18       | 0.63 |



**Figure 2.** Kaplan-Meier Analysis of Survival in the Group That Received Left Ventricular (LV) Assist Devices and the Group That Received Optimal Medical Therapy.

Crosses depict censored patients. Enrollment in the trial was terminated after 92 patients had died; 95 deaths had occurred by the time of the final analysis.

#### N Engl J Med, Vol. 345, No. 20 · November 15, 2001

# Causes of Death

| Cause of Death              | OMM | LVAD | Total |
|-----------------------------|-----|------|-------|
| LV Dysfunction              | 50  | 1    | 51    |
| Sepsis                      | 1   | 17   | 18    |
| LVAD Failure                | 0   | 7    | 7     |
| Other Non-Cardiac Cause     | 0   | 5    | 5     |
| Cerebrovascular Disease     | 0   | 4    | 4     |
| Other Cardiovascular        | 1   | 2    | 3     |
| Pulmonary Embolism          | 0   | 2    | 2     |
| Acute Myocardial Infarction | 1   | 0    | 1     |
| Cardiac Procedure           | 1   | 0    | 1     |
| Perioperative Bleeding      | 0   | 1    | 1     |
| Unknown                     | 0   | 2    | 2     |
| TOTAL                       | 54  | 41   | 95    |

# Infection



#### Separation of a commissure resulting in inflow valve leak



# Posterior Leukoencephalopathy

- Seen in patients with acute uncontrolled severe hypertension
- Diffuse white matter swelling
- Brian death



### Lessons from REMATCH

- Medical therapy is ineffective resulting in exceedingly high mortality
- The HeartMate XVE improves survival and quality of life compared to medical therapy
- Significant improvement needed for DT therapy acceptance

# **REMATCH\***

- 7 LVAD patients
- 2 deaths
- 5 alive, NYHA 1
  - 1 cross over from OMM
- 1 VAD exchange
- >72% actual survival

- 6 OMM patients
- 5 deaths
- 1 alive, NYHA 3-4
  - cross over to VAD
- <17% actual survival</p>

\*Experience at Dr. Park's center

#### Kaplan-Meier survival curve (P = .0077)



Park, S. J. et al.; J Thorac Cardiovasc Surg 2005;129:9-17

#### Kaplan-Meier curves of OMM survival in patients enrolled in 1998-1999 and those enrolled in 2000-2001 (P = .2551)



Park, S. J. et al.; J Thorac Cardiovasc Surg 2005;129:9-17



#### Kaplan-Meier survival curves for patients receiving LVADs enrolled in 1998-1999 and those enrolled in 2000-2001 (P = .00293)



Park, S. J. et al.; J Thorac Cardiovasc Surg 2005;129:9-17



#### New Data since REMATCH 280 patients implanted with HeartMate XVE since FDA approval Destination Therapy in the Post-REMATCH Era Implications for Patient Selection NYHA IV for ≥60 days despite best

medical therapy

EF≤25%: VO<sub>2</sub> мах <12 ml/kg/min

Ineligible for transplantation

Early mortality with VAD therapy Leading Causes of Early Death Some end-stage beart failure patients are served poorly by LVAD implantation

Multiorgan Failure Better patient selection may improve early outcomes Right Heart Failure

### **Risk Factors – Post REMATCH**

TABLE 4. Multivariable Analysis of Risk Factors for 90-Day In-Hospital Mortality After LVAD as DT (n=222)

| Patient Characteristics                   | Odds Ratio (CI)   | Р       | Weighted Risk<br>Score |
|---|-------------------|---------|------------------------|
| Platelet count ≤148×10 <sup>3</sup> /µL   | 7.7 (3.0 to 19.4) | < 0.001 | 7                      |
| Serum albumin ≤3.3 g/dL                   | 5.7 (1.7 to 13.1) | < 0.001 | 5                      |
| International normalization ratio >1.1    | 5.4 (1.4 to 21.8) | 0.01    | 4                      |
| Vasodilator therapy                       | 5.2 (1.9 to 14.0) | 0.008   | 4                      |
| Mean pulmonary artery pressures ≤25 mm Hg | 4.1 (1.5 to 11.2) | 0.009   | 3                      |
| Aspartate aminotransferase >45 U/mL       | 2.6 (1.0 to 6.9)  | 0.002   | 2                      |
| Hematocrit ≤34 %                          | 3.0 (1.1 to 7.6)  | 0.02    | 2                      |
| Blood urea nitrogen >51 U/dL              | 2.9 (1.1 to 8.0)  | 0.03    | 2                      |
| No intravenous inotropes                  | 2.9 (1.1 to 7.7)  | 0.03    | 2                      |

#### Lietz et al. Circulation 2007;116;497-505

### **Mortality Risk Factors**

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#### Lietz et al. Circulation 2007;116;497-505

6. Operative Risk Categories With Corresponding Cumulative Risk Score for 90-Day In-Hospital Mortality After LVAD Itation as DT and Survival to Hospital Discharge and 1-Year Survival Depicted by the Operative Risk Categories\*

|                    |            |     | In-Hospital Mortality Within 90 Days |              |                    | Survival, %     |      |  |
|--------------------|------------|-----|--------------------------------------|--------------|--------------------|-----------------|------|--|
| /e Risk Categories | Risk Score | No. | Observed, n                          | Predicted, n | % Probability (Cl) | To Discharge, % | 90 d |  |
|                    | 0 to 8     | 65  | 2                                    | 1.6          | 2 (1.1 to 5.4)     | 87.5            | 93.7 |  |
| l                  | 9 to 16    | 111 | 12                                   | 13.7         | 12 (8.0 to 18.5)   | 70.5            | 86.5 |  |
|                    | 17 to 19   | 28  | 10                                   | 7.9          | 44 (32.8 to 55.9)  | 26              | 38.9 |  |
| <u>jh</u>          | >19        | 18  | 22                                   | 22.8         | 81 (66.0 to 90.9)  | 13.7            | 17.9 |  |

dysis limited to 208 patients with available measures of pulmonary artery pressure and serum albumin level.

### Patient Selection and Survival



Months after LVAD Implantation

Lietz et al. Circulation 2007;116;497-505

#### Selecting patients for destination VAD therapy

#### **REMATCH and Post-REMATCH**

Patients who will derive greatests benefit from VAD may a less sick population NYHA IV, most of whom on inotropic Outpatients THERECommunity

No benefit in early survival from VAD
## Limitations of Pulsatile Heartmate-XVE

- Bulky device
- Large external driveline
- Limited VAD life span
  - Inflow valve wear/tear
  - Motor failure
- New technology platform LVAD

## HeartMate II with High-Speed Rotor



## Comparison HeartMate XVE & HeartMate II











Cardiac Output = 4.3 Pulse Pressure = 23 Mean BP = 68

Cardiac Output = 4.4 Pulse Pressure = 16 Mean BP = 70

Cardiac Output = 4.5 Pulse Pressure = 12 Mean BP = 74

Cardiac Output = 4.9 Pulse Pressure = 9 Mean BP = 82

Cardiac Output = 5.1 Pulse Pressure = 6 Mean BP = 87

## **Axial LVAD**

- Small in size
- No need for large vent/drive line, totally implantable (reduced device infection)
- Durable ( > 7 years of ongoing support)
- Continuous flow support with reduced pulsatility (well tolerated)

### Improvements

- High in-hospital mortality
  - Learning curve (adopt better practices)
  - Risk factors
  - Better patient selection
- LVAD pumps different technology platform
  - Small (easier to implant, patient friendly)
  - Low risk of infection (lack of large vent/drive line)
  - Durable (motor failure, valve or membrane rupture)

### Better Patient Selection Improved LVAD device



Figure 1. Survival after LVAD implantation as DT in the post-REMATCH era.

## Comparison of estimated 1-y mortality of different heart failure populations



Stevenson, L. W. et al. Circulation 2005





#### Post REMATCH era – potential With betandparter devicen... achievements.....



Lietz et al. Circulation 2007;116;497-505

## Estimated Improved Survival







## AMI in Cardiogenic Shock

- 7-10% of all AMI
- Leading cause of death in hospitalized patients
- 10-30% survival rate at 30 days













## Heart Transplant Survival (ISHLT N =52,195)



#### September 15, 2002

The resiliency of Mary Voigt's heart stunned her doctor. Her case and a few others like it are inspiring new research and new hope.

# Damaged hearts beat the odds

**By Josephine Marcotty** Star Tribune Staff Writer

Mary Voigt needed a new heart. All the medical experts said so.

For months, Voigt, 42, waited for a transplant while an implanted titanium pump did the work of her own heart, which stopped suddenly last September from a viral infection.

The call for a transplant came one night in June. At midnight her family gathered in the waiting room at Fairview-University Medical Center in Minneapolis. Her surgeon, Dr. Soon Park, made the incision in her chest and prepared to hook her up to the heart-lung machine.

He switched off the titanium pump, then watched in surprise: Voigt's own heart started to beat.



Duane Braley/Star Tribune A viral infection damaged Mary Voigt's heart, but the organ repair itself with help from an implanted pump.

For two hours he watched it work. Then he took off his mask and went to tell her family that she didn't need a transplant after all.

**HEART continues on A8** 

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**HEART continues on A8** 

# Can a heart heal itself?

Yes!



## Good to Great!

## Think VAD!





### FlowMaker<sup>™</sup> Controller Only One Adjustment: Speed Setting

| Speed<br>Setting | Pump Speed<br>(rpm) | Flow<br>(L/min) |
|------------------|---------------------|-----------------|
| 1                | 8,000               | 1-2             |
| 2                | 9,000               | 2-4             |
| 3                | 10,000              | 3-5             |
| 4                | 11,000              | 4-6             |
| 5                | 12,000              | 5-7             |

#### 8 HOUR PORTABLE POWER SYSTEM – 2 lbs.







#### JARVIK 2000

Unlike the natural heart, the Jarvik 2000 pump does not "beat." Instead, it uses a spinning rotor to propel blood from the left ventricle into the aorta. But the patient's heart continues to contract and relax, and the volume of blood moved by the spinning rotor rhythmically increases and decreases in synchrony with those contractions.




Pressure–flow relationship for HeartMate II axial flow pump P is measured from inlet and outlet cannulas. (*RPM* = revolutions per minute.)

## Axial flow waveforms



## Typical flow waveform



SUCTION WITH NO NATIVE VENTRICULAR FUNCTION

## Adverse Events

|                             | Rate per patient-year |             |                  |
|-----------------------------|-----------------------|-------------|------------------|
| Event                       | OMM (n=60)            | LVAD (n=67) | Ratio (95% CI)   |
| All                         | 2.75                  | 6.45        | 2.35 (1.86-2.95) |
| Bleeding (Non Neurological) | 0.06                  | 0.56        | 9.47(2.3-38.9)   |
| Neurologic Dysfunction      | 0.09                  | 0.39        | 4.35(1.31-14.5)  |
| Peripheral Embolic Event    | 0.06                  | 0.14        | 2.29(0.48-10.8)  |
| Sepsis                      | 0.3                   | 0.6         | 2.03(0.99-4.13)  |

## LVAD-Specific AEs

| Suspected LVAD Malfunction           | 0.75 |
|--------------------------------------|------|
| Perioperative Bleed                  | 0.46 |
| Percutaneous Site/Pocket Infection   | 0.41 |
| Pump, In- Or Outflow Tract Infection | 0.23 |
| LVAD-Related RHF                     | 0.17 |
| LVAD System Failure                  | 0.08 |
| Device Thrombosis                    | 0.06 |
| Perioperative MI                     | 0    |





